Think back 5 years ago. Think of where you’re at today. Think ahead 5 years about what you want to accomplish. Be unstoppable.

So much, and more happening within the School of Health Sciences. Here are some highlights…

- Chancellor’s Community Engagement Awards x 2
- Invictus Games Pathway Launch
- More accolades for our very own Prof Lorimer Moseley
- Program and Research Director Reports

“Magnificent repertoire of achievements and high quality information. It is great that the school puts in such an effort in communicating all the great things it does.

Well done, again!”

Professor Allan Evans
Provost and Chief Academic Officer

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- Associate HoS (Academic) Report
- Associate HoS (Research) Report
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- Program Director Reports
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- Events / Announcements
- Contact Us
Welcome all to another School of Health Sciences newsletter for 2017. Wow! What a few months it has been since the last School Newsletter. I was fortunate enough to be part of the official Invictus Games launch (featuring the sailing event for Sydney) in an incredibly wet Sydney and in close quarters with Prince Harry (well he waved at a few of us as he whizzed by in the Navy RHIB!). It is pretty exciting for our University, and in particular for our school and the physiotherapy, exercise science and podiatry students to be involved in such a worthwhile and valuable program.

Invictus Pathway Program, UniSA and The Road Home

With Sydney set to host the Invictus Games in October 2018 the University of South Australia and The Repat Foundation – The Road Home have joined forces to harness the power of sport and support the physical, psychological and social wellbeing of our returned service men and women by launching the Invictus Pathways Program. The Invictus Pathways Program is providing allied health services to competitors and drawing on the expertise of health professionals and UniSA students to support participants and generate a wider understanding and respect for those who serve our country. This Australian-first initiative supports the development of South Australian veterans seeking to participate in the Invictus Games and provides a fully-funded Invictus PhD scholarship (the name of which was personally approved by Prince Harry) and supervised by Associate Professor Gaynor Parfitt, Dr Steve Milanese and Dr Amy Baker to investigate the long-term effect of participation in preparation and participation in the Invictus Games on their health and wellbeing.

The University of South Australia in partnership with The Road Home officially launched the Invictus Games Pathway Program at the multi-titled cycling champion Stu O’Grady’s Velo Precinct in Victoria Park on Thursday, 8 June. There are currently nine Invictus Pathways Program participants, who are experiencing the life-changing opportunity of training to compete in the Invictus Games, two of whom have been featured in the national media (see ABC News featuring Brendan Hardman and Ten Eyewitness News featuring Wade Roberts), two of the Invictus Athletes selected to compete at this year’s Invictus Games in Toronto – two of the many great stories!
Staff Appointments

Welcome to all our new staff members

Dr Vanessa Glennon
Project Officer: Active Health Kids Australia

Dr Tom Wycherley
Lecturer in Exercise Science Theory and Practice

Dr Grant Van der Ploeg
Exercise Scientist: Applied Sport Science

Congratulations to staff appointed to new positions

Kristin Clark
Academic Services Officer

Farewell and all the best to...

Michael Dale
Clint Bellenger

Keep your staff page up to date
The Road Home Invictus Pathways PhD Scholarship

About This Scholarship

The Invictus games were developed to harness the power of sport to help wounded, injured and sick service personnel physically, psychologically and socially by inspiring recovery, supporting rehabilitation, and generating a wider understanding and respect for those who serve their country.

Supported by The Road Home Invictus Pathways, this project will explore the effect of participation in the Invictus Games© program for these personnel and aims to:

1. Understand the health issues facing returned service personnel and their rehabilitation needs;
2. Understand the experiences of the participants and their perceptions of the effect of involvement in the Games; and
3. Conduct a prospective study to evaluate the impact of training for, and participating in, the Games on the psychological, social and physical health and rehabilitation from the service personnel and his/her support network’s perspective.

Value

This scholarship is proudly funded by The Repat Foundation – The Road Home in partnership with The Hospital Research Foundation.

The scholarship provides an annual stipend of $30,000 over 3.5 years with additional funding to support data collection, travel to Games and conference attendance.

Eligibility

The scholarship is open to domestic students (Australian and NZ citizens and Permanent Residents of Australia) undertaking a research degree in the field of health sciences or psychology.

The successful candidate will have excellent communication and interpersonal skills; an interest in qualitative research methods; a background in health and/or psychology disciplines; and be prepared to travel interstate.

How to Apply and Closing Date

Applications close 31 July 2017.
For further details on how to apply contact Deborah Williams: deborah.williams@unisa.edu.au or (08) 8302 2887
Development of Offshore Programs in Hong Kong

A further delegation from UniSA including, A/Prof Kerry Thoirs (Associate Head: Academic), Dr Shylie Mackintosh (PD Physiotherapy), Dr Sara Jones (PD Podiatry) and Prof Rachel Gibson (Health Sciences Dean: Academic) visited the Hong Kong Baptist University to further discuss their interest in the Graduate entry Physiotherapy program and Podiatry.

High Performers

Last newsletter I thanked a number of staff in recognition of their high and consistent overall satisfaction teaching scores as well as those staff who have raised previously low course satisfaction scores to be above the crimson line and I was very proud to celebrate their success with a High Performers Boardroom lunch. Once again my sincere thanks to these staff for their outstanding efforts.

Chancellor’s Awards for Community Engagement

I’m delighted to note and congratulate the following staff whose services have been recognised through the Chancellor’s Award for Community Engagement:

1. Dr Sara Jones, Dr Ryan Causby and Cyndi Cole for their project entitled ‘Tjina Wiru (Good Feet)’, Category winner for the ‘Best collaborations in improving the sustainable use of resources’, in collaboration with Nganampa Health Council. Specifically, the ‘Tjina Wiru (Good Feet)’ project is a collaboration between the Nganampa Health Council (NHC) and UniSA Podiatry, providing podiatry services to the Anangu Pitjantjatjara Yankunytjatjara (APY) Lands community. The project has evolved into a student-led clinical program and to date, over four thousand occasions of service have been provided, the primary focus being diabetes foot care but also includes sports injury management, paediatric podiatry, footwear advice and nail surgery. In the absence of traditional clinical facilities, students are required to develop alternative treatment approaches, and at the same time expand their understanding of health issues facing remote areas.

2. Dr Kobie Boshoff, Dr Angela Berndt and Dr Carolyn Murray for their project entitled ‘Learning from each other: placements that build human potential for developing student therapists and vulnerable community groups’, category winner for the ‘Best collaborations in building human potential across the community through intergenerational approaches’, in collaboration with the Department for Education & Child Development, Helping Hand Aged Care SA, ACH, Southern Cross Care. Specifically, the ‘Learning from each other’ project has allowed industry partners from early childhood education and aged care sectors, together with Occupational Therapy academic staff, to develop an innovative and responsive intergenerational placement model which provides a goal-focused, group therapeutic program to approximately 2,500 community members including children, and older...
people with dementia. The project allows students on placement to meet a real community need, and it demonstrates innovation in practice and education and has achieved international and national recognition, research and teaching outputs.

TV advert recognizing the number 1 status of our programs

As I flagged previously (see Jan/Feb 2017 Newsletter), our programs received outstanding feedback scores in the Department of Education’s 2016 Graduate Survey. As a result, UniSA has launched a dedicated TV advert marking the success of our programs which are noted as officially number 1 in the state under the collective grouping of ‘Health Services Support’ programs, a grouping which includes Human Movement, Clinical Exercise Physiology, Podiatry, Medical Radiation Sciences and Exercise and Sports Science. Unfortunately, Physiotherapy and Occupational Therapy (which under the ‘Rehabilitation’ category, despite scoring the highest feedback rating across all academic disciplines in SA!), could not be featured with the claim of number 1, as there was insufficient data from the other University provider at this time. Watch out for the advert on TV or you can check it out on youtube!

Note of thanks to A/Prof Kerry Thoirs and welcome to A/Prof Shylie Mackintosh as Associate Head of School

As you know, A/Prof Kerry Thoirs steps down as Associate Head of School at the end of July. I am very grateful to Kerry for her outstanding leadership and support over the last six years. Kerry has been a wonderful colleague to work with during this time, playing a significant role in harnessing the collegial spirit of the School and Division staff and enhancing success of the School and its programs. Thank you so much Kerry. You are a star and I wish you all the very best for the future.

I am delighted to welcome A/Prof Shylie Mackintosh as Associate Head of School. I look forward to working with Shylie to continue the super successes of the School’s programs, students and staff.

Newsletter Contributions

Thanks again for all your contributions and special thanks to the Program and Research Directors.

Any feedback and suggestions for further improvements would be most appreciated. The HLS Newsletter is available on the School of Health Sciences website [http://www.unisa.edu.au/Health-Sciences/Schools/Health-Sciences/Student-Resources/Newsletters/](http://www.unisa.edu.au/Health-Sciences/Schools/Health-Sciences/Student-Resources/Newsletters/). News on research, national appointments, community engagements, awards, achievements, sporting endeavours, etc., are welcomed (as are any jokes etc to bring a smile to your day!).

Please contact Sally Nimmo (Sally.Nimmo@unisa.edu.au) to tell us your news and feel free to include photos of your activities.

A picture says a thousand words – please keep them coming in.

Best wishes
Roger

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Q: Where do sheep get their haircuts?
A: The baa baa shop.

Q: What kind of tree do fingers grown on?
A: A palm tree.

Q: Why are ghosts so bad at lying?
A: You can see right through them.

Q: What do you call a train loaded with toffee?
A: A chew chew train!
Associate Head of School (Academic) Report

This will be my last newsletter report as I step down from this role and look forward to some me time. I have thoroughly enjoyed every minute of my time here at UniSA and have been very privileged to work in a number of roles in the School of Health Sciences. Thank you to everyone from all levels in the organisation who have always been supportive and friendly, and contributed to fantastic team work. I will certainly be sad to leave at the end of the year though also looking forward to the next stage in my life.

I would like to take this opportunity to announce my successor Associate Professor Shylie Mackintosh who will take over my position as Associate Head of School: Academic, with effect from Tuesday, 1 August 2017.

Shylie has a background in physiotherapy, completing her undergraduate degree in physiotherapy at the South Australian Institute of Technology. She has a Master’s degree from the University of Southern California, and a PhD from La Trobe University, Victoria. She has worked as a clinical Physiotherapist and a teacher of Physiotherapy in South Australia, the UK and the USA. Shylie’s teaching portfolio over many years at UniSA has included: teaching kinesiology, physiotherapy studies and rehabilitation, anatomy and even statistics and research methods. In addition to her Physiotherapy Program Director role over the last six years, providing leadership in both the undergraduate and graduate entry Physiotherapy Programs, Shylie has held a number of leadership roles including course and Honours coordination, year group coordination roles and Chairing the School’s Teaching and Learning Committee for the last three years. Shylie’s research focuses on rehabilitation with older people and people with stroke, with a specific interest in falls prevention.

I am sure you will join me in welcoming and congratulating Shylie on her new leadership role within the School of Health Sciences.

First Year Student BBQ

The weather held out, the event had a great vibe, and the students loved it, and no surprise they want more! Thank you to all that attended and helped out for our First Year Student BBQ on Tuesday, 18 May. It was a finger-lickin’, lip-smackin’, knee-slapping’, good ol’ time.
Myanmar Fellows

We bid farewell to our seven Australian Awards Fellows who we hosted for eight weeks in our school. Thank you to all staff who shared their expertise with them. Bob Milne welcomed our Myanmar Fellows at the farewell afternoon tea and introduced Professor Bob Vink, Pro Vice-Chancellor, who presented each of the Fellows with a certificate to acknowledge the completion of their Australia Awards Fellowship. We wish all the best to New Ni Thein, Thazin Myint, Win Myat Soe, Kye Thu, Kyaw Soe Nyunt, Thiri Daw and Htet Sandar.

Lunchtime Teaching and Learning Sessions

Once again thank you to those that attended the Lunchtime Teaching and Learning Sessions: Lecture recordings, on Friday, 19 May. Hayley Timms and Anne Lonie ran this session and from my perspective it was great to get advantages and disadvantages of the different tools which are available.

To access a recording of this session please use the following link:

https://vcs.unisa.edu.au/p985085ep13/

There was some brief discussion about Skype for Business. I have attached a user guide, and the following links are also available:

Skype for Business user guides
Skype for Business video tutorials

Here is the link to the Shaping Healthy Online Learning website that Anne referred to during the session. This link is also available from the Division Teaching and Learning website.


Once again Hayley Timms presented the Lunchtime Teaching and Learning Session: Online Quizzes on Friday, 23 June where we revisited the teaching and assessment applications for online quizzes and the mechanics of online quizzes in learnonline, as well as providing insight into what works best and when.

Managing student and staff expectations within your course and program

Presented by Scott Polley

Put the next Lunchtime Teaching and Learning Session in your calendar NOW!

Friday, 7 July 2017
11.30am to 12.30pm
City East Campus, BJ1-13

Managing student and staff expectations within your course and program
Presented by Scott Polley
Online teaching and learning workshops for new staff – SP5

The Shaping Healthy Online Learning workshop program consists of a series of workshops which are run twice a year, just prior to the beginning of Study Periods 2 and 5. The workshops are intended for new teaching staff and will be run by Hayley and Anne, the two TIU Online Educational Designers who are part of the HSC Div.

You are very welcome to come along to any or all of these sessions if you think that they would help you in your teaching or administrative role.

Just email Anne or Hayley to book into one of these sessions (places are limited to 15 participants per session).

<table>
<thead>
<tr>
<th>Name of the workshop</th>
<th>Dates and times</th>
<th>Locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Using the Adobe Connect Virtual Classroom</td>
<td>Tue 11 Jul 17, 1.00-2.00 pm  Thu 20 Jul 17, 10.00-11.00 am</td>
<td>All these sessions will be run as online workshops in the Adobe Connect Pro Virtual Classroom. Participants may attend the Library Training Room, and log on from there, or may log in from their office or home.</td>
</tr>
<tr>
<td>Staff and student use of ePortfolios</td>
<td>Mon 17 Jul 17, 2.00-3.00 pm  Tue 25 Jul 17, 2.00-3.00 pm</td>
<td>These sessions will be run as face-to-face sessions in the Library Training Room.</td>
</tr>
<tr>
<td>Setting up Learnonline websites and Course</td>
<td>Mon 26 Jun 17, 10.00-11.00 am  Thu 29 Jun 17, 1.00-2.00 pm</td>
<td>These sessions will be run as face-to-face sessions in P3-18, one of the Computer Training Rooms in the Playford Building.</td>
</tr>
<tr>
<td>Recording lectures</td>
<td>Wed 12 Jul 17, 11.00-12.00 am  Tue 18 Jul 17, 3.00-4.00 pm</td>
<td>These sessions will commence in the Library Training Room, and then move to various recording areas, including the Playford Recording Studio</td>
</tr>
<tr>
<td>Drop-in sessions</td>
<td>Wed 12 Jul 17, 10.00-11.00 am  Tue 18 Jul 17, 2.00-3.00 pm  Wed 26 Jul 17, 12.00-1.00 pm  Fri 4 Aug 17, 10.00-11.00 am</td>
<td>All these sessions will be run as face-to-face sessions in the Library Training Room.</td>
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Associate Head of School (Research) Report

The enquiries are currently rolling in thick and fast from people interested in PhD and Masters by Research (Higher Degrees by Research - HDR) in 2018. As a reminder, the major round of scholarship applications close 31 August for International applicants, and 31 October for Domestic applicants. In the meantime, I’m pleased to welcome the following new HDR candidates, who will be starting with our School during July and August:

- **Samuel Tebeck (Prof Jon Buckley, Dr Jamie Stanley):** Heat acclimation: Application for elite athletes
- **Joshua Dawe (Prof Leonie Segal, Dr Gloria Mejia Delgado):** Effects of child, family and system factors on child protection history and cost: evidence from South Australian administrative data
- **Sandra Lucas (Dr Saravana Kumar, Dr Matthew Leach):** Exploring the factors that influence a parents decision to use complementary and alternative medicines and therapies for the management of acute respiratory tract infections in children
- **Ashley Li Kuan Ong (Prof Eva Bezak, Dr Michala Short, Dr Jeffrey Tuan):** Dose Escalation Strategies for Stereotactic Ablative Body Radiotherapy (SABR) – A Treatment Planning Study

Congratulations to 4 of our HDR Candidates who’ve recently been recipients of the ‘School of Health Sciences First Publication Scheme’. Details on their publications can be found in the Staff and Student Publications listing later in this newsletter. Well done Paul, Flynn, Stuart and Caitlin on this important milestone!

Congratulations also to staff from across the School who’ve been successful in receiving grants over the recent months. Details of these achievements can be found in the Research Centre and Program Director reports throughout this newsletter (yes my section of the newsletters is turning into a referral agency!). Of particular note is a virtual festival of success in the Lifetime Support Authority Grants (information can be found on the SA Government website), including members from the Stroke and Rehabilitation Research Group, Occupational Therapy and Physiotherapy with the following successful applications:

- **Dr Angela Berndt, Susan Gilbert-Hunt and Prof Julie Ratcliffe:** "Costs, benefits and outcomes of advanced technology vehicle modification", $239,879
- **A Prof Susan Hillier, Dr Julie Luker and Dr Carolyn Murray:** "Quality Rehabilitation for people with Acquired Brain Injury", $59,761
- **Stanley, M, Mackintosh, S, van Kessel, G, Murray, C, Lannin, N, & Rudman, D.** "Dignity of risk in living with brain injury", $91,000 over 2 years
- **Stacey George, Angela Berndt** et al; $101,000 to compare driver Simulation training to on road training for stroke rehab outcomes.
- **Mills S, Mackintosh S, McDonnell M, Thewlis D;** Do mobility skills influence quality of life for those with severe mobility impairment after ABI, $13,000 for our qualitative study looking at, added to our biomechanical study of whole body postural alignment.
- **Dr Saravana Kumar, Esther Tian, Rebecca Mumme:** Perspectives of participants, their families and/ or carers about Lifetime Support Scheme: A multi-methods evaluation, $30,000

The accolades for **Professor Lorimer Moseley** continue to roll in this year. As you may remember from the last newsletter, Lorimer was named UniSA’s Inaugural Doctor of Science at the UniSA April Graduation Ceremony. Lorimer has now also been recognised by the Faculty of Pain Medicine, Australia & New Zealand College of Anaesthetists, who have awarded him with an Honorary Fellowship of the Faculty of Pain Medicine, in recognition of his contribution to the field of pain science and management. He is the second allied health professional, and the first physiotherapist, to be so honoured. He received his parchment in the ANZCA College Ceremony in Brisbane, in May.

The Dean of Graduate Studies, **Prof Pat Buckley, will be ‘in residence’** in our Division.
during the week commencing 10th July. During her visit Pat will be presenting an update to both HDR candidates and staff regarding UniSA's 'Transformed PhD' (tPhD). I'd like to encourage all HDR candidates and supervisors to go along to the relevant session if possible (you will have received a meeting request from the Division).

Another date for your diaries is the Division finals of the 3 Minute Thesis (3MT®) competition – 12noon Tuesday 11 July, H2-02 (Basil Hetzel Lecture Theatre). We have two great candidates from our School competing on the day, Katrina Li and Alexandra Wade, and it would be good to have a strong turn-out to support Katrina and Alex. Further details on the 3MT® competition can be found on the Division website.

Finally, I'd like to remind Academic staff that applications are currently open for Seed funding through the UniSA 2017 Research Themes Investment Scheme. The focus of this scheme is on supporting the formation or development of research that spans traditional disciplinary boundaries and that addresses a challenge inspired by knowledge of partners and/or the community. Submissions close 8 August 2017. For full details, please visit the 2017 Seed Funding information page.

Reminder Supervisors and higher research degree candidates:

iThenticate reports are required when submitting both research proposals AND your final thesis for examination.

Have you registered with iThenticate?

To receive a username and password email

iThenticate@unisa.edu.au
Discrimination, conditioning and generalisation. Testing assumptions of the Imprecision Hypothesis of Pain

Kerwin Talbot, PhD Candidate, School of Health Sciences

Pain is usually a response to actual or potential threat. However, for some people pain persists long after the actual or potential threat has resolved. Although the understanding of pain has rapidly advanced over the last two decades, scientists and clinicians are still unable to fully explain why pain persists. A recent approach to the persistent pain problem is The Imprecision Hypothesis of Chronic Pain (Moseley & Vlaeyen, 2015). The Imprecision Hypothesis of Chronic Pain proposes that associations that form between nociceptive signals and non-nociceptive signals, through associative learning, might contribute to the development of persistent pain. That is, through classical conditioning, a nociceptive signal or a danger signal could become associated with other accompanying sensory input or contextual cues. Such that the sensory input or contextual cues become capable of eliciting a pain response without nociception.

My research investigates some of the underlying theoretical assumptions of the Imprecision Hypothesis of Chronic Pain. We examined some of the theoretical assumptions of the Imprecision Hypothesis of Chronic Pain. Some of our findings are as follows:

1. The evidence for whether cognitive manipulations can be used to selectively modulate the sensory and affective dimensions of pain is limited.
2. That researchers' and participants will order a sequence of visual stimuli the same way, and with the same result.
3. The extent to which conditioning induced hyperalgesia generalises to similar but novel stimuli in healthy people.
4. Participants can distinguish between similar stimuli in a previously published paradigm using pictures of faces.

However, how similar the faces are impacts on the ability to accurately distinguish between them, with more similar faces being less distinguishable.

Supervised by Lorimer Moseley, Sara Jones and Victoria Madden

Reference:
Clinical Operations Report

Heart Week
As part of Australia’s Heart Week, UniSA and the Heart Foundation partnered to offer Heart Health Checks to the community during Heart Week.

Members of the public visited the Mobile Allied Health Clinic and learned more about their heart health from the Heart Foundation. Sue Gash supervised some very enthusiastic nursing students to provide this free, very valuable service.

We look forward to continuing our partnership with the Heart Foundation in the years to come.
City West Health and Medical Clinic Update

The project has had some very challenging building difficulties and has been delayed by one month. The projected opening date is 11 August, just in time for Open Day.

We will be offering tours on Sunday 20th August to our Open Day visitors, so come on down for a look. Tour times are 11am and 2pm.

Recruiting has started for the receptionist position and should be appointed in the next 2 weeks.

For more information on the City West clinic, see UniSA news article

Join us on the “Walk a mile in my boots” on Friday 11th August 7am

Register here: https://www.huttstcentre.org.au/get-involved/walk_a_mile_in_my_boots

There are nearly 6,000 people experiencing homelessness in South Australia every year.

We think that's too many people facing poverty and disadvantage. Each year Hutt Street Centre calls on South Australians to show their support for people facing homelessness by joining them and experiencing what it is like on a cold, winter's morning to walk one mile to find something to eat, a hot shower and a friendly face.

By joining us and walking a mile in the boots of a person experiencing homelessness, you're helping make someone doing it tough realise they are not alone. Because no person who is homeless should feel like they're walking alone.

Gail Gibson
Senior Academic Service Officer

Jodie Quilliam
Manager: Clinical Operations
Naa Marni (hello everyone). Are you well? This is the language of the Kaurna people, the traditional owners of the Adelaide plains. By just reading this intro you have now learnt how to say hello to groups of people in the language of the Kaurna people. This is the first in what will be a regular addition to the health sciences newsletter. I’m looking forward to sharing information, stories, experiences and hopefully prompting some thoughts and discussion on Aboriginal Health.

My name is Tirritpa, or Trevor which is my western name. I am a lecturer in Allied Health Aboriginal Health in the school of health sciences. I work across the division to help with the implementation of Aboriginal content into curriculum.

Now, I’d like to share a story with you all about why I think the job we do in this division and in any training of health professionals is so important. A few years ago in a major rural town in South Australia there was a massive health promotion campaign about the dangers of harmful drug use. This town has a large Aboriginal and Torres Strait Islander population.

The health promotion campaign had a very large budget which was evident in the scope and magnitude of the campaign. You could not escape the reach of the campaign, whether down at the shops, at the local GP, in taxi’s, on buses and bus stops. Like many campaigns this one had a simple, succinct catch phrase:

“Drugs are Deadly”

What a great catch phrase. It’s easy, simple and catchy. The problem here is that the word “Deadly” in Aboriginal English, which is a creole language, has a very different meaning to the English equivalent. In English the word “Deadly” means fatal, lethal, life threatening, but in Aboriginal English the word “Deadly” means awesome, fantastic, astounding. So the message that “Drugs are Deadly” for Aboriginal people becomes “Drugs are Awesome”. Not so good for a health promotion campaign.

Now I don’t believe there is any ill intent on behalf of the campaign organisers but somewhere in the process of developing this campaign they did not talk to, or partner with the very large local Aboriginal populations. There are currently two national touring Aboriginal comedians who use this in their set, yikes!

It’s hard to quantify but I believe that if those health professionals organising this campaign had been exposed to a good quality Aboriginal Health curriculum this costly oversight would’ve been avoided. This is why I’m very excited to be working with you, your school and the division. So we can have graduates who not only can avoid these mistakes but make a positive contribution in changing our current societal health inequalities for not only Aboriginal and Torres Strait peoples but for all people.

*Denotes Kaurna

Mr Trevor-Tirritpa Ritchie
Lecturer: Aboriginal Allied Health
Program Director Reports

Dr. Steve Millanese
Program Director – Bachelor of Health Science (Honours)

Dr. Kade Davison
Program Director – Clinical Exercise Physiology

Dr. Leanne Young
Program Director – Health Sciences

Mr. Scott Polley
Program Director – Human Movement

Ms. Jane Shephardson
Program Director – Medical Radiation

Dr. Hayne Parvaz
Program Director – Postgraduate Medical Imaging

Mr. Hugh Stewart
Program Director – Undergraduate and Postgraduate Occupational Therapy

Dr. Shylie MacKintosh
Program Director – Undergraduate and Postgraduate Physiotherapy

Mr. Mark Jones
Program Director – Master of Advanced Clinical Physiotherapy

Dr. Sara Jones
Program Director – Podiatry
Once again a hearty thank you to all the staff who put their hands up to assess the Divisional Honours students Research Proposals, Literature reviews and Oral Presentations. Every year it seems like an impossible task – this year we needed nearly 40 reviewers, yet every year we seem to get over the line. So I apologise publically to those who I hounded to be content expert assessors, but also thank them for agreeing. The quality of the assessors is excellent and rarely do the marks vary between assessors by more than 10%. Anyone who wants to be an assessor and is a bit hesitant, feel free to contact me and I can talk you through the process.

There were 13 presentations on Wednesday, 21 June and all students did well. There were a diverse range of topics covered with a correspondingly varied range of methodologies. The students did themselves and their supervisors proud. I am always amazed about how much I learn about different research methodologies from these talks. I could go on about how disappointing the turn out by staff was on the day – it is always the same people who attend to support the students (you know who you are and I thank you). At one stage there were almost as many Adelaide University staff as there were UniSA staff!!! However I appreciate that many staff would have been busy marking exams or getting their teaching material ready so were unable to support our students in this research activity. Fortunately I had warned the students that this would occur so they weren’t too disappointed.

A big thanks also to Andy Te who has provided excellent admin support to this program. Deb Williams did a brilliant job to date and would be hard to follow but Andy has stepped up to the plate.

Dr Steven Milanese

— Albert Einstein

I have no special talents. I am only passionately curious.

Dr Steven Milanese
Program Director

THOUGH NO ONE CAN GO BACK AND MAKE A BRAND NEW START ANYONE CAN START FROM NOW AND MAKE A BRAND NEW ENDING

Carl Bard
The Division of Health Sciences offers Honours programs in seven areas, across a range of specialisations in health science, laboratory medicine, medical radiation science, occupational therapy, pharmacy, physiotherapy and podiatry.

Honours Programs

The Degrees with Honours aim to encourage and develop skills in the principles and practice of research. The following Honours programs are available to qualifying high-achieving students:

- Bachelor of Medical Radiation Science (Honours) (Medical Imaging)
- Bachelor of Medical Radiation Science (Honours) (Nuclear Medicine)
- Bachelor of Medical Radiation Science (Honours) (Radiation Therapy)
- Bachelor of Occupational Therapy (Honours)
- Bachelor of Podiatry (Honours)
- Bachelor of Physiotherapy

Do you want to do Honours? Here’s how

The Bachelor of Health Science (Honours) is available to students who have completed a relevant bachelor degree, such as Human Movement, Nursing, Midwifery, Nutrition and Health Science as well as a range of other allied health disciplines.

To apply, graduates must first identify an Honours research project and then discuss their interest with the project supervisor.

Links to available Honours projects can be found on our website. How you apply for entry into the program depends on whether you are a domestic or international student.

For further information regarding the Bachelor of Health Science Honours program please contact:

Dr Steve Milanese
Program Director
T: +61 8 8302 1053
E: Steve.Milanese@unisa.edu.au
Clinical Exercise Physiology Program Report

Like all programs it has been a busy time for CEP students with the semester ending and exams commencing. Final year students have been busy preparing for and completing their last exams, including the dreaded Objective Structured Clinical Exam (OSCE) where they are tasked with conducting 7 x 7 minute mini-consultations in rapid succession across a wide range of clinical presentations. This is punctuated with 2 x 20 minute written tasks to apply clinical reasoning to case notes and plan their assessment and/or prescription. Thank you to all of the volunteers and staff (internal and industry partners) that helped to create an authentic and rigorous test environment for us to ensure the quality of our graduates.

Third years have been very busy actively expanding and testing their clinical/professional skills on placement in between coursework and exams. In addition to providing individualised exercise services to a range of staff and general community members, some students have been delivering the exercise programs to the Invictus athletes mentioned earlier in this publication.

Second year students would have been preparing for and undertaking their coursework exams including the first clinical/professional challenge in the practical exams for Exercise Physiology 1 and Exercise Delivery. And the first year cohort would have been preparing as best they could for their first experience of the joy of university exams. That wonderful feeling of being herded into a large pavilion on a cold winter’s day or night with hundreds of other anxious, sleep deprived young adults. We trust everyone has made it through unscathed and emerged more knowledgeable, capable and self-aware. And importantly one step closer to achieving their academic goals.

The Peak Professional Body for Exercise and Sport Science in Australia

May 22nd - 28th was ‘Exercise Right Week’ (http://exerciseright.com.au) so UniSA teamed up with the SA chapter of Exercise and Sports Science Australia (ESSA) to place a booth in Rundle Mall to promote the benefits of the ‘right’ type of exercise. Well done to Jacinta Brinsley for coordinating between the two groups and leading this great event, thanks Jacinta.

Dr Kade Davison
Program Director : Clinical Exercise Physiology
On Thursday, 25 May ESSA partnering with UniSA took:

- 29 people’s glucose/cholesterol readings,
- roughly 50 people’s blood pressure and BMI’s and
  - 4 people’s predicted VO2 max
  - plus a range of other tests.
Health Science Program Report

Staff Profile: Katherine Baldock

I studied a Bachelor of Health Sciences at the University of Adelaide with a plan for a career in clinical psychology. During my honours year (in psychology), I became interested in understanding patterns of behaviour that contribute to the health of populations. Furthering that interest, I secured a position as an epidemiologist in diabetes and cardiovascular disease with SA Health. I was employed with SA Health for 11 years, predominately involved in the analysis of large population-based health surveys for South Australia and a biomedical cohort study. As part of my role, I led the process of survey development with key stakeholders and customers (internal and external), and also managed a recall register for women diagnosed with gestational diabetes in South Australia. My work also involved working with regional health services across the state to provide information on the health of specific regional areas according to their needs. During my employment with SA Health, I completed a Graduate Diploma in Public Health at the University of Adelaide.

This practice-based public health role, over time, generated many questions for me, which could only be answered in a research environment and with research training. This led me to undertake a PhD with the Social Epidemiology and Evaluation Research Group at UniSA, in the Centre for Population Health Research which I undertook full time while working part-time with SA Health. My PhD research examined the relationships between features of residential environments with cardiometabolic health using data from a large biomedical cohort study in Adelaide. Toward the end of my PhD I started in my first academic position here at UniSA, and was given the opportunity to develop and coordinate two large first-year foundation courses in population health for the School of Nursing and Midwifery and the School of Pharmacy and Medical Sciences.

Teaching has been the most challenging and certainly the most rewarding experience of my career so far. I have now experienced almost the full gamut of teaching modes and forms, with courses of just a few to as large as 600, leading small and large teaching teams, teaching face to face, blended, flipped, online, internal, external, and regional, conceptual, and practical. My teaching is focused in the field of population health, a field which has a strong methodological underpinning in both practice and research. I coordinate and teach undergraduate and postgraduate courses in these methods (both the principles and applications), in epidemiology, biostatistics, and evaluation, as well as teaching foundation courses in population health. I was recently appointed to the position of Program Director: Bachelor of Health Science within the School of Health Sciences which will take effect from January 2018, and I am very much looking forward to the new challenges and opportunities for leadership in teaching and learning within the School that this role will present.

In terms of research, my interests are broad, and I currently co-supervise a number of research students in a wide variety of topics. Most of my research work, however, is focused on relationships between human behaviour/health and natural and built environments, which I am developing through the Healthy Environments, Healthy People research group in the Centre for Population Health Research. I have recently developed a particular interest in connecting children with nature, with the potential benefits ranging from improved physical development, social interactions, risk-taking (achieving success and dealing with failure), stress reduction, attention and focus, as well as providing a rich learning environment.

Graduate Visitors

It was good to have a couple of graduates come by and see us recently. Nasser Alruwaili has completed his MBA at Flinders before returning home to Saudi Arabia, while Hayden Cornell dropped in from Canberra where he is now studying medicine at ANU (pictured with honours candidate and recent graduate Bianca Fisher).
Human Movement Program Report

Exercise and Sport Science Australia Accreditation Application update

We have just been informed that our Exercise and Sport Science Australia site visit will occur on Sept 3 and 4. The reviewers are Associate Professor Anthony Leicht (review team chair), Dr Rosanne Coutts, Ms Wynter Chan and Dr Jacqui Raymond. The site visit is very comprehensive, and will involve checking facilities, reviewing with teaching and technical staff, practicum supervisors, current and past students and stakeholders. In addition to identifying our strengths the site visit provides an important opportunity to receive critical feedback against national benchmarks that can assist the further development of the exercise science discipline at UniSA.

Human Movement and Exercise and Sport Science Student Conference

The Inaugural Human Movement Society Student Conference planning is underway, scheduled for Sunday, 10 December from 9.30am to 4.30pm to be held at the Hawke Centre, North Terrace, City West Campus of UniSA. It is a student run conference with staff support. The students have established a Society, met to establish a preliminary program, have developed a conference facebook page (https://www.facebook.com/groups/311233012667659/) for students to register their interest and keep up to date with information. Planned so far are industry speakers, discipline workshops, research presentations, networking and career development ideas in Exercise Science, Health and Physical Education, Nutrition, Health, Outdoor Education, Rehabilitation, Sports Science and more! Call for presenters, sponsorship opportunities and registration details to be released soon.

Farewell staff

We farewell two of our current highly valued staff members, both of whom are moving to Canberra. Must be too warm in Adelaide for them...

Michael Dale was one of the first Human Movement graduates (1997 – 1999) who then went on to complete further study completing an honours in Biomechanics in 2001. He then began sessional and contract teaching and has been on staff in one form or another since 2002. He has taught sports nutrition, anthropometry, biomechanics, exercise physiology and most recently was course coordinator for exercise prescription and delivery. Michael’s organisational ability and logical mind made him invaluable as he was quickly sought out for project work in research. When Tim Olds and Grant Tomkinson were awarded defence projects Mike was brought in and continued with these projects on and off from 2004-2015. Michael spent a few years studying law before deciding to complete his PhD from 2008 – 2012 in resistance training and protein supplementation. Recently he contributed tremendously to the ESSA application for Exercise Science accreditation. Mike’s integrity, can-do approach, passion for students and going the extra mile made him an invaluable staff member. Mike was prepared to take on the hard issues because it was the right thing to do, not because of personal reward. He is an avid ice and roller hockey player, a passionate outdoors person and is moving to Canberra to follow partner Suzanne who has a post-doc fellowship at Canberra University. Mike’s contributions to the Program will be greatly missed.

Clint Bellenger came from the Eyre Peninsula to study sports science with the hope of getting his dream job working at the AIS. He did well as an undergraduate, winning the University Medal and worked with Port Power as an intern to get experience working with elite athletes. He then did Honours and went on to do PhD, being awarded
Welcome New Staff

The Human Movement and Clinical Exercise Physiology Programs have grown tremendously, with the result that the School of Health Sciences has been busy recruiting replacements for staff that are moving on but also creating new positions to continue the development of this field. We have been very fortunate to attract very high quality staff that will further cement UniSA’s position as the University of choice for these fields.

We have two short term positions filled by Patrick Faulkner and Michael Hartland. Patrick Faulkner has been doing an excellent job of coordinating Applied Exercise and Sport Science and after handing over to Tom Wycherley will take on course coordination of Exercise Prescription for 2017. Patrick is finalizing his PhD and is a valued Clinical Exercise Physiology staff member. We were very pleased Patrick could take on this pivotal Exercise Science role. Michael Hartland will hand over Professional Practice in Exercise Science to Tom, and will coordinate Sport Coaching and Community development this year. Michael is also completing his PhD.

We welcome Katja Siefken as Lecturer for Sociology of Health, Physical Activity and Sport. She is interested is reducing non-communicable disease (NCD) risk through physical activity and sport for development initiatives. She serves as advisor and consultant to the World Health Organization where she provides technical input for NCD prevention and control initiatives, ranging from rural and urban community project evaluations to workplace health policy development. Katja has completed her PhD at AUT University in Auckland, New Zealand in which she implemented a physical activity intervention in urban Vanuatu. She holds a Master degree in Physical Education, Biology and Pedagogy from the University of Hamburg (Germany), and a Master of Science in Health Promotion from the University of Kansas (USA). She has lectured at the Fiji School of Medicine (now Fiji National University), was involved in curriculum development for Public Health courses for the University of the South Pacific and has travelled extensively throughout the Pacific region to carry out research projects. Katja is specialized in physical activity and public health; with particular focus on workplace health promotion and sport for development initiatives. Katja co-founded the Journal of Sport for Development and is country contact for Germany and for the Pacific Islands for the Global Observatory for Physical Activity. She has moved here with her husband and 2 children (2 and 5)!

We also welcome Dr Tom Wycherley, who commences his new position with the School of Health Sciences having recently completed a National Health and Medical Research Council Early Career Fellowship at UniSA, which investigated lifestyle intervention strategies to reduce cardio-metabolic disease risk in metabolically at risk populations. His specific research interests include investigating the role that dietary protein and exercise play in regulating body weight and body composition, and developing strategies to enhance dietary intake in remote Indigenous Australian communities. Tom has undergraduate qualifications in sports science (a Human Movement degree from UniSA in 2003) and secondary education (B.Ed; UniSA), and postgraduate qualifications in nutrition (PhD; University of Adelaide) and epidemiology (M.Epi; University of Queensland). Outside of work he is a keen fisherman and avid cycling fan. In his new position he is keen to expand his collaborative research network within the school and develop avenues to integrate research into his teaching.

We also welcome Max Nelson who is an Exercise Scientist with a background in exercise physiology and human performance. He has been appointed as a Lecturer in Exercise Science (Functional Anatomy). Since completing his Bachelor of Applied Science (Human Movement and Health Studies) at the University of South
Australia. Max has taught extensively in the areas on Exercise Physiology, Human Nutrition, and Biomechanics. He also has a keen interest in research education, and has supervised multiple honours students. Max’s research interests are centred around fatigue – where does it come from, how can we measure it, and how does it effect performance. Max is also interested in using heart rate to monitor work load and training stress, in addition to using it to monitor levels of exercise-induced fatigue. Max is our well known ‘poster boy’ for Human Movement and Exercise Science and has been a tireless campaigner in our engagement with external organisations and the community.

In addition, we welcome Dr Grant van der Ploeg, who is an Exercise Scientist specialising in Performance Analysis. Prior to focusing on Performance Analysis, he spent over 8 years working as a Sport Scientist in the Australian State Institute/Academy of Sport Network in Darwin and Canberra. As an Analyst, Grant has worked with a number of elite sporting teams, including the Australian National Men’s Hockey Team, the “Kookaburras” (2012 London Olympics), the Australian National Junior Men’s Hockey Team, the “Burraas” (2016 Junior World Cup, Lucknow, India) and more recently in the AFL, with the Geelong Football Club, the “Cats” (2012-2016 AFL Seasons). In this new challenge, he hopes to increase his teaching profile and convey his practical experiences in elite sport to become a good educator. Dr van der Ploeg received a Bachelor of Science in the Biological Sciences from Adelaide University, before completing an Honours and a PhD, both in Exercise Physiology, from Flinders University. He has an interest in using technology to impact on the performances of elite athletes through giving players, teams and coaches a better understanding of their sport. Away from work, Grant enjoys watching his children playing sport and spends most of his free time “ferrying” his kids to training and games! Grant will be teaching in Exercise Physiology 2, Exercise Prescription in 2017 and coordinating Performance Analysis and Player Monitoring in 2018.

Lastly, Dr Robert Crowther has joined us from the University of Southern Queensland where he was a senior lecturer and deputy discipline lead in Exercise Science and Program Coordinator for Clinical Exercise Physiology. Robert started by completing a Bachelor Sport and Exercise, Bachelor of Sport and Exercise (Honours) and PhD at James Cook University in Townsville specialising in biomechanics and motor control. Robert has been an academic for over nine years teaching biomechanics, motor learning and control, strength and conditioning, clinical exercise physiology (neuromusculoskeletal rehabilitation) and professional placement. He has research interests in alternative therapies for neuromusculoskeletal conditions, the role of vision, perception and decision making, and anything to do with basketball. In addition, Robert brings a wealth of experience with Exercise and Sport Science Australia as a reviewer. Robert has taken on the challenge of discipline lead in biomechanics, and working towards a more unified approach to biomechanics across our programs (including Physiotherapy, Podiatry, Clinical Exercise Physiology, Human Movement, Exercise and Sport Science) to further develop and strengthen the quality of this field at UniSA.

As a staff group we are looking forward to the strengths these passionate and exciting staff bring to the Program!

Scott Polley
Program Director: Human Movement
Whilst the first part of the academic year is drawing to a close, students are busily studying for examinations and finalising assignments it does not necessarily mean a slow down or break for staff. Over the final stages of study period 2 (semester 1) the Rural and Remote operator course is offered online. The course culminates in an intensive two day workshop at the City East Campus where students are able to ‘put into practice’, in the simulated environment, the theory they have been focusing on during study period 2. There are two levels of this program on offer, a basic and an intermediate with different requirements for each level. It has attracted interest from rural South Australia and Victoria across a number of years however for the first time this year we welcomed students from South Africa to the course. Some of the students are pictured below. Across the two day intensive workshop all of the medical imaging team were involved however the course is coordinated by Denise Ogilvie, stream coordinator for medical imaging.

There is great excitement in the Radiation Therapy team with the announcement of the location of Australia’s first proton beam therapy centre in Adelaide. This will offer a wide variety of clinical experiences for future students as well as opportunities within the profession for advancement into this new and exciting field of practice.

Jane Shepherdson
Program Director: Medical Radiation

Ms Jane Shepherdson
Program Director
Australian Sonographer Association (ASA)
South Australian Regional Branch meeting May

On the 16th of May Brooke Osborne, Nayana Parange, Tim Sawyer and Jessie Childs hosted an Australasian Sonographers Association Branch meeting to showcase our simulation equipment and the new Ultrasound simulation space. The evening was kindly and generously sponsored by Mediquip, the manufacturers of our six Vimedix Simulators. Brooke Osborne gave a summary of her honours research on the transferability of skills learned on the simulators to real patients and Nayana Parange and Jessie Childs demonstrated the simulators. It was a wonderful eye opening evening for supervisors and students who were amazed at the realism of the simulators and impressed with the new teaching space.

Australian Sonographer Association 24th International Conference, Brisbane, June 2017 - conference report

Led by Nayana Parange, the UniSA medical sonography program team had a strong presence in the recent ASA International conference at Brisbane, which was quite noticeable.

The team hosted a booth, which enabled them to interact with students, recent graduates, alumni and clinical supervisors. The conference trade exhibition provided an opportunity to see what's new in ultrasound equipment as well as simulation equipment. The team had numerous presentations, chaired and co-chaired various sessions and came home with several awards.
Details of conference participation and leadership is outlined below.

**Nayana Parange**
- Member of Conference Organising Committee
- Scientific Organiser and Stream coordinator for Obstetric and gynaecologic ultrasound
- Developed student focussed sessions in the conference.
- ASA Scientific quiz
- Invited plenary speaker: Teaching clinical reasoning skills, for clinical supervisors
- Invited plenary speaker: Image interpretation and arriving at different diagnosis and clinical diagnosis, for students.
- Preferred paper: Parange N and Giles E. Impact of simulated breast cancer management interprofessional learning (IPL) on attitudes of trainee sonographers and mammographers-a pilot study.
- Preferred paper: Masouminamaghi N and Parange N. Developing leadership skills in Coursework Masters through a capstone course using Research Skills Development Framework (RSDF): a student perspective. *This paper was a project undertaken and presented by a Masters by Coursework student, and won the best student presentation award.*
- E-Poster: Carroll S and Parange N. Impact of nuchal cord and beam width artefact on Nuchal translucency (NT) scans. *This was a project undertaken by a Masters by coursework student.*

**Kerry Thoirs**
- Panel member future directions forum
- Sonography Editorial Committee meeting
- Invited plenary speaker: How to frame a clinical question for research

**Sandy Maranna**
- Invited plenary speaker: Ductus venosus in the 1st trimester
- invited workshop: cervical length
- Preferred paper: Reliability of sonographic parameters of endothelial function
- Chair – Session on Innovations in breast ultrasound
- Chair – Session for student focussed education
- Sandy was a finalist for the SA Sonographer of the Year award.

**Kate Lamb**
- ASAR Board of Directors Representative at ASAR Booth
- Chair: Session on ‘Lets Talk Life’
- Co Chair: Session on Abdominal Sonography

**Jessie Childs**
- Invited plenary speaker: Ultrasound in the assessment of hepatomegaly: A simple technique to determine an enlarged liver using reliable and valid measurements.
- Preferred Paper – The catheter to vein ratio and rates of symptomatic thromboembolism in cancer patients with a peripherally inserted central catheter (PICC).

Special kudos to Jessie Childs who won three awards at the conference.
1. Researcher of the year
2. Best contribution to the Sonography journal
3. Best research presentation at the conference

Well done Jess! You make us proud!
Student achievements

UniSA students, recent graduates and alumni had numerous presentations at the ASA conference.

**Mehrnaz Masouminamaghi** from Sydney (pictured right) won the Best student presentation at the conference.

Naz won the award for her talk on how she has developed leadership skills through the medical sonography Masters program at UniSA. She spoke about her project as well as her own experiences in the program and the influence of Research Skills Development Framework which has been used as the pedagogical framework to scaffold learning across the program so that students learn problem solving, clinical reasoning, critical thinking and clinical decision making across various courses in the Program.

ASA Booth photos below:

![Sandy Maranna at the UniSA booth at ASA Conference](Image)

![Jessie Childs and Kerry Thoirs](Image)

This photo shows Nayana Parange, Sandy Maranna, Jessie Childs, Kate Lamb and Kerry Thoirs.
Research grant
Nayana Parange and Eva Bezak have won a Hospital Research Foundation grant for the project Healthy Newborn Project: Saving lives of mothers and babies through antenatal ultrasound in rural and remote Australia ($107,118). The project aims are the following:

1. Needs analysis survey to explore and quantify disparity of ultrasound services across the country. This can generate evidence to inform policy for future planning needs and future solutions for changes required to address needs of rural and remote communities, especially Aboriginal communities.

2. Training GPs and midwives across four sites in remote SA in Ob-Gyn point of care ultrasound services, after which outcomes will be monitored in terms of its impact on clinical practice in rural areas and impact on community. The sonography program’s state of art ultrasound simulation facilities will be used to help with this aspect of the project.

Community leadership award
Nayana Parange was recently awarded the SAIMA President’s award from the South Australian Indian Medical Association for clinical excellence and contribution to teaching, research and community leadership. The event was held at a Charity Gala Dinner in June at Adelaide Convention Centre.

Dr Nayana Parange
Program Director: Medical Sonography
Occupational Therapy Program Report

We have a had a big few months with OT staff writing and winning grants.

2017 Chancellor's Award for Community Engagement
Dr Kobie Boshoff, Dr Angela Berndt and Dr Carolyn Murray, "Best collaborations in building human potential across the community through intergenerational approaches"; $10,000.

Staff News
Sad to see Dr Ali Aguilar leave us this month. Ali was working on a contract and is moving on to other things. Ali will be missed by staff and students.

Welcome back to Lindy Williams from maternity leave. We are all delighted to have Lindy back with us. Lindy is managing her new baby as well as a workload.

New student placement experience Modbury Special School
We have been working with Modbury Special School to set up a new Practice Education opportunity working with high school students their teachers and families to manage transitions to a post-school life. OT and Physio students are working together to support young people to find work and other post-school options in the community. It is a good opportunity for our students to work in an interprofessional setting and to develop skills and knowledge of NDIS funded services for people once they leave school. This project is supported by funding from the Department of State Development (thanks Jodie Quilliam) to employ clinical supervisors Lisa Porter (OT) and Narelle Ryan (PT).

National OT Conference
Our staff are intimately involved with running the National OT conference in Perth on July 19-21.

Sue Gilbert-Hunt is giving the highly regarded Sylvia Docker Keynote address, Dr Mandy Stanley is chair for the Scientific Committee and Dr Shelley Wright is on the scientific committee. Many of the OT team are presenting papers and posters so July will be a busy month for us all.

Dr Carolyn Murray will be presenting at the ANZAHPE conference on July 13 also.

Hugh Stewart
Program Director: Occupational Therapy

Just for a smile...

Q: What does Charles Dickens keep in his spice rack?
A: The best of thymes, the worst of thymes.

Q: What’s the difference between a cat and a comma?
A: A cat has claws at the end of paws; A comma is a pause at the end of a clause.

Q: Which dinosaur knew the most words?
A: The thesaurus.
Physiotherapy Program Report

Funding success

- Saravana Kumar, in collaboration with Matthew Beard and Joseph Orlando from the Royal Adelaide Hospital, have been successful in securing $13,000 as part of the first round of CALHN-UniSA allied health grants. This project builds on existing collaboration amongst the team and will aim to demonstrate the impact of physiotherapy-led telehealth Spinal Assessment Clinics at the Royal Adelaide Hospital using a multi-method research project.

Recognition

- Following the success in 2016, when Saravana Kumar was awarded an Adelaide Convention Grant Award, in 2017 Saravana has been appointed as an Ambassador to the Conventions Adelaide Program. Saravana joins a network of over 80 ‘Ambassadors’ who are all leaders in their respective fields, with many recognised nationally and internationally for their professional achievements and passionate supporters of attracting conventions to Adelaide.

- Saravana Kumar has been awarded “Faculty Member of the Year 2016 – Public Health and Epidemiology” by F1000. This award recognises Saravana’s exceptional contribution to F1000Prime in 2016. F1000 Prime publishes recommendations of articles from the fields of biology and medicine from a global faculty of researchers. Faculty members rate the article using a rating system (‘Good’, ‘Very Good’ or ‘Exceptional’ or equivalent to scores of 1, 2 or 3 stars, respectively). The F1000Prime score is an article-level metric (altmetric) which is an indicator of scientific impact of individual papers.

Dr Shylie Mackintosh
Program Director: Physiotherapy (Undergraduate)
National Reconciliation Week is an important event in Australia’s annual calendar, as it provides all Australians with the opportunity to recognize and pay respect to the traditional custodians of our country. This year, National Reconciliation Week focused on two significant anniversaries in Australia’s reconciliation journey: 50 years since the 1967 referendum and 25 years since the Mabo decision.

In support of this important occasion, the Port Adelaide Football Club hosted their annual Aboriginal Power Cup, from 29 May to 2 June. During this week-long event, Indigenous secondary school students from around South Australia competed in an Aussie Rules tournament which encouraged mate-ship and connection to their traditional heritage through sport.

The University of South Australia’s 4th year Physiotherapy program supported this event, with final year students providing musculoskeletal assessment and treatment to the young athletes on Tuesday 30 and Wednesday, 31 May. They spent the days undertaking a range of assessments and management for different presentations, including tight muscles, growing pains and even potential broken bones. The young athletes were eager to seek their advice and management, or just get a quick massage before the next game.

In comparison to working within the university student clinic, it was a great opportunity for the final year students to gain insight into a different environment for musculoskeletal physiotherapy practice. The final year students were able to demonstrate their ability to work within a team environment, and incorporated many of their clinical reasoning skills to ensure the best outcomes for the young participants. The ability to think quickly and reason through each presentation helped increase confidence in the foundational knowledge the students had developed over the previous 4 weeks in the student clinic. The change of scenery provided the opportunity to make connections within the broader community and to promote physiotherapy as a potential career choice for the school students.

The physiotherapy students also utilised their skills and experience working as sports trainers for various local sporting teams. Skills such as taping, sports massage, and stretching proved to be vital for the treatment of some of the young players. The students were able to share their experience and preferences for various treatment techniques throughout the day, which proved to be a great learning experience for both the students and the players. Having the opportunity to practice skills learnt in sports training and to combine these with a supervised clinical assessment provided an opportunity to progress learning beyond the student clinic and sports training.

It was a great day full of fun, friendly competition and physiotherapy, with Indigenous and non-Indigenous Australians working together in an effort to close the Gap.

By Isobel Waters, Courtney Jones, Luke Lopian and Brian Le, who volunteered Tuesday, 30 May with supervisor Dr Maureen McEvoy

The students who volunteered Wednesday, 31 May were Joyce Ng, Ellen Messenger, Claudia Farese, Michelle Burdon and Jordan Manhall with supervisor Veronica Tziavrangos
One of the most ambitious project attempted in the 10 year history of the course Health Promotion in Physiotherapy was offered by Samantha Manoel from ACH Group in study period 2.

Samantha and the Interprofessional Learning team at ACH Group devised a three phase project to be run over 4 sites by 18 students during study period 2. The students had the opportunity to learn about health promotion within a community setting and develop their competencies in a number of the Physiotherapy Practice Thresholds.

The students were able to build and strengthen their competencies in communication with a diverse group of staff and residents, learn how to collaborate effectively in such a large group and how to manage and provide leadership. They also learnt about the real life application of motivation theory.

The project explored how to implement the use of Fitbit™ Zip technology to promote self-initiated physical activity in a residential care population. This required the student team to gather baseline Fitbit™ step count data from residents at four ACH Group locations (Kapara, Perry Park, Milpara and ViTA) as well as Self-efficacy baseline data using a Self-Efficacy for Exercise scale and conducting one-on-one interviews. The students also found research evidence to develop a strategic plan and design five key resources to support the implementation of their strategic plan (frequently asked questions, information brochure, goal setting section, logbook and information poster). Fitbit™ step count data from residents and end point self-efficacy data are being used to evaluate the strategic plan and resources. The success of the project is indicative of the partnership between the university and ACH Group and reflects Samantha’s outstanding supervision skills and the skill, commitment and passion of the students involved.
Podiatry Program Report

Staff changes
We would like to welcome **David Visockis** to the academic teaching team. Dave has been appointed as a Lecturer A (Teaching Academic) and is involved in teaching in second, third and fourth year courses.

Dave’s background covers both public sector and private practice, and his areas of expertise include biomechanics and sports, as well as general practice. After graduation, he worked at Port Pirie Hospital, providing local and outreach services, before moving back to Adelaide and working in the private sector. He has until recently run his own private practice in Blackwood. Dave has worked with us for several years as a sessional tutor, and we are very happy to now have him on board.

Open Door Clinic
We have commenced podiatry services at the Open Door Clinic, located at the Salvation Army premises in Pirie St. There have been a steady stream of clients so far. The clinic will be run during teaching time by third year podiatry students (under the supervision of a clinical tutor). The clinics are running every Wednesday afternoon.

Chancellors Award for Community Service
**Sara Jones**, **Ryan Causby** and **Cyndi Cole** (adjunct lecturer) have been awarded a 2017 Chancellors award for the podiatry clinical service on the APY Lands. The Tjina Wiru (Good Feet) program involves three to four clinical visits annually, with staff and students travelling to the APY Lands and providing assessment, treatment and education services to members of the local communities. The visits are supported by Nganampa Health Council and undertaken in collaboration with their staff.

The clinical visits, each involving a week-long road trip with students providing podiatry treatment services, have been running for 17 years. They deliver ongoing podiatry care to areas that would otherwise not receive consistent services and in the process provide invaluable experience to the participating undergraduate students.

**Dr Sara Jones**
Program Director: Podiatry
RESEARCH DIRECTOR REPORTS

Professor Jon Buckley
Director
Alliance for Research in Exercise, Nutrition and Activity (ARENA)

Dr Steve Milanese
Director
International Centre for Allied Health Evidence (ICAHE)

Professor Elina Hypponen
Director
Centre for Population Health Research (CPHR)

Professor Lorimer Moseley
Director
Body in Mind (BiM)
Appointments

Congratulations to ARENA’s Dr Gisela van Kessel who has been appointed as Program Director: Physiotherapy, with effect from Tuesday, 1st August 2017. Gisela has undergraduate and postgraduate qualifications in Physiotherapy from UniSA, a Masters in Health Service Management and Doctor of Public Health from Flinders University. She has worked in both rural and metropolitan, private and public, inpatient and outpatient settings, and has a particular interest in the role of health promotion within physiotherapy. Gisela has taught in all four years of the Bachelor of Physiotherapy programme including 5 years as a clinical educator at a number of sites. She is also a summative peer reviewer of teaching for the university. Her research interests include the resilience and wellbeing of students, which are translated through membership of the UniSA Wellbeing Steering group. Gisela also has several community engagement roles, including a Ministerial appointment to the South Australian Public Health Council.

Congratulations to Jason Bartram who is completing his PhD in Exercise Physiology within ARENA and has been appointed as the Head Coach of the Australian Women’s Track Cycling Endurance Team. Jason has shifted from a role as Sport Scientist with the Men’s Track Endurance team and is very excited about the opportunity and eager to see what the team can achieve in the coming years.

The first major competition will be the Commonwealth Games in 2018 in the Gold Coast preceding the Tokyo Olympic Games in 2020.

Congratulations to Dr Clint Bellenger who completed his PhD in Exercise Physiology within ARENA and has been appointed as a recovery physiologist at the Australian Institute of Sport. Clint will be responsible for delivering recovery support to Australia’s best athletes living in camp at the AIS, as well as initiating the advancement and application of scientific knowledge in the field of recovery/sleep/travel for podium and podium-potential athletes throughout Australia.

Project Updates

On the 30th of May the Australian Association of Gerontology held a national webinar entitled “Fit for later life: The importance of resistance and weight bearing exercise,” which was facilitated by ARENA member Dr Ashleigh Smith. The webinar was a huge success and was fully booked (attracting over 190 registrants). It brought emerging researchers together with industry care providers to discuss the benefits of resistance training for older adults, successful prescription and perceptions of what older adults like to do as a part of a resistance training program. Key
invited speakers included Dr Tim Henwood (Southern Cross Care, SA), Dr Elisa Burton (Research Fellow, Curtin University) and Ms Phillipa Batts (Auckland University of Technology and managed of the Never2old program). Full recordings and details of the presentations can be accessed by contacting Dr Ashleigh Smith (Ashleigh.smith@unisa.edu.au).

Awards

Congratulations to ARENA's Dr Joel Fuller and Dr John Arnold who were shortlisted as finalists for the Science and Technology Award in the 2017 Young Achiever Awards. The Young Achiever Awards recognise and acknowledge the achievements of outstanding young South Australians.

Congratulations to ARENA's Associate Professor Carol Maher who has won the HDA Women’s Excellence in Research Award 2017. Carol gave a guest lecture “Children’s health, activities and lifestyles around the world” when she received the award on Wednesday 17 May 2017 at the University of Adelaide. Children’s physical activity, screen time, sleeping patterns and diet have fundamental and wide ranging impacts on their health and wellbeing. Carol reviewed the latest data from around the world, which reveal surprising relationships with obesity and fitness.

Media

ARENA's School of Health Sciences functional anatomy lecturer Max Nelson spoke to ABC Radio last week about the university’s partnership with the Road Home Foundation to prepare veterans for the Invictus games.

"We're doing a bunch of baseline physiological testing to work out their performance and where they're starting from," Max said. A new program offers them physiotherapy and podiatry treatment and puts them through similar testing and training regimes to the country's top athletes.

"If we can tell them exactly where they need to be, they're going to get a lot better performance improvement than if they were just going about it, trying to do it all by feel."

Paul Flynn, Hospital Research Foundation chief executive, which operates the Road Home, said the new partnership provided an opportunity for more veterans to succeed.

"The facilities UniSA are able to provide as part of this program ensures our participants are given advanced baseline testing, ensuring their fitness levels and general wellbeing continue to be on track, helping them progress in their training to meet the needs of an Invictus athlete," he said. "The Invictus Games, which has become a globally renowned event, shines a spotlight on the 'unconquerable' character of our veterans."

Read the full ABC story here.
Coast FM Interview with Dr Richard McGrath
(29 May 2017)
ARENAs Dr Richard McGrath was recently interviewed on Coast FM. The interview focused on research studies Dr McGrath has been conducting with the SA Circus School (Cirkidz) exploring the impact and benefits regular circus training has for youth. Projects discussed during the interview included:

- The impact of regular circus training for primary school students on their motivation and engagement to learning.
- The impact of regular circus training on school students transitioning from primary school to high school.
- The health and wellbeing benefits youth (aged 8-14 years) gain from regular circus training.

A transcript of the interview can be obtained from emily.vaughton@unisa.edu.au

Invited Presentations
Dr Natasha Schranz was invited by Mercedes College to present at their Professional Development Day on Monday the 1st of May that was focused on the health and well-being of students. Dr Schranz discussed the most recent Active Healthy Kids Physical Activity Report Card findings from a school perspective, shared insights as to what others from around the world were doing to improve physical activity levels and well-being in schools and highlighted the important role that all teachers and schools have in encouraging and facilitating physical activity participation in and outside of the school day. Her presentation was well received and further engagement from the school has been maintained.

Conferences
Associate Professor Carol Maher recently attended the 2017 International Society of Behavioral Nutrition and Physical Activity Annual Meeting, Jun 7-10, Victoria, Canada where she performed a variety of roles at the convening a symposium (“Using consumer activity trackers in research”), chairing an oral presentation session, chairing the annual meeting of the ISBNPA e- & mHealth Special Interest Group, and judging the e- & mHealth oral and poster prizes.

Professor Jon Buckley
Director

Find us on Facebook

Professor Jon Buckley
Director
Dermot Cadogan and Paul Butler arrived in Adelaide in January 2017 and are spending 6 months at UniSA working on various research projects as part of their degree (Bachelor of Science in Sport & Exercise Sciences) at Limerick University. They have written a few words about the projects they have been involved in. It has been fantastic working with both Paul and Dermot who have fitted into the research teams very well and we hope they have enjoyed having the chance to see a few fun places in Australia also. We are very grateful for all their hard work and hope that the experience is something they will look back on fondly as they complete their degree and start their careers.

A/Prof Alison Coates
ARENA

My placement here in UniSA has been split between the Centre for Sleep Research in the School of Psychology, Social Work & Social Policy and ARENA in the School of Health Sciences. My work in ARENA has been with A/Prof. Gaynor Parfitt, Danni Post and A/Prof Alison Coates working with residential aged care workers looking at quality of life, diet, physical activity and use of time. My main tasks have included data collection and keeping on top of data entry. I got to carry out offsite for data collection visits which brought me as far away as Goolwa. The biggest challenge I had during my time here has been carrying out telephone interviews to capture information about use of time. My accent proved a challenge for some while I struggled to keep up with the slang and constant abbreviations used by participants but on a positive note my Aussie vocabulary has certainly been expanded!

The study I have helped with in the Centre for Sleep Research is led by A/Prof Siobhan Banks and involves a large team of researchers from UniSA (including A/Prof Alison Coates) from the School of Health Sciences) and Adelaide University. The study is investigating the impact on altered timing of food consumption on glucose regulation and cognitive performance in a simulated shift work model. I got to help out and experience the study runs within the sleep centre which was exciting including spending a night helping to keep participants awake, seeing them complete driving performance tests and helping prepare study foods. This was something very new to me but it was amazing to see something like that being carried out. Both experiences were fun and interesting studies to be part of with great teams working on each.

Overall I enjoyed my time here massively. The community that exists within UniSA has been very welcoming right from the start and we are both massively appreciative for that. As well as spending time in the research centre, I have had the opportunity to go travel and see some of the country which was a real highlight.

Dermot Cadogan

I have been very fortunate to have been part of the Sansom Institute during my work placement here at UniSA. I have spent my time working with A/Prof Alison Coates, Dr Alison Hill, Prof Jon Buckley and Dr Catherine Yandell researching the effects of almond consumption on cardiovascular health and cognitive function. My main role in the study has been to perform the cognitive testing with the participants and assist with data entry. I have also been responsible for preparing study foods which has involved weighing out a lot of almonds - enough to drive you a little nuts! Being part of the team here at UniSA has been a very interesting and enjoyable experience, from which I have learned a lot. The highlights of my trip have been working with such a welcoming team, travelling around Australia and experiencing the culture.

Paul Butler
The inaugural iCAHE conference (8-9th November 2017) planning continues and it is promising to be an exciting event. We currently have confirmed speakers from Malaysia, India, South Africa, Hong Kong, the Philippines, and New Zealand as well as a number of national and local speakers. We are extending our abstract submission date to 31st of July for students only (PhD, Masters or Honours) to encourage students to use this as an opportunity to present their work in the field of allied health to an international audience. As a further incentive to students to submit their work we are delighted to announce we will be awarding the Best Student Paper Award (which includes a $200 prize).

If you would like to know more, please click on the above iCAHE conference image.

**International Allied Health Focus**

iCAHE has continued its focus on Allied Health internationally with iCAHE researchers/students presenting at a number of conferences overseas this year including India, Poland, England, Malaysia, Japan, South Africa and Hong Kong. The pleasing aspect from the Centre's perspective is how many of these presentations have been repeat invitations reflecting not only the value of the work of the Centre but also the development of strong relationships with overseas partners. A reflection of this is the great relationship with Koya Mine and Takashi Nakayama at the Tokyo University of Technology. This group has, in conjunction with iCAHE researchers, published 4 systematic reviews from the Japanese language literature in English language publications. There is a lot of research work that is undertaken and published in non-English language publications that remains hidden to English language researchers/clinicians. These publications are an attempt to help bridge that gap.

**Projects**

It continues to be a busy time in the office for iCAHE staff as we finalise a number of significant projects. Our review of Interventional Pain Management techniques for the Accident Compensation Commission in New Zealand has been a massive undertaking, involving 21 systematic reviews of the published literature, and is drawing to an end. These reviews are helping to inform ACC-NZ purchasing policy for health care services in New Zealand, and hopefully contributing to better health and wellbeing through evidence-based allied health care.

The Professional Certificate in Health Quality has been accepted and will hopefully commence in 2018 under the coordination of Dr Janine Dizon. More information as it comes to hand!!

The 6th edition of the outcomes calculator was released on June 13th. This resource has been well received by clinicians and continues to be a flagship output of the Centre, used by nearly 1000 clinicians nationally. We are in discussions with a group to get the calculator adapted to be able to be used by mobile devices such as smart phones or tablet.
Twitter

In the Twittersphere! Despite my lack of understanding of it (I am an old man) iCAHE has joined the world of Twitter, sharing and retweeting news, research, events, and much more!

Keep up to date with our latest announcements by following us on Twitter @iCAHEUniSA. Holly Bowen is the Twitter queen and can fill you in with questions regarding this.

Alumni Research

We were proud recently to host Dr Bebet Gonzalez-Suarez (PhD alumni, UniSA) and her rehabilitation resident Rochelle Angelica A. Saratan, MD. They conducted research with Kerry Thoirs and Steve Milanese into tendon activity, and worked with Janine Dizon and Karen Grimmer on clinical practice guideline contextualization. Bebet and Janine have pioneered the work on contextualization and adaptation of clinical practice guidelines for lower to middle income countries internationally. Anyone interested in hearing about this work please contact Dr Janine Dizon (Janine.Dizon@unisa.edu.au).

iCAHE will continue to focus its work in the area of evidence translation in allied health but I am always happy to talk to researchers looking at developing the evidence through allied health clinical based primary research.

Dr Steve Milanese
Director
Congratulations to Dr Deborah van Gaans, Research Fellow: Spatial Epidemiology, and her co-authors (Professor Graeme Hugo and Andrew Tonkin) for receiving the Best Professional Paper Award for 2017 by the Editorial Board of the Journal of Spatial Science for the paper “The development of a spatial model of accessibility to phase 2 cardiac rehabilitation programs”. This was a posthumous award to Professor Hugo, who was one of Australia’s most distinguished demographers.

Their paper describes the development of a spatial model to measure the accessibility to existing Phase 2 (out-patient) cardiac rehabilitation services. Currently Phase 2 Cardiac Rehabilitation services are under-utilised and improving access will be necessary because of the ageing population and falling case-fatality rates. The model was developed by integrating the socio-economic information gathered by a health service survey and incorporating a distance decay model. They used a geographic information system (GIS) to combine both geographic and socio-economic aspects of accessibility.

The award for Best Professional Paper is made every two years based upon Professional Papers published in the 24 month period from 1 July 2015 to 30 June 2017. The 2017 award for Best Professional Paper carries a monetary award of AUD$1000 and a certificate recognising the achievement. On 17 November 2015 the paper was published online and it was printed in the March 2016, Volume 61, Issue 1 Journal of Spatial Science. An announcement of the Award will be made in the September 2017 issue of the Journal of Spatial Science.

Congratulation also to Dr Fiona Tito-Wheatland for successfully completing her PhD studies, supervised by Professor Bill Runciman. Fiona’s thesis was on “The Doctor Identity and its impact on Patient Safety”.

Staff news during this period included saying goodbye to Agustina Gancia who will be missed at the Centre. Agustina submitted her PhD thesis on 7 May 2017 on the evaluation of complex community-based health promotion programs. It is known that partnerships formed through these programs evolve over time, and that evaluating these partnerships is a challenge due to the dynamic environments in which they are implemented. Her research aimed to investigate in what ways South Australia’s Obesity Prevention and Lifestyle (OPAL) initiative contributed to the community networks formed within and around local councils in the context of obesity prevention. Agustina was one of our remaining Canadian enforcements, but she is now returning to Montreal to pursue further work in the field of evaluation.

In other news, Catia Malvaso, Research Fellow for the Health Economics and Social Policy Group was approached and contracted by the Royal Commission into the Protection and Detention of Children in the Northern Territory to assist in report writing, consultations with stakeholders and recommendations for reform due to her recognised expertise on the crossover of young people between the child protection and youth justice systems.

As part of more personal events, an invitation to speak at a satellite symposium of the International Congress of Developmental Biology (Model Organisms in Human Health) gave me an excuse to visit the beautiful Yarra Valley in Victoria. My talk was on Mendelian randomisation, and I spoke about how we can use human genetic data in models to establish causal effects by different lifestyle exposures. One of our papers
which I mentioned in my talk was also published last month in Circulation. I quite like that paper, as it shows how we can use a genetic design to disentangle the causal effects of central vs. general obesity, which is a difficult task to achieve using other types of study designs, including clinical trials. Speaking of trials, I am not typically involved in that many, but I did conduct one a couple of years ago together with colleagues from the University of Surrey. We tested food fortification strategies using different formulations of vitamin D and different types of foods. This work showed nicely that it is not only the dose that matters, but the effects of different formulations will vary notably in their bioavailability. Our paper is now in press with the American Journal of Clinical Nutrition.

In terms of future events, I suggest you keep your eye out for the 2017 State Population Health Conference being held on Saturday, 21st October 2017 (http://www.phaasa.com/events.php).

Professor Elina Hypponen
Director
Body in Mind areas of research interest include:

1. Teaching people about pain
2. Complex regional pain syndrome
3. Early intervention after injury and its effect on later development of chronic pain
4. Chronic back pain
5. Descending control of homeostasis by cognitive factors
6. Brain responses to noxious stimuli
7. Cross modal modulation

Contact Us
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t: +61 8302 2454

A core activity this month or two for the Body in Mind research team seems to have been flying the UniSA flag at meetings across the globe. Dr Tory Madden and Dr Daniel Harvie have represented us with style at the World Congress on Physiotherapy in Capetown, South Africa - both presenting their innovative work demonstrating the learning of pain via classical conditioning mechanisms. This is cutting edge stuff and news of their contributions has already trickled back via social media and professional networks.

Dr Tasha Stanton presented her research on targeting the multisensory body in the brain to modulate pain as part of a topical symposium at the International Convention of Psychological Science in Vienna, Austria (March 23-25th). She gave a plenary and a keynote lecture at the Canadian National Pedorthic Conference in London, Ontario on the neurobiology of pain and its relevance to treatment (April 21-22nd) as well as an extramural lecture to McMaster University physiotherapy department. She presented in topical symposia at the Australian Pain Society (the effect of body illusions on spatial aspects of pain; Adelaide, April 8-11th) and the Canadian Pain Society (is the feeling of back stiffness a protective perceptual inference; Halifax, Canada, May 23-26) and an extramural lecture to Dalhousie University physiotherapy department. Last, she was an invited speaker at the preconference workshop for Physiotherapy in Pain management at the Australian Pain Society (April 8’th) where she spoke on implicit (unconscious) changes in body perception relevant to assessment. (Then she was very happy to stay home and stop talking.)

Prof Lorimer Moseley and Dr Tasha Stanton received the CALHN-UniSA collaborative grant to work with Ms Anne Burke and Ms Kathryn Collins from the Royal Adelaide Hospital to perform a pilot, feasibility study on using hypnotic suggestion to enhance pain neurophysiology education.

Prof Lorimer Moseley was awarded a grant by the International Association for the Study of Pain, along with Prof Johan Vlaeyen (University of Leuven) and Dr Tory Madden (University of Cape Town) for collaborative research between developing and developed countries.

Prof Lorimer Moseley, Dr Tasha Stanton, and Dr Daniel Harvie (Griffith University) were part of the ABC's Ask the Doctor series for an episode on Pain.

Kerwin Talbot is due to to submit her PhD thesis……now….. and has moved to Sydney where she is taking up an academic position in a brand new podiatry programme. Jane Chalmers PhD work, also nearing completion, continues to attract attention internationally with several research groups wanting to translate and test her Pelvic Pain Impact Questionnaire and use it in clinical and research contexts.

New NHMRC post-doctoral fellow Dr Brenton Hordacre is settling into the group - he will be leading a new direction in our group looking at brain connectivity, continuing his excellent work in stroke and integrating some of his novel experimental and analytical approaches to persistent pain.

Prof Lorimer Moseley has delivered the opening and closing plenary lectures at the Australasian Podiatry Meeting in Melbourne and spent time in Jersey (Europe), London, Gothenburg and Copenhagen working with government, health and industry toward new standards for management of acute and persistent pain. Finally, he spent
a couple of days in Bergamo, Italy, as part of the European Task Force on Complex Regional Pain Syndrome, working towards Europe-wide standards of diagnosis and care. We have all returned to Adelaide with a good batch of NHMRC project grant reviews to respond to - what fun indeed!

While many of you may know, Dr Daniel Harvie (Griffith University) and Dr Tasha Stanton forged ahead of the Pain Revolution bike riders to bring the Brain Bus to rural and regional communities across Victoria and South Australia. The Brain Bus was a mobile, virtual lab that allowed people to experience some mind-blowing illusions, some changes to their own body, and some virtual training platforms all of which may have clinical relevance in the near future. The primary aim of the Brain Bus was to promote community engagement in science and to increase the public's awareness of pain and the current research that is going on in this area. We also aimed to encourage people to attend the public lectures that we had organised for most nights on the trip. We had excellent turn-out (there was literally a long queue at Warrnambool) and while exhausting, proved to be a valuable experience. We wanted to share some of our pictures!

Honorary Fellowship

The Faculty of Pain Medicine, Australia & New Zealand College of Anaesthetists, awarded Professor Lorimer Moseley Honorary Fellowship of the Faculty of Pain Medicine, in recognition of his contribution to the field of pain science and management. He is the second allied health professional, and the first physiotherapist, to be so honoured. He received his parchment in the ANZCA College Ceremony in Brisbane, in May.
Staff and Student Publications

First Publications


Recent Staff and HDR Publications

Caroline Adams. 2017. Lads and Ladies, contenders on the ward – how trained nurses became primary caregivers to soldiers during the Second Anglo-Boer War. Social History of Medicine. doi: 10.1093/shhm/hhx037 Impact Factor=0.679; 5 Year IF=0.622; Ranking 20/60 (History & Philosophy of Science) Abstract


Kimberly Charlton, Carolyn M. Murray, Saravana Kumar. 2017. Perspectives of older people about contingency planning for falls in the community: a qualitative meta-synthesis. PLOS ONE. doi: 10.1371/journal.pone.0177510 Impact Factor=2.806, 5 Year IF=3.394, Ranking 15/64 (Multidisciplinary Sciences) Abstract Affiliation Domiciliary Care, Department of Communities and Social Inclusion, South Australian Government, Northfield, South Australia, Australia E-mail: Car- olyn.Murray@unisa.edu.au Affiliation School of Health Sciences, University of South Australia, Sansom Institute for Health Research, Adelaide, South Australia, Australia ORCID http://orcid.org/0000-0003-4471-0509


Crystal L. Grant Centre for Sleep Research, University of South Australia, Adelaide, SA, Australia; CorrespondenceCrystal.grant@unisa.edu.auhttp://orcid.org/0000-0002-1733-2832, Alison M. Coates Alliance for Research in Exercise, Nutrition and Activity, University of South Australia, Adelaide, SA, Australia; Sarah Haynes Centre for Sleep Research, University of South Australia, Adelaide, SA, Australia; Sunita S. Ahluwalia, Sofus C. Larsen, Brigid Mahon, Sanna O. Stranberg, Beef Murdoch, Pieter Warden, Mark S. Tremblay, Catrine Tudor-Carnegie, Phillip G. Martin, Ryan Locke, Pei-Ling Yip, Mikel Arostegui, Andrew Wong, Maiken E. Gabrielsen, Johan H. Bjørn-Christensen, Philip Sherriff, Leonie K Heilbronn Robinson Research Institute and Adelaide School of Medicine, University of Adelaide, Adelaide, SA, Australia; South Australian Health and Medical Research Institute, Adelaide, SA, Australia; School of Public Health, University of South Australia, Adelaide, SA, Australia; South Australian Health and Medical Research Institute, Adelaide, SA, Australia; South Australian Health and Medical Research Institute, Adelaide, SA, Australia. 2017. Engagement, compliance, and retention with a smartphone app for children's physical activity. *Annals of Leisure Research*. 20(3): 314-334. doi: 10.1080/11745398.2017.1322789. Impact Factor=2.562; 5 Year IF=3.056; Ranking 23/84 (Biology) 35/84 (Physiology) *Abstract*

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Impact Factor=4.3, 5 Year IF=4.8, Ranking 10/64 (Multidisciplinary Sciences)  
**Abstract**

**Abstract**

**Abstract**

“The Conversation”  
May 11, 2017

**How our gut bacteria affect cancer risk and response to treatment**  
Hannah Rose Wardill, South Australian Health & Medical Research Institute and Rachel Jane Gibson, University of South Australia

The composition of bacteria in our gut regulates our immune system. Modifying it - through poo transplants for example - can control cancer risk, as well as response to treatment.

Come on!  
Become a Research Volunteer, find out about cool stuff and be part of a SOLUTION

I'm going to stand outside.  
So if anyone asks, I'm outstanding.

There are loads of research studies currently seeking participants. Go check it out at our Sansom Institute for Health Research  
**Website:**

**Library Report**

**Altmetrics**

Altmetrics, also known as alternative metrics, are indicators of reach and engagement that can be tracked over a variety of publications types. Altmetrics measure mentions from a variety of sources with a focus on social media, including Facebook, Twitter, blogs, and news outlets. Altmetric Explorer provides UniSA with an institutional profile for all UniSA staff with publications indexed in the UniSA Research Archive from 2008, and in the future we will also be looking to capture altmetrics for non-traditional outputs e.g. creative works etc.

This month we feature the researcher Professor Elina Hyppönen from the school Altmetrics for article: *Genome-wide association study identifies 74 loci associated with educational attainment*. DOI: 10.1038/nature17671

**Do you require ereadings for your SP5 or SP6 courses?**

eReadings are online resources that make up a reading list for a specific course. They can include extracts from books, journal articles, websites, streaming videos, and many other media.

The Library’s Digital Resource Service can make your readings easily accessible for students by linking these to the Course Essentials box within your LearnOnline course pages. If your course uses an ebook as a textbook, it can also be added to this list.

To create or modify a reading list for your courses, please contact DRS either by email: DRS@unisa.edu.au or by web form at [http://r.library.unisa.edu.au/form_digitisation](http://r.library.unisa.edu.au/form_digitisation)

The Library has access to the database AusDI, which contains over 80,000 pages of medicines information, covering over 5,000 products including prescription medicines, hospital use, over-the-counter (OTC) products including many complementary medicines, devices, diagnostic agents and dressings. Products could be found easily via the browse or advanced search technologies using brand name, ingredient, indication or therapeutic class.

**AusDI includes**

1. Independent drug monographs
2. Product information (PI)
3. Product summaries
4. Consumer medicine information (CMI)
5. Product images

6. Don’t Rush to Crush module
7. Product Identifier module
8. Interactions and Safety module
9. Search and browse functions

AusDI can be accessed via desktop or any mobile device with an internet connection, delivering quality medicines information to support the clinical decisions of health care professionals at the point of care. Access from the [Library Catalogue](http://r.library.unisa.edu.au/) or the [Databases](http://r.library.unisa.edu.au/) pages.
Book Review Index
Online Plus by Gale

Cengage Learning includes more than 5 million book reviews, allowing users to conduct research in numerous disciplines, including literature, history, education, psychology, and more. This product is OpenURL compliant, which allows subscribers to link to full-text reviews from other sources. Provides quick access to reviews of books, periodicals, books on tape and electronic media representing a wide range of popular, academic and professional interests.

It also has:
- up-to-date coverage, wide scope and inclusion of citations for both newly published and older materials
- easily searchable by author, date, illustrator, audiobook reader, review length, reading level, review source, review type, reviewer, title and title of review.
- multiple search options, connects users directly to relevant full-text articles


Copyright Support

From July the copyright support provided by the Library will be transitioning to a new service model. The new service model will increase the availability and accessibility of copyright support while providing a more sustainable service.

The features of the new support model include:

1. Improved self-help options, including case study examples and FAQs based on current hot topics will be available via the Library website [http://www.library.unisa.edu.au/teaching/](http://www.library.unisa.edu.au/teaching/)
2. First level support from the Ask the Library service (chat, email, phone) – which is available until 9pm weeknights and 2-6pm on the weekends
3. Specialised and individualised help, including at elbow support, from your local Academic Library Services team
4. Expert help from the Copyright Coordinator as required for particularly tricky cases
5. Targeted presentations on specific topics on request

Academic Library team staff will be trained and able to ensure that new academic staff are aware of copyright compliance issues from induction and existing staff are kept up to date and provided with ongoing support.

This expanded service is part of the Library’s commitment to providing service anywhere, anytime, any device. If you have any questions regarding the new copyright service model please contact us.

Support for Teaching and Learning in SP5/6

We are currently finalising our training calendar for SP5/6. If you received support from the library in previously years, we would have contacted you to confirm your requirements for SP5 and 6. If you would like support for any additional courses, please email the team to discuss. We can assist with research and information literacy workshops, provide online library resources and assignment helps for your students, or help you to source resources for your courses.

High Demand Collection closure 2018

The University’s Digital Learning Strategy encourages a move away from textbooks and recommended readings in print. The Library supports this by purchasing ebooks and streaming media in preference to print. Where possible we purchase the item but book chapters and articles can be made available as eReadings.

Due to a reduction in the number of print titles and a significant decline in loans (see Table 1) the High Demand collection will no longer be offered after 2017. The Library will continue to purchase print if no digital resource is available, however, we will not be providing 4 hour and 4 day loans in 2018. All print items will be available to borrow in the general collection. Students are expected to purchase their own print textbooks.

<table>
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<tr>
<th>Year</th>
<th>Total Loans</th>
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<tr>
<td>2014</td>
<td>12,125</td>
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<td>2015</td>
<td>6,290</td>
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<tr>
<td>2016</td>
<td>1,132</td>
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Table 1. High Demand Loans 2014-2016
During 2017 the Library will continue to provide a High Demand collection of print books and other resources for those occasions where no digital alternative is available. These resources will be available as 4 hour loans.

Please ensure that all materials for your students have been placed in the High Demand Collection at least 2 months before they are required. If the Library is unable to purchase materials within a reasonable time, personal copies will be accepted for inclusion and returned once a purchased copy is available.

Please send your list of items using the forms below:

- Digitisation Request Form – Book Chapter or Journal Article
- Books and AV items for High Demand Collection

All titles are removed from High Demand at the end of each study period and returned to the general collection. Items previously held with recorded low use will not be returned to High Demand. These items will be available in the general collection.

If you have any questions please email us on Library-Health-Team@unisa.edu.au or contact Ask the Library.

Suggest a resource

We are always happy to receive purchase recommendations for resources for your teaching or for research. If you would like to request the purchase of books or videos, we encourage you to submit a Purchase request form. Alternatively, contact the Academic Library Team.

New Data Sharing Requirements for Clinical Trial Publications

The International Committee of Medical Journal Editors, have announced new requirements for manuscripts describing clinical trials. From July 2018 these papers will require a data sharing statement outlining:

1. whether individual de-identified participant data (including data dictionaries) will be shared
2. what data will be shared
3. whether additional, related documents will be available
4. when the data will become available and for how long
5. by what access criteria data will be shared

To learn more about the upcoming ICMJE requirements see: http://www.nejm.org/doi/full/10.1056/NEJMe1705439

The Library and ISTS can help you to manage your data. Please contact your Academic Library Team to discuss.

For more information, contact the Academic Team for the Division of Health Sciences: Library-Health-Team@unisa.edu.au.
UniSA Participation Support Scholarships 2017

UniSA Participation Support Scholarships provide financial support for students from low socio-economic status (SES) backgrounds. While low SES is the primary criterion for this scholarship, applications will be also weighted according to other equity indicators (Aboriginal and/or Torres Strait Islander students; students from rural areas; students from non-English speaking backgrounds; students with a disability; and women in non-traditional areas of study).

Scholarships are available to both full time and part time students who meet the following eligibility criteria:

- An Australian citizen, permanent resident of Australia, or holder of a permanent humanitarian visa
- A commencing or continuing student with UniSA currently enrolled in a:
  - Undergraduate program
  - Diploma program
  - Foundation Studies program OR
  - Indigenous Participation program.
- Can demonstrate financial or personal disadvantage.

The scholarships are valued at $2,000 for full time students and $1,000 for part time students.

There are two funding rounds per year, but students are only eligible to receive funding once per year. Students who are in receipt of the University of South Australia Study Grant are not eligible for the UniSA Participation Support Scholarship.

**Round 1:**
- Opens 1st February 2017
- Closes 17th March 2017

**Round 2:**
- Opens 17th July 2017
- Closes 18th August 2017

What you need to do:

- Apply through your Student Portal under 'myScholarship'
- Provide documentary evidence to support your application, if requested
- Check your student email regularly—successful your applicants will be notified via student email

Capstone Editing is happy to announce that they are launching six new annual academic grants of between $3,000 and $5,000 each—two for female academics and four for students.

The Capstone Editing Early Career Academic Research Grant for Women
$5,000 for one female academic per year to assist with the costs associated with a research project leading towards a publication. Applications are open annually from 1 July to 30 May. The grant is awarded on 30 June every year.

The Capstone Editing Carer’s Travel Grant for Academic Women
$3,000 for one female academic per year to assist with childcare costs in relation to travel to conduct research or present a paper at a conference. Applications are open annually from 1 July to 30 May. The grant is awarded on 30 June every year.

The Capstone Editing Conference Travel Grant for Postgraduate Research Students
$3,000 for one postgrad student per year to assist in covering the costs of attending a conference in relation to their degree. Applications are open annually from 1 July to 1 June. The grant is awarded on 30 June every year.

The Capstone Editing Laptop Grant for Postgraduate Coursework Students
$3,000 for one postgrad student per year to purchase a computer or laptop and software for their studies. Applications are open annually from 1 July to 1 June. The grant is awarded on 30 June every year.

The Capstone Editing Research Scholarship for Honours Students
$3,000 for one Honours student per year to assist with covering the costs associated with the research for their thesis. Applications are open annually from 1 January to 30 April. The scholarship will be awarded on 14 May every year.

The Capstone Editing Textbook Grant for Undergraduates
$3,000 for one undergrad per year to assist with covering the cost of their textbooks for the duration of their degree. (The recipient will receive one $1,000 gift voucher per year for three years.) Applications are open all year. The grant will be awarded on 1 February every year.
School of Health Sciences

Research Week 2017

Monday 25 to Friday 29 September
Travelling or attending a conference?

Make sure that the University is aware of any University business travel even when there are no associated costs to the University. Submission of the travel form will also ensure that you are covered under the University’s travel insurance while travelling on behalf of the University.

Fill in your online business travel request form to complete your travel requirements:


We want to tell the world about your conference!

Contact the PA to HoS to get a conference briefing template so we can include the great ideas, networks and adventures you went on.
2017 SOUTH AUSTRALIAN REGIONAL SHOWCASE

Do you know an individual, group or organisation who goes above and beyond to make a difference in our regional communities? Give someone who inspires you the opportunity to be recognised for their efforts.

In 2017 our regional program will again shine a spotlight on regional South Australia by uncovering, telling and showcasing the stories of success across the state. These stories will be published to a local, national and international audience to grow knowledge of the regions and uncover opportunities for economic investment and growth. By telling the stories of regional South Australia on our website, Inside South Australia, we hope to instil a sense of pride in the regions and provide an opportunity for regional South Australians to learn from each other.

Nominate online!

Help us tell the stories happening in the regions by nominating a business, individual or group today and give someone who inspires you the opportunity to be recognised for their efforts.

In order to be considered the story must be:

» Positive
» Inspiring to the region
» Have a social or economic impact
» Demonstrate creativity, innovation and industriousness
» Help put the region on the map

Please note that while we endeavor to write as many stories as possible, some may not meet the criteria, and Brand South Australia reserves the right to publish stories at their discretion.

NOMINATE A STORY!

Visit www.regionalawards.com.au

Government of South Australia
Primary Industries and Regions SA

Brought to you by

School of Health Sciences (Issue 3—May/June 2017 Newsletter)
Visit regionalawards.com.au to find out more and nominate!

Nominate
Help us track down the stories of regional success. Nominate someone you know who goes above and beyond in their region.

Media Exposure
We’ll take your nominations and feed them to our regional journalists who will write the stories.

Blog Posts on Inside South Australia
Stories are then posted on Inside South Australia, which reaches audiences locally, nationally and internationally. All stories are royalty free.

Reader Popularity Analytics
In August the stories will be measured by reader popularity with the top 30 stories written between August 2016 - July 2017 reposted for readers to vote.

Voting
We’ll be asking the public to vote on the top 30 stories. We’ll also be asking program stakeholders to vote on the Community and Business Award.

Showcasing & Celebrating the Best
The top 15 stories across South Australia will be shared at a celebration evening in October, with three pear trophies awarded.
There is a growing wave of interest in the human: animal interface across a range of fields including political and democratic theory, human geography, environmentalism, disaster management and perhaps lagging behind somewhat, human wellbeing and health research. It is a very dynamic and cross-disciplinary field and the Australian Animal Studies Association conference, to be held here in Adelaide, July 3-5 2017, will reflect this diversity and dynamism. An art exhibition is attached to the conference so head to the Peanut Gallery, upstairs in Adelaide Arcade to check out some amazing animal related art works.

Monday the 3rd July will include a session focusing on the intersections of health, human wellness and animals if you are pressured for time but really want to join in.
Australian & New Zealand Association for Health Professional Educators 2017 Conference

ANZAHPE 2017 Conference will be held at the Adelaide Convention Centre from Tuesday 11 - Friday 14 July 2017—overlooking the River Torrens and adjacent to the South Australian Health and Biomedical Precinct, the largest health precinct in the southern hemisphere. The precinct is the location of the new Royal Adelaide Hospital, South Australian Health and Medical Research Institute, University of Adelaide Health and Medical Sciences Building and University of South Australia Interprofessional Health Clinic. The theme of the meeting is Transitions. This inclusive theme is open to multiple interpretations. Transitions asks us to consider where we have been, where we are and where we are going in our personal, professional and organisational learning journeys.

The Conference’s mixture of international and local speakers, in-depth educational offerings, and important delegate opportunities for contribution and discussion, make it a “must attend” event for all in the Health Professional Educator’s community.
Our Languages Matter

CELEBRATING NAIDOC Week
2-9 JULY 2017

Title: Our Title
No Title
Our Nation
Artist: (Name of artist)

Languages are the breath of life for Aboriginal and Torres Strait Islander peoples. They are the means by which they tell their story of the country and the spiritual bond with it. As distinct languages, they are the most appropriate tools to help convey the stories and traditions of the Indigenous peoples.

They are the original languages of this country and are protected as such. In some cases, they are the only language used in certain regions. In others, they are part of a broader language landscape that includes English. The protection and promotion of these languages are essential to maintaining the cultural identity of Aboriginal and Torres Strait Islander peoples.

Our Languages Matter

School of Health Sciences (Issue 3—May/June 2017 Newsletter)
Here's Health: Research

Discover health and medical research opportunities at UniSA

If you’re interested in exploring further studies in research, we invite you to attend Here’s Health: Research, an information evening which presents a range of postgraduate health and medical research opportunities available at UniSA.

Here’s Health: Research will showcase our unique breadth of internationally-recognised research strengths and some of the projects you could be involved with across:

- Cancer
- Population health
- Healthy lifestyles
- Neuroscience and mental health
- Pharmaceuticals
- Aboriginal health

Explore early intervention to prevent illness, strategies to improve health systems and services, ways to create effective therapies as well as advancing health quality. You can also meet some of our researchers and current students, find out about scholarships, as well as watch the health finals of the 3 Minute Thesis, a competition which challenges the University’s top PhD students to present their thesis in only three minutes!

Date and Time:
Thursday 3 August 2017, 5:00pm – 7:00pm

Venue:
H2-02 lecture theatre, Basil Hetzel Building,
UniSA City East Campus,
Frome Road, Adelaide, SA

Register Now
Presenting the 12th National Allied Health Conference for all Allied Health. This premiere conference will be held at the Sydney International Convention Centre set in the spectacular environs of Darling Harbour in Sydney from the 26th – 29th August 2017.

Allied Health professionals from every service setting: private sector, public health, non-government organisations and government agencies will consider solutions to the challenges posed by major health reforms such as the NDIS, the management of chronic diseases, and the interface between acute and primary care.

The conference will explore the theme Allied Health: Stronger Together and will highlight the place of Allied Health in the health continuum through a number of subthemes including: Responsive Services, Reliable Systems and Resilient Workforce.

- Hear from a range of eminent speakers exploring current and emerging issues shaping the future for Allied Health.
- Attend pre and post conference workshops.
- An exciting opportunity to network with an extensive range of key decision-makers and practitioners.
- Learn about the industry’s products and services from our impressive range of exhibitors.

**KEY DATES:**
- Call for Abstracts 
  OPEN NOW – closing 17 March 2017
- Mentoring/assistance with abstract preparation available.
- Abstract acceptance 15 April 2017
- Presenter registrations closing 30 June 2017
- Conference registration opens March 2017 closing July 2017

**Registration Fees:**
- 2 day early bird - $650
- 2 day - $750
- 1 day - $400 ($350 Student)

(Pre and Post workshops fees TBC)

For more information visit:
https://secure.hotelnetwork.com.au/12thnationalalliedhealthconference/home
https://www.facebook.com/alliedhealth2017/
Linkedin – search 12th National Allied Health Conference

Proudly Supported by
[NSW Government](https://www.nsw.gov.au)
[Health](http://www.health.nsw.gov.au)
[HETI Health Education and Training Institute](http://www.heti.nsw.gov.au)
[SARRAH](http://www.sarrahep.nsw.gov.au)
HERGA 2016: From Research and Policy into Practice

Overview
The 2016 HERGA conference will run on September 22nd at the University of Adelaide. The theme this year is "From Research and Policy into Practice" with key sub themes being:

- Education Technology
- Large Class Teaching
- Teaching Modes and Methods and Teaching Specialists
- Transitioning into Higher Education
- Student Communities
- The Students Role in Learning including Co-Creation
- Curriculum Design
- Assessment

Call for Papers
Submissions should be in abstract form (no full papers are required for this conference), 300-500 words and provide a clear background, method, results and conclusion. Ensure that the abstract has no identifying information in it for review purposes. Submissions must indicate some engagement with relevant literature by providing 1-3 key references for attendees to review.

Submissions are due August 8th. Submissions received by July 29 can take advantage of early-bird review which will provide feedback on how to improve the submission.

Students are encouraged to submit papers.

Papers should be submitted to https://easychair.org/conferences/?conf=herga2016

Register
To register for the conference, you can go to our EventBrite site.

For any queries, please contact Edward Palmer at edward.palmer@adelaide.edu.au
Overview
There is a perception that asthma is no longer a significant health problem. However despite the development of new medications and treatment regimens most asthma related deaths in Australia remain preventable.

The strategies to improve the health of people with asthma are well known, however many patients experience daily symptoms, struggling with medication use and adherence, and feel ill-informed and disempowered about their condition and there is ample evidence of health professional non adherence to best practice guidelines.

While more research is needed to understand how to bring about changes in self management behavior and professional practice, structural approaches within health systems can facilitate the efforts of patients and health professionals to better manage asthma.

Collaborative care models are critical in ensuring a patient’s interaction with the health care system is linked between different levels of care, enabling appropriate case management and systematic follow-up. However, structural barriers continue to burden the health care system thereby impacting on the quality of care received by patients.

Conference Themes
• The ‘Breathless’ Patient – When is it not asthma
• Asthma and Allergy
• Successful Models of Care in Targeted Populations
• Asthma and Your Environment
• Improving Asthma Control by Understanding Medicines and Devices
• Managing Difficult Asthma
• Diagnosing Asthma Across the Different Paediatric Age Groups
• Translational Practice
• Asthma Tools

The organizers welcome abstract submissions that address the conference topic ‘Connecting Asthma Care’ under any of these themes.

Registration
Registration is now open and available by clicking here.

Key Dates
Call for abstracts released – 6 April 2017
Abstract submission deadline – 16 June 2017
Notification of offer – 10 July 2017
For further information please contact the Conference secretariat via email on conference2017@asthmasa.org.au or phone 08 8238 9300
The 3 C’s of Life:
Choices, Chances, Changes
You must make a Choice to take a Chance or your life will never Change.
Call for Submissions
We are pleased to announce and invite you to participate in the 2017 iCAHE Allied Health Conference which will be held at the University of South Australia, in Adelaide, Australia, November 7 and 8, 2017.

About the Conference
This conference will discuss the current state of play in allied health practice globally, presenting updates in allied health research and practice, and discussing issues and strategies to address these challenges in allied health practice. There will also be a focus on Clinical Practice Guidelines as a vehicle for putting evidence into practice, and on developing, implementing, and evaluating Clinical Practice Guidelines. Conference Registrations will open in July 2017.

Tracks and Topics
The central theme of the 2017 iCAHE Conference is “Allied Health is Good Health.” Submissions on this theme are particularly welcome. Broadly, this conference is to showcase all areas of allied health and how putting evidence into practice needs to be considered across all involved parties, from clinicians, to policymakers, managers, and consumers.

Abstract Submissions
Abstracts close on JUNE 2ND 2017. Late submissions will not be considered. Abstracts will be peer reviewed according to relevance to the conference themes, originality of the work, specific results described, and potential impact. Please prepare abstracts carefully and describe accomplishments specifically.

For more information please contact us.
The Heart Foundation’s SACVHRN is proud to announce our FREE Masterclass and Seminar program for 2017. This series promises to be a stimulating and informative program for many in the South Australian research and health professional community. Please find a taste of what’s to come below.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>14 July</td>
<td>10.30-14.30</td>
<td>Intersect, 167 Flinders St Adelaide</td>
<td>Workshop on “Research Integrity and Clinical Trials: Towards a cultural change in research practice”, Facilitated by Dr Karolyn White, Macquarie Uni and Dr Jane Jacobs, QUT.</td>
</tr>
<tr>
<td>15 August</td>
<td>13.00-14.00</td>
<td>SAHMRI Auditorium</td>
<td>Seminar with Professor Anna Stromberg, Linkoping Uni, Sweden; &quot;Implantable Cardioverter Defibrillator (ICD) care: health professional and patient perceptions.&quot;</td>
</tr>
<tr>
<td>1 September</td>
<td>10.30-11.30</td>
<td>Intersect, 167 Flinders St Adelaide</td>
<td>Workshop on “Privacy in Research: Knowledge for the Australian research sector”. Facilitated by Ms Andrea Calleia, Salinger Privacy, NSW.</td>
</tr>
<tr>
<td>27 October</td>
<td>09.00-17.00</td>
<td>SAHMRI Auditorium</td>
<td>Research Showcase, showcasing the work of South Australian cardiovascular researchers across all disciplines. More information to follow.</td>
</tr>
<tr>
<td>24 November</td>
<td>10.00-12.00</td>
<td>Intersect, 167 Flinders St Adelaide</td>
<td>Workshop on &quot;What can we do for you? How to promote your research: community and media”. Facilitated by Karen Kissane, National Media and Strategic Communications Manager, Heart Foundation.</td>
</tr>
</tbody>
</table>

Please distribute this flyer to your networks and students. For speaker bios and bookings see: heartfoundation.org.au/research/research-networks/south-australian-cardiovascular-research-network/whats-on
What is SACVHRN?

The vision of the South Australian Cardiovascular Health Research Network (SACVHRN) is to build, support and nurture a vibrant and growing cardiovascular health research community in South Australia.

We aim to attract and retain world-class researchers in South Australia, to improve the productivity and increase the competitive funding obtained by researchers. The Network strives to facilitate connection and knowledge sharing among researchers and increase awareness and collaboration within the South Australian cardiovascular health research community.

In 2017, Heart Foundation funds totaling more than $2 million were awarded to South Australian cardiovascular researchers.

Launched in November 2009, the SACVHRN now consists of 120 members and is growing. Our members share the vision of increased collaboration amongst South Australian researchers and a passion for cardiovascular health and research.

By becoming a part of the SACVHRN, you will enjoy the following benefits:

- Access to a network of 120 South Australian cardiovascular researchers and research affiliates
- A focus on early career researchers, providing researchers with the opportunity to network, practice presentation skills and promote their work within the broader research community
- Exclusive invitations to participate and attend free forums, workshops, masterclasses and seminars with research leaders
- Access to newsletters providing information on emerging research, upcoming conferences, grant dates and events
- Assistance with translation and promotion of research to the media via our Heart Foundation Media and Communications team
- Being part of a collective voice to support cardiovascular research in South Australia


For more information about the SACVHRN, please contact us via SA@heartfoundation.org.au or call 08 8224 2688.
Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world. - Albert Einstein
Exercise & Sports Science Australia (ESSA) is a professional body whose membership comprises: Accredited Exercise Physiologists, Accredited Exercise Scientists and Accredited Sports Scientists

FREE student membership

Although right now ESSA accreditation is not a requirement, by the time you are close to finishing your degree you will be required to be accredited, so why not start working on it now?

Did you know as a member of ESSA you have access to a number of different benefits?

• Make sure you make the most of these! (https://www.essa.org.au)

• Stay up to the minute with the latest industry news sent straight to you

• Discounted registration for professional development opportunities and events exclusive to members

• Industry career and pathway advice from our trained staff

• Access to the online medical Journal - EBSCO

• Online subscription to ESSA’s Activate Magazine

• Discounted textbooks, apparel, equipment, and travel from leading brands.

Members also get access to:

30% OFF Human Kinetics BOOKS & eBooks
The ESSA students Facebook group for exclusive posts from ESSA and an opportunity to network with fellow students from all over Australia

Special student promotions and giveaways from student sponsors such as Human Kinetics

A chance to join the leading industry body in exercise and sport science, and your future Governing body upon graduation!

To be a member now might not seem greatly profitable yet, however the longer you are a member the more information you have access to: Podcasts, newsletters, industry profession development and industry changes and current job offers, to name a few... as well as a way to get an insight within the industry professionals and current research. It also is a fantastic way to stay ahead of your classmates, and up to date with all things relevant to the industry, that you are heading towards.

Human Kinetics have paid for your membership and offer you

30% off ALL Human Kinetic books

It will only take you a few questions to get signed up so what are you waiting for it’s free follow this link:


Or if you would like a discussion with me, my name is Rachel Oakes and I am the student ambassador for ESSA at UniSA for 2017. Please contact me via email oakrm001@mymail.unisa.edu.au.
Staff Wellbeing - Mental Health Education Update

The Mental Health Education online modules have been well received with over 300 completed in the first month. A reminder that if you are responsible for others, it is a requirement to complete a mental health education program by 30 November. Click here to access the online modules.

If you would like to attend a face to face mental health education seminar, we will be running 5 seminars until November 2017, titled ‘Managing People with Mental Health Issues’. Click here to book.

Please contact Lindsay Sportmann via email Lindsay.sportmann@unisa.edu.au if you would like a report on who has completed the training in your local area.

Staff are reminded of the services available from our external Employee Assistance Program. Assistance can be provided for a variety of personal, emotional or work related problems and management support is also available through Manager Assist which can assist with consulting and mediation services.
Contributions to the HLS Newsletter

Do you have a student or graduate story for us? Interesting fact? Lowdown on a conference or a cool teaching activity? Send us your newsworthy stories to the School of Health Sciences team so we can gloat about our amazing people, our exciting innovations and most importantly all our awesome successes!

Email us today to get your story in our next newsletter
Health.admin@unisa.edu.au

Unisa Community Clinics

Dietetic Clinic
UniSA City East Campus
Level 2, Centenary Building
Cnr North Tce and Frome Rd, Adelaide
T: +61 8 8302 2078

Exercise Physiology Clinic
UniSA City East Campus
Level 2, Centenary Building (Room C2-08)
Cnr North Tce and Frome Rd, Adelaide
T: +61 8 8302 2078

Mobile Allied Health Clinic
UniSA Magill Campus
E Building (Room E1-22)
Enter from Bunydey Street, Magill
T: +61 8 8302 4013

Mobile Allied Health Clinic
UniSA City East Campus
Level 1 (Ground Floor), Bonython Jubilee Building
Cnr North Tce and Frome Rd, Adelaide
T: +61 8 8302 2097

Open Door Health Clinic
The Salvation Army Building
277 Price Street, Adelaide
T: 1800 316 790 (Free call)

Physiotherapy Clinic
UniSA City East Campus
Level 8, Centenary Building (Room C8-40)
Cnr North Tce and Frome Rd, Adelaide
T: +61 8 8302 2541

Midwifery Clinic
UniSA City East Campus
Level 1 (Ground Floor), Bonython Jubilee Building
Cnr North Tce and Frome Rd, Adelaide
T: +61 8 8302 2097
E: midwiferyclinic@unisa.edu.au

Midwifery Clinic
UniSA Magill Campus
E Building (Room E1-22)
Enter from Bunydey Street, Magill
T: +61 8 8302 4013
E: midwiferyclinic@unisa.edu.au

Legal Advice Clinic
UniSA City West Campus
Level 1 (Ground Floor), Law Building
Cnr George ST and Hindley St, Adelaide
T: +61 8 302 7436

Magill Allied Health Clinic
UniSA Magill Campus
E Building (Room E1-22)
Enter from Bunydey Street, Magill
T: +61 8 8302 4013
E: magillhealthclinics@unisa.edu.au

Mammography Clinic
UniSA City East Campus
Level 1, Bonython Jubilee Building (Room BJ1-56)
Cnr North Tce and Frome Rd, Adelaide
T: 13 20 50 (BreastScreen SA)
E: BSSAenquiries@health.sa.gov.au

Marketing Clinic
UniSA City West Campus
Level 4, Yungondi Building
70-72 North Terrace, Adelaide
T: +61 8 8302 0285
E: marketingclinic@unisa.edu.au

Podiatry Clinic
UniSA City East Campus
Level 3 (Ground Floor), Centenary Building (Room C3-33)
Cnr North Tce and Frome Rd, Adelaide
T: +61 8 8302 2269
E: podiatryclinic@unisa.edu.au

Podiatry Clinic
UniSA Magill Campus
E Building (Room E1-22)
Enter from Bunydey Street, Magill
T: +61 8 8302 4013
E: podiatryclinic@unisa.edu.au

Psychology Clinic
UniSA Magill Campus
N Building
Cnr of St. Bernards Rd and Brougham St
Magill
T: +61 8 8302 4875
E: psychologyclinic@unisa.edu.au

UniSA Sport
UniSA City East Campus
Weights and cardio gym
Centenary Building
Level 2 (C2-14)
Cnr North Tce and Frome Rd, Adelaide
T: +61 8 8302 1496

UniSA Sport
UniSA Magill Campus
Weights and cardio gym
25m heated outdoor swimming pool
Single indoor multi-sport stadium
Soccer field
Sports Centre (E Building)
Bundy Street, Magill
Gym T: +61 8 8302 2560
Swimming Pool T: +61 8 8302 4570
E: magillpool@unisa.edu.au

UniSA Mawson Lakes Campus
Weights and cardio gym
3 squash courts
3 outdoor multi-sport stadium
Soccer field
Building B
Mawson Lakes Boulevard, Mawson Lakes
T: +61 8 8302 3257