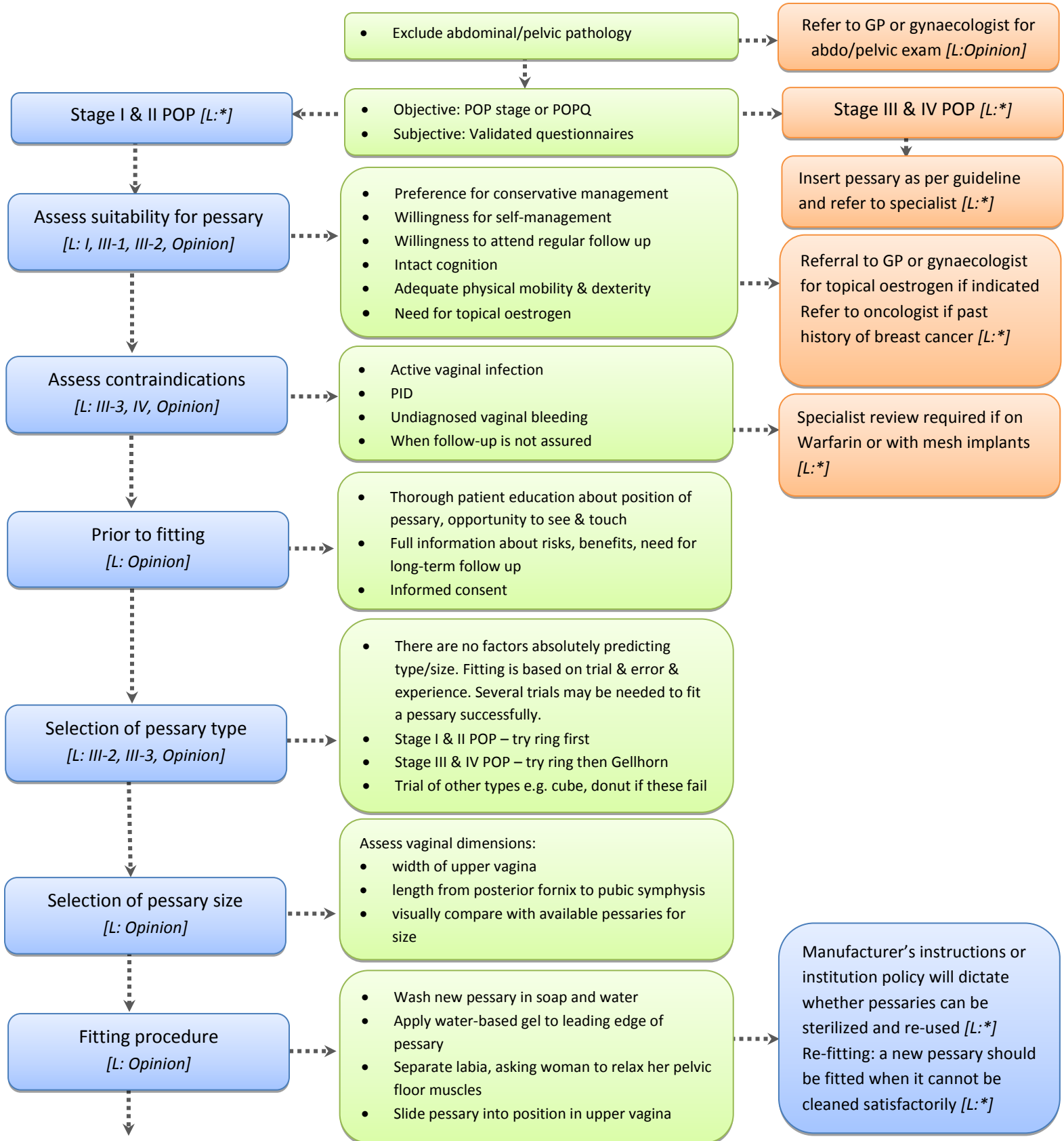
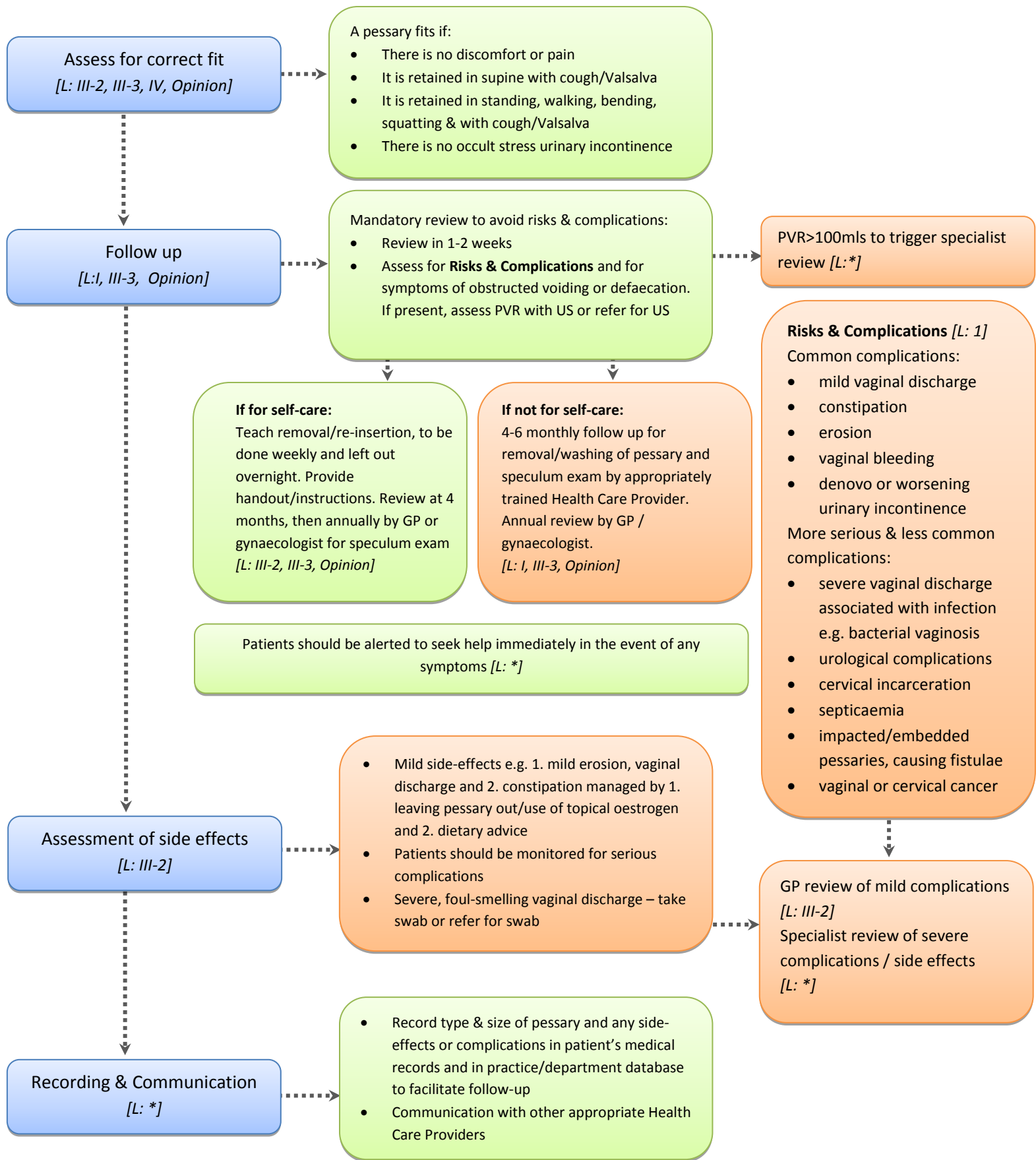


This management tool is a guide to assist general practitioners, continence nurse advisors and continence & women's health physiotherapists in primary care to prescribe and fit pessaries for women with pelvic organ prolapse.

Assessment & Pessary Management of Women with POP in Primary Care

Pessaries are a conservative management option for all women with POP [L: III-3, IV, Opinion]





Key: Where recommendations are evidence based, they appear with the level of evidence according to NHMRC levels of evidence (Merlin 2009). Where recommendations are based on the consensus of the Expert Working Party, they appear with the symbol *.

Assessment tools: Appropriate Patient Reported Outcome Measures are provided in Appendix A of the full Pessary Guidelines