Hi everyone!

Staff Movements
Welcome to the following staff who have joined the School of Health Sciences in the last two months: Ruth Brunt – p/t Clinical Educator: Physiotherapy; Dr Katia Ferrar – Early Career Development Fellow (3 year full time appointment); Leah Kallos – p/t Lecturer in Medical Sonography; Brooke Osborne, p/t Lecturer in Medical Sonography; Emma Stockham – Administrative Assistant: Finance; Lisa Lawton – Academic Services Officer: Occupational Therapy and Judy Barnes – Administrative Assistant: Finance. Congratulations to Louise Massie on her appointment as Clinical Trials Coordinator, Sansom Institute of Health Clinical Research Operations.

Congratulations to Arjun Burlakoti (Lecturer: Neuroanatomy) who was recently granted permanent residency of Australia!

UniSA Top 50 Universities in the world
Great to see the recent Times Higher Education rankings for the World’s Top 100 Universities under 50 years of age. The full list is on the THES web page THES Top 100. At just 22 years of age, UniSA ranks at 48th in the world, which is fantastic. I couldn’t resist comparing where we sit in comparison to similarly aged Australian Universities and those I know in the UK!
Major science, health and biomedical education and research facility

As indicated in recent news release and the VC’s announcement, there are plans to build a state-of-the-art infrastructure adjacent to the South Australian Health and Medical Research Institute. The new build will house the Centre for Cancer Biology which has been forged from a dynamic new partnership between the University of South Australia and SA Pathology and backed by $40M of Commonwealth funding. The new building will also bring many allied health professionals together under a single roof. It will provide specialised clinics and a centre for healthcare innovation, as well as a major new outreach initiative that will play a pivotal role in increasing South Australia’s competitiveness in science, technology and innovation.

Unijam Success and the Future

With over 18,000 posts and almost 8000 registrants, reaching out to 56 countries and 700,000 views - the Unijam consultation was a stunning success! Thanks to all of you in Health Sciences who took part in the exercise. It was the first time that UniSA has engaged in an all-institution consultation, the first time a University has engaged with all its staff, students, alumni and stakeholders through such a powerful web-based medium, and apparently the biggest ever participation in an IBM jam! A double world first for UniSA! The information has led to a number of quick actions which can be viewed on the University web page http://w3.unisa.edu.au/unijam/, which includes actions to improve the campus environment and provide college wear student merchandising. Many ideas emanating from the discussion forums in the Jam will form the basis for the University’s strategic planning for the future.

As the strategic plans for the next 3-5 years are imminent, it made sense for us to postpone the School Planning Day to 9 August, so that our discussions are informed and coherent with the wider University plan for the future.

Open Day - 18 August 2013

We expect 11,000 people at the event. It is the largest recruitment event and a fantastic opportunity to showcase UniSA to our future students. All staff who help for more than four hours on the day will receive lunch and a UniSA polo shirt!

Invitation to contribute a piece about your Research/PhD/Honours Projects

In this issue of the Newsletter, we show-piece some PhD research from Helen Banwell. I would like to feature regular pieces on Honours/PhD research in the newsletter, and invite supervisors, PhD and Honours students to send in news about their research, which will contribute to future ‘Excellence in Research for Australia (ERA)’ audits, the next one being in 2015.

Contributions to the HLS Newsletter

Thanks again for all your contributions to the Newsletter. It goes out to all students and staff in Health Sciences, selected UniSA staff and external stakeholders. It is also available on the Health Sciences Website. News about research, national appointments, community engagements, awards, achievements and sporting endeavours, etc., are welcomed, so please continue to keep myself and Kylie Fogarty kylie.fogarty@unisa.edu.au informed of all your news. I hope you enjoy this Newsletter!

Cheers
Roger 😊

Smile or laugh - it’s good for health!

http://www.helpguide.org/life/humor_laughter_health.htm

…..and so, some immature Jokes!

(from a 7 year old – not Roger Eston!)

Q. Why don’t grizzlies wear trousers?
A. Because they have a bear bottom!

Q: What do you call a dinosaur who likes to play hide and seek?
A: Doyouthinkthesaurus?

Q: How do you ask a tyrannosaur out to tea?
A: "Tea, Rex?"
STAFF NEWS AND APPOINTMENTS

- Congratulations to **Associate Professor Susan Hillier** on the recent appointment as the new Chair of the Statewide Stroke Clinical Network.

The National Australian Podiatry Council Conference was held in Sydney 3-5 June 2013 the following outstanding awards were received -

  - Australian Podiatry Council Hall of Fame inductee 2013 for South Australia: **Dr Sara Jones** for her work in Education and Aboriginal Health.
  
  - Best new investigator: **Laura Hutchinson** (2012 Podiatry with honours graduate) for her presentation on: Tibiofemoral kinematics: the effect of foot wear and foot orthoses. Co-authors of the paper were **Chris Bishop, Rolf Scharfbillig and Hayley Uden**.
    
  - Best research paper: **Helen Banwell** (PhD candidate) for ‘her’ presentation on: Prescribing functional foot orthoses for the symptomatic pes planus adult. A Delphi consensus.

- Congratulations to **Claire Baldwin** on fulfilling the requirements for the award of PhD from Flinders University, the degree to be conferred at a September graduation ceremony. Claire’s thesis title was “Respiratory and peripheral muscle dysfunction in critical.

- Congratulations to **Dr Carol Maher** who is one of two shortlisted for a L’Oreal Australia and New Zealand Women in Science Fellowship (final outcome pending).

- **Professor Roger Eston** has been appointed to the Medical Board of the Metropolitan Fire Service.

- Congratulations to **Dr Maarten Immink** and family on the arrival of their beautiful boy “Julian Albert” born 16 May 2013.

- Congratulations to **Cristina Blefari** and her husband Matt on the arrival of their first child, a beautiful daughter “Eloise” born 18 June 2013.

- Congratulations to **Michala Short** and family on the arrival of their gorgeous daughter “Lillian Monique” born 13 May 2013.

- **Dr Margarita Tsiros accepting the 2012 Ruth Grant Prize** with Emeritus Professor Ruth Grant.
2013 CHANCELLOR’S AWARDS FOR COMMUNITY ENGAGEMENT

Nominations for the 2013 Chancellor’s Awards for Community Engagement are currently open. An announcement to All Staff has been posted on the Staff Portal however we would be grateful if you could encourage staff in your area to nominate an eligible community engagement project.

A community engagement activity/project must meet all of the following criteria to be accepted as a successful nomination:

- Is an innovative UniSA project
- Extends the university’s core values
- Promotes the social, environmental, economic and/or cultural development of a community
- Demonstrates a significant impact with a tangible benefit to the community through its implementation
- Involves a community partnership in its planning, implementation and evaluation
- Provides a mutual benefit to UniSA and the partner/community.

In 2013, awards may be presented in the following categories:

- Best collaborations for engaging with disengaged communities *
- Best collaborations for increasing/widening participation outcomes
- Best collaborations for enhancing the training of graduates for the professions **
- Best collaborations on improving the community engagement experience for students

*disengagement can be due to any one of a range of factors including economic, social, physical, cultural or geographic situations. ** these should relate to activities that extend beyond the prerequisite professional placement in some academic courses.

The Chancellor’s Awards provide an opportunity:

- to celebrate and recognise the value of staff and student initiatives in partnership with communities that promote the social, environmental, economic and cultural development of communities
- for award winners to receive prize money to continue to expand their community engagement initiative (previous awards have been in the range of $1000-$7000)
- for staff to further promote their initiative amongst the University and broader community by creating a display about the project at the awards ceremony; possible media presence at the awards ceremony and being included throughout UniSA publications (promoted on university LCD screens, in an Announcement to All Staff, coverage in UniSANews)

Nominations for the 2013 Awards are due by Friday 19 July 2013.

For information about the awards and to access the nomination form, visit the Chancellor’s Awards for Community Engagement website or contact Juliet Mazzone.
Unisa Teaching Awards

Academic and professional staff are advised that materials for Unisa's competitive, evidence-based teaching awards are required to be submitted to: teaching.awards.grants@unisa.edu.au by 9:00am Monday, 9 September 2013.

Award categories are –

(1) Unisa Citations for Outstanding Contributions to Student Learning
(2) Unisa Awards for Teaching Excellence
(3) Unisa Awards for Programs that Enhance Learning and
(4) Unisa Indigenous Education Teaching Awards.

For further information contact Dr Gavin Sanderson, Senior Lecturer, Teaching Excellence and Innovation. Gavin can provide advice and assistance, including arranging mentoring by previously successful Unisa (and national) teaching award recipients. Interested staff are also encouraged to contact and seek advice from their Divisional Dean: Teaching and Learning or equivalent, as well as staff from the LTU's academic development team.

OT to OT
Hugh Stewart

The staff from the OT program have begun a series of information sessions about the course content of the OT program aimed at OT clinicians. The sessions are called ‘OT to OT’ are held at Underdale in the Hawke Building on the third Tuesday of each month. The first session last month was delivered by Dr Mandy Stanley on the research outcomes and opportunities within our program. If you are interested in attending the ‘OT to OT’ sessions please contact Hugh Stewart 83022702 or hugh.stewart@unisa.edu.au.
RESEARCH NEWS

RESEARCH JOB OPPORTUNITIES
Susan Hillier

Researchers with loads of interesting projects and tasks sitting waiting to be done: We invite you to submit research job opportunities using the template available from the research section of the School sharepoint site. Please ensure your jobs are clear and achievable with timeframes, skills, expectations and deliverables. Consider posting larger projects (such as honours projects that have not been taken up) as well as smaller tasks.

Academic staff with 40% research load itching for something to get their teeth into: We invite you to regularly visit the “job opportunities” section of the sharepoint site. You can establish an alert to see when things are added to the site (see screenshot below). Please consider the available opportunities and contact the researcher directly for more information and to register your interest in the job.

Performance managers be prepared for happy, productive staff.
Any queries contact Susan Hillier ext 22544.

School Research Management Committee

The first meeting of the newly reformed SRMC will be held on Tuesday 9th July at 3pm. All papers will be available in the Governance section of the School Sharepoint site. Thank you to all staff who nominated – it was sad to have to say “no thank you” to people who would be incredibly valuable. The current committee consists of representatives from all staffing groups: Professor Jon Buckley and Professor Lorimer Moseley (Research Leadership Group); Dr Dominic Thewlis, Gisela Van Kessel and Dr Caroline Adams (Level A/B); Dr Grant Tomkinson and Professor Tim Olds (Level C-E); Dr Coralie English and Dr Lucy Lewis (post docs); Dr Mandy Stanley (Honours Representative); Dr Ali Coates (Ethics Advisor), plus our two School HDR reps Ryan Causby and Amanda Richardson. The committee will be chaired by Associate Head: Research (Associate Professor Susan Hillier) and the Executive Officer will be Deb Williams.
PhD GRADUATES

Congratulations to the following PhD graduands who had their degrees conferred at the June meeting of the University Council:

Dr Rachel Wong – Effects of bioactive nutrient supplementation on cardiovascular biomarkers and cognitive function. Supervisors: Professor Peter Howe, Dr Narelle Berry, Dr Alison Coates, Associate Professor Janet Bryan.

Dr Natasha Schranz – Can resistance training change the strength, body composition and self-concept of overweight and obese adolescent males? A randomised controlled trial. Supervisors: Professor Tim Olds, Dr Grant Tomkinson, Dr Natalie Parletta.

SCHOOL ‘FIRST-PUBLICATION’ SCHEME

Congratulations to the following students for their first lead-authored publications –


SCHOOL STUDENT PUBLICATION INCENTIVE SCHEME

Congratulations to Sarah Wallwork, who was recently awarded a payment under the School Student Publication Incentive Scheme for her publication “Are people who do yoga any better at a motor imagery task than those who do not?” which was published in the British Journal of Sports Medicine.

2013 YOUNG INVESTIGATOR AWARD (YIA)

Applications are now open for the 2013 Young Investigator Award.

Now in its 14th year, the Young Investigator Award recognises excellence in South Australia’s young researchers in both science and their ability to communicate and sell that science. The YIA provides an ideal forum for promoting media interest in the diverse research being carried out at various institutions and in the high quality investigators performing research into women's, children's or young people's health issues. The Award is an initiative of the Women’s and Children’s Health Network and the Faculty of Health Sciences, University of Adelaide. The University of South Australia, Flinders University and the Women's and Children's Health Research Institute are also partners in the Award.

The Women's and Children's Hospital Foundation is proud to be the major sponsor of the Young Investigator Award. For more information, including the eligibility criteria and application information, please go to the WCH Foundation website at www.wchfoundation.org.au. If you know someone who may be interested in applying, please pass this e-mail on to them.

The closing date for applications is Monday 15 July 2013 at 4 pm.

NB: The application criteria have changed and should be carefully reviewed to determine eligibility and the specifics before applying.

Further queries can be directed to Dr Andrea Averis, Chairperson of the YIA Committee, at andrea.averis@health.sa.gov.au
SHOWCASE: PHD AND HONOURS RESEARCH

PREVALENCE OF SYMPTOMATIC FLEXIBLE PES PLANUS WITHIN CLIENTS OF THE UNIVERSITY OF SOUTH AUSTRALIA’S PODIATRY BIOMECHANICS CLINIC

Helen Banwell (PhD Candidate)

Pes planus (flat feet), historically, was considered such a hindrance to lower limb function that it excluded people from military service during both world wars. Today there is a broader understanding of this common foot condition with an acceptance that pes planus can be: rigid or flexible with the flexible form presenting as: painful or non-painful, functional or non-functional. The rigid condition continues to be considered a true deformity and generally requires surgical intervention (and it still excludes people from military service here in Australia). The flexible form of pes planus is not as clearly understood with prevalence, prognosis and intervention pathways remaining predominantly unknown, unclear and controversial. Informed opinion suggests that when flexible pes planus is painful and/or non-functional, it can be considered symptomatic and intervention may be required.

To determine: the prevalence rate, common reasons why people seek podiatric intervention and current practice habits for intervention/s for symptomatic flexible pes planus (SFPP), a clinical audit of the University of South Australia’s biomechanical clinic was undertaken. The University of South Australia’s podiatry clinic is the largest dedicated podiatric biomechanical assessment and management clinic (biomechanics clinic) within South Australia. The clinical audit included all clients 18 years or older that attended the dedicated biomechanics clinic during 2010.

For 2010 the clinic offered 804 appointments with 857 appointments used (106% capacity) involving 223 included clients in total. Of these, 112 were identified as pes planus, one of which was diagnosed as rigid. This equates to a prevalence rate for SFPP of 49% within this clinical setting.

The reasons the pes planus people sought podiatric consult are detail in Figure 1.

![Bar chart showing presenting reasons for SFPP clients of the University of South Australia’s podiatry clinic 2010.](image-url)

Having existing orthoses (that required review or replacement) was the most common reason people sought consult. Foot pain (combined ankle, forefoot, heel, midfoot and non-specified pain) accounted for the majority of the pain related reasons (56%). Overall, 69% of the pes planus clients reported some form of lower limb pain. The intervention pathways are detailed in figure 2.
Custom made foot orthoses (FOs) were the most common primary treatment option (~59%) with foot wear advice being the second (21%). Of the custom made FOs dispensed to the SFPP, several prescription options have been identified as common to the foot type. These outcomes will inform the next stage of this PhD where individually prescribed FOs will be tested for changes in energy cost and function in pes planus clients.

A few interesting outcomes from this audit included: less than 10% of pes planus clients identified themselves as ‘flat footed’; the non pes planus clients also reported pain as the most common presenting reason but around 10% less than their pes planus counterparts; women are far more likely to seek consult for foot problems (2:1 females to males) but are also more likely to be older when doing so (~10 years).

From the audit there were several ‘bolstering outcomes’ for the clinics service. One is that the demand for this clinic (continually) exceeds supply and that ~30% of the clients were seeking a review (or replacement) of their current orthoses. This suggests that, from the clients’ perspective, both the clinic and the orthoses were considered a success.
RESEARCH GRANTS / FUNDING

Congratulations to Dr Carol Maher who has been awarded one of two Research Catalyst Grants from the SA Premier’s Research and Industry Fund for $30,000 to develop a social-network based physical activity intervention to improve health and wellbeing in inactive adults. Carol will be working with software developers at Portal Australia, and collaborating with the National Heart Foundation and Country Health SA.

IRT FOUNDATION

The IRT Research Foundation funds research initiatives that seek to improve the mind, mobility and lifestyles of senior Australians, and that will assist older people achieve their optimum quality of life.

The priority for the 2013 Grants Round is research proposals that address one or more of the 30 research priority topics listed in the National Community Care Research Agenda, 2010[available on request from the BDU team] developed by Aged and Community Services Australia, the Australian Association of Gerontology and the ARC/NHMRC Research Network in Ageing Well.

Applications for grants are invited from Australian researchers and institutions with expertise on topics affecting older people in Australia. Small grants of up to $50,000 (excluding GST) will be considered for projects of one year’s duration. The IRT Research Foundation will consider applications for projects of up to three years duration requesting total funding up to $300,000 (excluding GST). Only one or two larger grants will be considered, for significant research projects that will make a considerable impact on the lives of older people.

Grant funding may be used for the following purposes:

- Direct research expenses attributable to the proposed research, which may include the salary of appropriate research personnel. The primary investigator may use the award to cover up to 50% of his/her own salary.
- Equipment necessary for the proposed research.
- Other purposes described in the proposal at the discretion of the Foundation.

Grant payments will be made to the institution of the Primary Investigator (the ‘administering institution’), which will usually be a university.

Applications close on 28 June 2013 with notification of successful and unsuccessful applicants being early September.

MENTAL HEALTH OF YOUNG AUSTRALIANS 0-25 YEARS RESEARCH PROJECT GRANTS

Australian Rotary Health invites applications from individuals or research teams in clinical or public health fields for grants in support of research projects.

Australian Rotary Health is a multi-district project for Rotary in Australia, with over 1,150 Rotary Clubs and 38,000 Rotarians supporting it. Australian Rotary Health has channelled more than $26 million into Australian research projects over its 30 year history. Australian Rotary Health will allocate around $3 million in medical research grants and scholarships by the end of 2011. Since its inception, Australian Rotary Health’s emphasis has been on community health with its current emphasis on Mental Health.

It is estimated that mental health problems and mental illness will affect more than 20 per cent of the adult population in their lifetime and between 10-15 per cent of young people in any one year. Many will recover spontaneously and, of the remainder, the vast majority can be treated and will recover fully. However, a smaller number will experience longer periods of distress and disability.

Myths, misunderstanding, negative attitudes and stereotypes surround the issue of mental illness. The prevalence and severity of mental illness imposes severe distress on individuals and their carers and is a major financial burden on families and the community.
Principal Goals of Australian Rotary Health

- To encourage, promote, stimulate and aid medical and health research in Australia
- To co-ordinate and manage Rotary health initiatives and community health projects
- To promote, encourage and stimulate public interest in the prevention and treatment of ill health in Australia

Applications should include a “time line” with clear milestones. Research grants may be 1, 2 or 3 years depending on your needs, the total budget for one year of funding must not exceed $70,000 + GST.

The closing date for applications is 9th August 2013

THE HCF HEALTH AND MEDICAL RESEARCH FOUNDATION - EOI

The HCF Research Foundation is seeking Expressions of Interest from research teams interested in funding for health services research to begin in January 2014 that will improve the quality, safety and value of health care in Australia. EOI’s are invited for projects aimed at extending or implementing evidence based medicine for reducing unplanned and/or unwarranted variation in hospital care:

- Decision aids for patients and clinicians.
- Clinical appropriateness indicators for high volume and/or high cost procedures that result in significant financial burden to the health system.
- Strategies to reduce the use of practices with limited evidence based benefits.
- Understanding, and influencing if appropriate, variation in:
  - Transfer rates to other health services such as rehabilitation or hospital in the home type care.
  - How devices, procedures, diagnosis tests and other resources are selected by clinicians.

Applications involving collaborations between investigators from a range of backgrounds, especially including career researchers, practicing clinicians, policy makers, and the private sector, will be given priority.

Applications will be assessed on scientific merit as well their ability to affect meaningful change to health services provision. In previous years the grant amounts have varied between AU$50,000 and AU$1,400,000.

The closing date for Expressions of Interest is 30th July 2013.

HEART FOUNDATION PARTNERSHIP ENGAGEMENT GRANTS

The Heart Foundation is an independent, Australia-wide, not-for-profit health organisation, funded almost entirely by donations from the Australian public.

Our purpose is to reduce premature death and suffering from heart, stroke and blood vessel disease in Australia.

The Heart Foundation offers awards to fund research which is conducted primarily in Australia and is engaged in research related to cardiovascular health.

Applications are now open for round 2 Heart Foundation Partnership Engagement Grants and close on Friday 16 August 2013.

This award provides a mechanism by which researchers can approach the Heart Foundation Research Program with proposals for the Heart Foundation to contribute to partnership grant applications to other funding agencies. Although this scheme is predominantly aimed at NHMRC Partnerships for Better Health Projects (Partnership Projects) and ARC Linkage Projects, other partnership grant types will be considered.

The Partnership Engagement Grant uses Heart Foundation funds to leverage significant additional funding from other sources and support large-scale cardiovascular research projects through partnerships with researchers.

The awards provide financial, reputational and in-kind support for quality, large-scale cardiovascular research applications for funding from other funding sources.

Eligibility criteria: Open to all researchers with cardiovascular research projects of interest to the Heart Foundation. Duration: Up-front one-off funding support (project may be multi-year).
In each of 2013 and 2014, $500,000 has been made available for Partnership Engagement Grants, and the amount available for applicants at any time, will be this amount, less any amounts already committed at the time of application.

Amount available for funding commencing 2013 - $200,000
Amount available for funding commencing 2014 - $350,000

For further information please contact Senior Business Development Manager Bruce Chadwick on Ext 22333 or bruce.chadwick@unisa.edu.au
PUBLICATIONS BY STAFF AND STUDENTS

1. **Boshoff, K., Stewart, H.** 2013 Key principles for confronting the challenges of collaboration in educational settings. *Australian Occupational Therapy Journal.*
   5 year IF NA; 2 year IF = 0.67  
   [Abstract](#)

   5 year IF = 2.59; 2 year IF = 1.86 34/84 Sports Sciences  
   [Abstract](#)

   5 year IF = 2.63; 2 year IF = 2.49  
   [Abstract](#)

   5 year IF = 0.523; 2 year IF = 0.265; 78/84 Sports Sciences  
   [Abstract](#)

   5 year = 2.623; 2 year IF = 2.076; 60/158 Public, Environmental & Occupational Health  
   [Abstract](#)

   5 year IF = 2.11; 2 year IF = 1.88  
   [Abstract](#)

   5 year = 4.742; 2 year IF = 4.284; 9/74 Nutrition & Dietetics  
   [Abstract](#)

   [Abstract](#)

   5 year IF = 4.156; 2 year IF = 3.484 7/84 in Sport Sciences  
   [Abstract](#)

   5 year IF = 1.340; 2 year IF = 1.146 48/84 in Sport Sciences  
   [Abstract](#)

   5 year IF = 1.279; 2 year IF = 0.885; 42/86 Entomology

   [Abstract](#)


   5 year = 5.770; 2 year IF = 5.155; 1/85 Sports Sciences

   [Abstract](#)


   5 year = 5.331; 2 year IF = 4.475; 3/85 Sport Sciences

   [Abstract](#)

14. **Thomson, R., Spedding, S., Brinkworth, G., Noakes, M., Buckley, J.** 2013. Seasonal effects on vitamin D status influence outcomes of lifestyle intervention in overweight obese women with polycystic ovary syndrome. *Fertility and Sterility.*

   5 year IF = 3.95; 2 year IF = 3.77


   5 year IF = 2.77; 2 year IF = 3.03 8/85 Sport Sciences

   [Abstract](#)


   5 year = not available; 2 year IF = not available; not listed in ISI

   [Abstract](#)
PRESENTATIONS / UPCOMING CONFERENCES

- **Dr Kade Davison** travelled to Wollongong to chair two sessions at the Exercise and Sports Science Australia Biennial Business Forum and consult with members on proposed changes to the membership and accreditation structure of ESSA. Highlights of the meeting were invited presentations by UniSA Human Movement alumni Dr Nathan Harten of iNform Health and Fitness Solutions in Adelaide and Ms Kia Naylor of Bodyfit NT, in Darwin. Kia’s multidisciplinary allied health practice in Darwin was voted ESSA’s national EP practice of the year in 2010 and 2011. Both presentations were very well attended and received by delegates.

- **Claire Baldwin** has been invited to present at the at the 2013 Australian Physiotherapy Association Cardiorespiratory group pre-conference workshop in October 2013, ‘Getting your sick patients fit’, on the topic of ‘Measuring outcomes in the acute setting’.

- **Dr Mandy Stanley** attended a book launch on 24 May as part of Volunteer Week. The book is Positive Ageing: Think Volunteering edited by Louise Rogers and Joy Noble in which Mandy has a chapter titled “Maintain one’s health and wellbeing”.

- **Professor Jon Buckley** presented at the Heart Foundation National Conference 2013 (Adelaide) 16 - 18 May 2013. Presentation titled Improved vitamin D status associated with greater improvements in CVD risk factors following a lifestyle intervention in overweight/obese women with polycystic ovary syndrome

- **Dr Carol Maher** and Judy Sprod (PhD Candidate) made a keynote presentation at the Active Ageing Australia Forum in Adelaide entitled ‘Life after work: how does it look, and what are the opportunities for physical activity promotion?’ on the 15th May. Mrs Sprod discussed the history and definitions of retirement and outlined the early findings of the research project and Dr Maher discussed activity patterns of adults at different ages and useful strategies for people approaching retirement.

- **Amanda Richardson** (PhD Candidate) will be giving her first official presenting for her PhD at the Higher Education Research and Development Society of Australasia (HERDSA) conference in Auckland from the 1st to the 4th of July. Amanda’s conference abstract is titled ‘Now I’m here, what should I do?’ and examines student use of time during their transition to university.

CONFERENCE PAPERS


- **Gomersall, S.J., Maher, C., English, C., Rowlands, A.V., Olds, T.S.** So you’ve increased physical activity – but what had to give? Improving the context of activity monitoring by combining objective measures with measures of use-of-time. 3rd International Conference on Ambulatory Monitoring of Physical Activity and Movement Amherst, Massachusetts, USA, June 2013.
HUMAN RESOURCES UPDATE

Michelle Theeuf

In 2012 the HR team introduced a centralised email address (HRinHealth@unisa.edu.au) to manage staff enquiries and monitor response rates. The centralised email has proven an effective way to ensure enquiries are responded to in a more timely manner and unnecessary delays are avoided, for example due to individual workload or absence.

Effective from Monday 3 June 2013, the HR team will be introducing a centralised phone number (8302 1818) and from that date we would like to encourage all staff to contact the HR team via the centralised email address or phone number in the first instance.

I am writing to request that you forward the email below to all staff in your School to encourage them to contact HR via the centralised contact points. If you have capacity to include the information below in your School newsletter it would also be appreciated.

While Heads of School and School Managers are welcome to utilise the centralised contact points for general matters, I encourage you to direct any confidential/sensitive matters (e.g. case management, performance management, injury/illness) to me or a Senior Consultant in the first instance. All recruitment queries should be forwarded to Emma Clarke in the first instance.

The HR team will be reviewing the centralised model and monitoring response rates on a regular basis.

Thank you for your assistance and we look forward to your feedback.

LIBRARY NEWS

Cathy Mahar

Alumni

The Library in collaboration with the Alumni Office is offering free Library Membership to the end of December 2014 to encourage newly graduated students to join the Alumni. The Alumni Network Card now includes a barcode enabling Alumni to borrow from the Library without having to approach staff at the Service Desk. The barcode also enables them to access selected databases from anywhere in the world without the need for obtaining individual usernames and passwords from Library Staff. Alumni records are now being downloaded directly from the Alumni database into the Library Integrated Management System on a regular basis to ensure seamless access for all Alumni.

ResearcherID Profile Creation

The Library, in collaboration with Thomson Reuters, has created ResearcherID accounts for over 1500 staff, adding to the existing 560 profiles under the University of South Australia affiliation. Staff can update their profile, add their whole of career publications, and create a ResearcherID badge for their staff home page. ResearcherID is a free, online community where authors receive a unique identifier to eliminate author misidentification, increase recognition of an author’s work and facilitate global collaboration among researchers. ResearcherID uses Web of Science citation data, however staff have the option of making their metrics visible or private. For more information, or assistance in managing your profile or adding publications, please contact the Academic Library Services Team.

Journals

Accessible via the Library Catalogue, this collection from the ScienceDirect Free and Delayed Access Titles Collection gives access to a number of titles previously unavailable, including:

- **Annals of Physical and Rehabilitation Medicine** - All issues from 1995 until 12 months prior to current date
- **Archives of Cardiovascular Diseases** - All issues from 2008 until 12 months prior to current date
- **Biophysical Journal** - All issues from 1960 until 12 months prior to current date
- **Chemistry & Biology**
- **Clinical Radiology Extra**
- **Food Science and Human Wellness**
• International Journal of Diabetes Mellitus
• International Journal of Gastronomy and Food Science
• Journal of Medical Hypotheses and Ideas
• Journal of Sport and Health Science
• Molecular Metabolism
• Perspectives in Medicine
• Procedia Food Science (Conference proceedings)
• Respiratory Medicine CME

C8-60 MEETING ROOM

Skype has been now been set up on the computer in the C8-60 meeting room.

To use this facility you will need to have a Skype account and to book the webcam through the Central Store.

2013 CHRISTMAS / NEW YEAR ACCUMULATED TIME OFF

Clause 75.2 of the University of South Australia’s Enterprise Agreement 2011 provides all staff working 37.5 hours per week with the ability to accrue four (4) days accumulated time off with pay during the Christmas/New Year period on days which are not public holidays.

In 2013, the following days will be allocated as ‘Accumulated Time Off’ with the last working day for staff being Monday 23 December 2013.

<table>
<thead>
<tr>
<th>Date</th>
<th>Official Last Working Day for 2013</th>
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<tbody>
<tr>
<td>Monday 23 December 2013</td>
<td>1. Accumulated Time-Off</td>
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<tr>
<td>Tuesday 24 December 2013</td>
<td>Public Holiday (Christmas Day)</td>
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<td>Wednesday 25 December 2013</td>
<td>Public Holiday (Proclamation Day)</td>
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<td>Thursday 26 December 2013</td>
<td>1. Accumulated Time-Off</td>
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<td>Friday 27 December 2013</td>
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<td>Saturday 28 December 2013</td>
<td>Return to work</td>
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<td>Monday 30 December 2013</td>
<td>1. Accumulated Time-Off</td>
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<tr>
<td>Tuesday 31 December 2013</td>
<td>1. Accumulated Time-Off</td>
</tr>
<tr>
<td>Wednesday 1 January 2014</td>
<td>Public Holiday (New Years Day)</td>
</tr>
<tr>
<td>Thursday 2 January 2014</td>
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For further details and other conditions associated with accumulated time off, please refer to your local Human Resources Officer and the University’s Managing Accumulated Time Off for Working 37.5 Hour Week Procedure.
STUDENT NEWS

CITY OF WEST TORRENS MAX AND BETTE MENDELSON SCHOLARSHIP


Congratulations to Alexandra Stewart (Bachelor Physiotherapy) on receiving a City of West Torrens Max & Bette Mendelson Foundation Undergraduate Scholarship

Scholarship Background Information: Available to full-time undergraduate students who, at the time of enrolment or re-enrolment, have been resident in the City of West Torrens for a minimum of five years prior to application closing date and are Australian citizens. The scholarships will be awarded for a one year period to the commencing student with the highest entrance score and the re-enrolling student with the best academic performance during the previous year. The value of the scholarship is determined by the West Torrens City Council.

Scholarship presentation ceremony was held Friday 31st May 2013 at City of West Torrens City Council.

unijam PARTY CITY EAST

A few photos capturing the party atmosphere for unijam (29-30 May 2013)