

Outcome measures in the iCAHE Outcomes Calculator

## Musculoskeletal

### General Musculoskeletal Pain/Functional Scales

Visual Analogue Scale for Intensity and Frequency of Pain  
 Graded Chronic Pain Scale (GCPS) (Korff et al 1992)  
 Short-form McGill Pain Questionnaire (SF-MPQ) (Melzack 1987)  
 Generic Patient-Specific Scale (GPSS) (Stratford et al 1995)  
 Dizziness Handicap Inventory (DHI) (Jacobson and Newman 1990)  
 Migraine Disability Assessment Questionnaire (MIDAS)  
 Work-related Disability (WL-26) (Amick et al 2000)  
 Timed Up and Go Test [TUGT] (Mathias et al 1986) (adapted by Podsaidlo and Richardson 1991)  
 Resumption of Activities of Daily Living Scale  
 Örebro Musculoskeletal Pain Screening Questionnaire (ÖMPSQ)  
 West Haven Yale Multidimensional Pain Inventory

### Spine Specific Scales

#### *Cervical Spine Scales*

Whiplash Disability Questionnaire (WDQ) (Pinfold et al 2004)  
 Copenhagen Neck Functional Disability Scale (CN-FDS) (Jordan et al 1998)  
 Neck Bournemouth Questionnaire  
 Northwick Park Questionnaire

#### *Lumbar Spine Scales*

Oswestry Disability Index (ODI) (Fairbank et al 1980)  
 Backache Index  
 Back Bournemouth Questionnaire  
 Quebec Back Pain Disability Scale  
 Back Pain Functional Scale  
 Low Back Outcome Score Scale

### Peripheral Joint Range of Motion

#### Upper Extremity Scales

##### *Upper Extremity General Scales*

Disabilities of the Arm, Shoulder and Hand (DASH)

Upper Limb Functional Index (ULFI)  
 Upper Extremity Functional Index (UEFI)

#### *Shoulder Scales*

Shoulder Disability Questionnaire (SDQ-NL)  
 Shoulder Disability Questionnaire – United Kingdom (SDQ-UK)  
 a.k.a. Croft Disability Questionnaire  
 Oxford Shoulder Score (OSS)  
 Shoulder Pain and Disability Index (SPADI)  
 Simple Shoulder Test (SST)  
 Shoulder Rating Questionnaire (SRQ)  
 Penn Shoulder Scale (PSS)  
 Western Ontario Shoulder Instability Index (WOSI)  
 Western Ontario Rotator Cuff Index (WORC)  
 Western Ontario Osteoarthritis of the Shoulder (WOOS) Index

#### *Elbow, Wrist and Hand Scales*

Patient Rated Tennis Elbow Evaluation  
 Patient Rated Wrist Evaluation  
 Boston Questionnaire  
 Michigan Hand Outcomes Questionnaire

### Lower Extremity Scales

#### *Lower Extremity General Scales*

American Academy of Orthopaedic Surgeons (AAOS): Lower Limb Questionnaire  
 American Academy of Orthopaedic Surgeons (AAOS): Hip and Knee Questionnaire

#### *Hip Scales*

Hip Disability and Osteoarthritis Outcome Score (HOOS)  
 Non-arthritic Hip Score  
 Oxford Hip Score

#### *Knee Scales*

Knee Outcome Survey (KOS): Activities of Daily Living Scale/Sports Activities Scale  
 Oxford Knee Score  
 Knee Pain Scale (KPS)

#### *Foot and Ankle Scales*

American Academy of Orthopaedic Surgeons (AAOS): Foot and Ankle Questionnaire  
 American Academy of Orthopaedic Surgeons (AAOS): Foot and Ankle Questionnaire  
 Foot and Ankle Outcome Score (FAOS)  
 Functional Ankle Ability Measure (FAAM)

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Kaikkonen Functional Scale

### **Psychological Response to Pain/Disability Scales**

Tampa Scale of Kinesiophobia

Pain Self-Efficacy Questionnaire

Centre for Epidemiologic Studies-Depression Scale

Modified Somatic Perceptions Questionnaire

Kessler Psychological Distress Scale

### **Quality of Life Scales**

RAND-36

### **Patient Satisfaction Scale**

Patient satisfaction with treatment (Cherkin et al 1996)

## **Neurological**

### **Impairment Measures**

The Nottingham Sensory Assessment

Tardieu Scale

Modified Ashworth Scale

Functional Oral Intake Scale

Balance Measures: Step Test

Functional Reach Test

Berg Balance Scale

Clinical Test of Sensory Interaction and Balance

### **Activity/Mobility/Functional Status Measures**

#### *Global Scales*

Functional Independence Measure & Functional Assessment Measure

Frenchay Activities Index

Goal Attainment Scale

London Handicap Scale

#### *Upper Limb Scales*

Chedoke Arm and Hand Activity Inventory

Nine-Hole Peg Test

Mobility Scales

Six-minute Walk Test

High Level Mobility Assessment Tool

Motor Assessment Scale

Mobility Scale for Acute Stroke Patients

### **Quality of Life Measures**

Assessment of Quality of Life

Reintegration to Normal Living Index

Community Integration Measure

RAND-36

### **Parkinson's Disease**

Unified Parkinson's Disease Rating Scale

### **Traumatic Brain Injury**

Supervision Rating Scale

### **Generic Functional Measures**

Resumption of Activities of Daily Living Scale

### **Psychological Response Measures**

Tampa Scale of Kinesiophobia

Centre for Epidemiologic Studies - Depression Scale

Kessler Psychological Distress Scale

## **Chronic Disease**

### **Fatigue/Shortness of Breath Visual Numeric**

Body Mass Index

Steps per Day

Blood Pressure

### **Ability/Functional Scales/Handicap Scales**

Health Assessment Questionnaire

Fear-avoidance Beliefs Questionnaire

Resumption of Activities of Daily Living Scale

West Haven Yale Multidimensional Pain Inventory

London Handicap Scale

Voice Handicap Index

Voice Handicap Index-10

### **Psychological Response Scales**

#### *Chronic Disease Self-efficacy Scales*

Self-efficacy for Managing Chronic Disease 6 item scale

Perceived Health Competence Scale

Perceived Stress Scale

Arthritis Self-efficacy Scale

Tampa Scale of Kinesiophobia

Pain Self-efficacy Questionnaire

Centre for Epidemiologic Studies Depression Scale

Modified Somatic Perceptions Questionnaire

Kessler Psychological Distress Scale

### **Diabetes Scales**

Glycated Hemoglobin Test

Problem Areas in Diabetes Questionnaire

Perceived Diabetes and Dietary Competence Scale

Staging Questions for Dietary Fat Reduction

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## Quality of Life Scales

RAND-36

## Pelvic Floor

### Urinary Incontinence & Urinary Symptoms Questionnaires

- International Consultation on Incontinence Questionnaire Female Lower Urinary Tract Symptoms Module (ICIQ-FLUTS)
- International Consultation on Incontinence Questionnaire Male Lower Urinary Tract Symptoms Module (ICIQ-MLUTS)
- International Consultation on Incontinence Questionnaire Nocturia Module (ICIQ-N)
- International Consultation on Incontinence Questionnaire Overactive Bladder Module (ICIQ-OAB)
- International Consultation on Incontinence Questionnaire Urinary Incontinence - Short Form (ICIQ-UI SF)
- Revised Urinary Incontinence Scale (RUIS)

### Urinary Incontinence Objective Measures

- Bladder Diary / Frequency Volume Chart
- Incontinent Episode Diary
- 24 hour Pad Test

### Quality of Life Measures

- International Consultation on Incontinence Questionnaire Urinary Incontinence Quality of Life Module (ICIQ-LUTSqol)
- International Consultation on Incontinence Questionnaire Nocturia Quality of Life Module (ICIQ-Nqol)
- International Consultation on Incontinence Questionnaire Overactive Bladder Quality of Life Module (ICIQ-OABqol)
- International Consultation on Incontinence Questionnaire Urinary Incontinence Quality of Life Module (ICIQ-UIqol)
- Pelvic Floor Distress Inventory – Short Form (PFDI-20)

### Vaginal Symptoms

- International Consultation on Incontinence Vaginal Symptoms Questionnaire

## Bowel Symptoms

- International Consultation on Incontinence Anal Incontinence Symptoms and Revised Faecal Incontinence Scale

## Sexual Matters

- International Consultation on Incontinence Questionnaire Female Sexual Matters Associated with Lower Urinary Tract Symptoms Module (ICIQ-FLUTSsex)
- International Consultation on Incontinence Questionnaire Male Sexual Matters Associated with Lower Urinary Tract Symptoms Module (ICIQ-MLUTSsex)

## Patient Satisfaction Scales

- Single Item Patient Satisfaction [PS#B]

## Speech Pathology

- CELF Preschool
- CELF
- Diagnostic Evaluation of Articulation & Phonology
- Comprehensive Aphasia Test
- Frenchay Dysarthria Assessment – 2
- PLS – 4 (Preschool Language Scale)
- Boston Naming Test
- Mount Wilga High Level Aphasia Test

## Physiotherapy

- Elderly Mobility Scale
- DeMortons Mobility Index
- Bergs Balance Scale

## Occupational Therapy

- Cognistat
- Canadian Occupational Performance Measure
- Australian Therapy Outcome Measures Assessment of Motor and Process Skills (AMPS)
- Lowenstein Occupational Therapy Cognitive Assessment (LOTCA)
- Occupational Therapy Adult Perceptual Screening Test (OT-APST)
- Addenbrooke's Cognitive Examination
- Rivermead Perceptual Assessment

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Dementia Severity Rating scale  
Clinical Dementia Rating Scale  
Matching Assessment of Photographs and scars,  
Scar Assessment  
Roylan 9 hole peg test  
Infant Toddler Sensory Profile  
School Companion Sensory Profile  
Bruininks Oseretsky test of Motor Proficiency  
2nd Ed  
School AMPS  
Miller Functional Assessment  
Beery Developmental Test of Visual Perception  
Miller Assessment for Preschoolers, HELP, PRPP  
Childhood Integrated Pretend Play Assessment  
ETCH  
PRABAS Risk Assessment  
The Kimberley Indigenous Cognitive Assessment  
tool (KICA)

## Dietetics and Nutrition

Malnutrition Universal Screening Tool  
Mini Nutritional Assessment  
Patient Generated - Subjective Global  
Assessment

## Paediatrics

Lacey assessment of the preterm infant  
Movement Assessment Battery for Children,  
(Movement ABC)  
Test of Gross Motor Development  
Peabody developmental motor scales  
Alberta infant motor scales

## COMBINED

Functional independence measure  
Barthel Index  
Lawtons  
Wee FIM  
Post Traumatic Amnesia (Westmead Scale)  
GCS  
Glasgow coma scale  
Confusion Assessment Method  
Standardised Mini Mental State Examination  
Frontal Assessment Battery

Geriatric Depression Scale  
HADS Depression Scale  
RUDAS (Rowland Universal Dementia  
Assessment Scale)  
American Spinal Injury Association - Impairment  
Scale  
Resource Utilisation Groups - Activities of Daily  
Living Scale  
Australian Modified Karnofsky Performance  
scale  
Symptom Assessment Scale  
Bereavement Risk Indicator  
Distress Thermometer  
Carer Strain Index  
Motor Assessment Scale

## Social Work

PHQ9 Mood tool  
Family Safety Framework