Hi Everyone

Recent Appointments
Yet again, it’s been a busy time with interviews and the recruitment process. Congratulations and welcome to the following who have been appointed in the last few weeks to commence in January 2013. Dr Michelle McDonnell (Lecturer Physiotherapy: Rehabilitation FTE 0.7); Claire Baldwin (Lecturer Physiotherapy: Acute Care FTE 0.7) and Dr Ashleigh Smith (Post-Doctoral Research Fellow FTE 0.6, Exercise, Health and Human Performance Research Group).

Appointments in Process
We are currently advertising for the full time Lecturer in Clinical Exercise Physiology, shortlisting and interviews for which will be in February 2013. Interviews for a 12 month post in Occupational Therapy have taken place this week (to cover for Sarah Seekamp’s maternity leave). With the introduction of the new Bachelor of Clinical Exercise Physiology program in 2013, it has become unsustainable to have one Program Director (currently Dr Maarten Immink) manage the demands of three separate programs, i.e., Human Movement, the Graduate Diploma in Clinical Exercise Science, and Clinical Exercise Physiology. I have therefore called for Expressions of Interest in the Program Director: Human Movement role, to commence in early 2013. As Dr Immink has been involved in the development of the new Bachelor of Clinical Exercise Physiology program (including the accreditation process), he will continue as the director for this program and the Graduate Diploma in Clinical Exercise Science.

Staff Movements
After chairing the School of Health Sciences Honours Programs Group since its inception in mid-2011, Dr Alison Coates will be stepping aside as Chair of this committee at the end of the year. Under Alison’s leadership, the committee has worked hard to improve the Honours programs across the School, both the stand-alone Divisional Honours program and the ‘with Honours’ programs. Along with sharing resources and streamlining processes, the committee has worked on a number of projects aimed at enhancing the ‘Honours experience’ for students. Alison has devoted many hours to achieving these outcomes, and we extend our sincere thanks for her hard work! Early in the New Year, Associate Professor Susan Hillier (Associate Head of School: Research) will be chairing a working group to further review the Divisional Honours Program, which will include Dr Alison Coates (PD: Divisional Honours), Associate Professor Pat Buckley (Dean of Research), Associate Professor Kerry Thoirs (Associate Head of School: Academic), Professor Esther May (Dean: Clinical Education) and HOS-nominated representatives from the Schools of Nursing and Midwifery and Pharmacy and Medical Sciences. The aim is to have some clear recommendations from this group by May 2013, for implementation as soon as possible thereafter.

Welcome back to Wendy Barber, who returns after a long period of illness to resume her role as the Program Director for Medical Sonography for 2013. Very special thanks to Teresa Cross who has done an excellent job as the acting Program Director for the last 6 months, whilst carrying a full teaching load. Thanks and well done Teresa! Thanks also to Dr Sara Jones for acting as Head of School when I have been away, and during the time I am on leave in January 2013.

Promotions
Congratulations to the following five staff who have been promoted in the last few weeks. This is an excellent outcome for the School. Well done to all.

Level E (Professor)
Professor Jon Buckley (Human Movement)

Level D (Associate Professor)
Associate Professor Jim Dollman (Human Movement)
Level C (Senior Lecturer/Senior Research Fellow)
Dr Ian Edwards (Senior Lecturer: Physiotherapy)
Dr Coralie English (Senior Lecturer: Physiotherapy)
Dr Catherine Paquet (Senior Research Fellow: Social Epidemiology and Evaluation Research Group)

2012 ERA Success for Human Movement and Sports Science
Among the outstanding results for the second nation-wide Excellence in Research for Australia (ERA) assessment, in which UniSA has improved its performance across the board with more than 86 per cent of the research assessed being classified as world standard or above, Human Movement and Sports Science research at UniSA has recorded an outstanding success. The overall quality rating has increased from 2 (awarded in the ERA 2010 exercise) to a 4 ...“profile characterised by evidence of performance above world standard...” in the 2012 audit. Of the 26 Universities which were assessed in this area, Human Movement and Sports Science at UniSA is one of only seven which has increased its ERA rating and is the only University to have increased from a rating of 2 to 4. This places Human Movement and Sports Science research at UniSA among the best in the world. This leap in profile lays a firm foundation for an ERA 5 in 2015!

Contributions to the HLS Newsletter
Thanks again for all your contributions to the Newsletter. It’s been a great 2012 with notable successes in research, teaching and community engagement. I think we have captured much of this in the 2012 series of Newsletters, which circulated to all students and staff in Health Sciences and to selected UniSA staff and external stakeholders. It is also available to the general public on the ‘On the Pulse’ website. News about research, national appointments, community engagements, awards, achievements and sporting endeavours, etc., are welcomed, so please continue to keep Kylie Fogarty (kylie.fogarty@unisa.edu.au) informed of all your news. I hope you enjoy this Newsletter!

Have a great Christmas break
Before I sign off, I wish to thank you all for making 2012 such a successful year. It’s been great working with you all and I look forward to sharing further successes in 2013.

Best Wishes and Happy Holidays 😊

Roger Eston
Professor and Head of School
DID YOU KNOW?

'The story behind why you need eight glasses of water a day'

Science Online (20 November 2012)

Associate Professor Susan Hillier

Smile it’s good for you! (see previous Newsletter for evidence)

Who hides in the bakery at Christmas? A mince spy!

What do you get when you cross a snowman with a vampire? Frostbite!

Why was Santa’s little helper depressed? Because he had low elf-esteem!
STAFF NEWS AND APPOINTMENTS

- Congratulations to Dr Steve Milanese on winning the Student Nominated Excellent Educator Award 2012 in the School of Health Sciences. This award was introduced in 2010 to give students the opportunity to nominate academic staff whom they thought demonstrated innovation in teaching, engagement with students and enhancement of the student learning experience.

- Congratulations to Dr Janette Young on her recent appointment as President of the Australian Health Promotion Association (SA Branch).

- Congratulations to Dr Rebecca Thomson who has been appointed Treasurer of the Nutrition Society of Australia Adelaide Committee.

- As part of World Teacher’s Day (26 October 2012), congratulations to Scott Polley who was awarded for services to Outdoor Education for 21 years, and received the award along with teachers and professionals from a range of Educational fields at the Education Development Centre. Scott received the award from the Minister of Education and Child Development the Honorable Grace Portolesi.

- Congratulations to Dr Angela Berndt, Dr Julie Luker, Dr Ben Sellar and Dr Katia Ferrar – who have each had their PhDs conferred in the last month. Well done to all of you!

TEACHING AND LEARNING

SPORT SCIENCE CADETSHIPS 2012/2013

Adam Hewitt

Through our close links with Port Adelaide Football Club, Adelaide Football Club and Adelaide United Football club we have recently appointed 10 3rd year Human Movement students to be involved in the cadetship program. The aim of the cadetship program is to provide hands-on experience to 3rd year Human Movement students interested in pursuing a career in applied sport science. The students work closely with fitness and sport science staff at each of the clubs and gain invaluable experience applying the skills from their undergraduate learning. This program continues to grow and so far we have had some great success stories with 3 previous cadets going on to enrol in the Divisional Honours program (1 of these gaining a PhD position interstate). One of the ex-cadets has a full time position with AFC and a further 2 are being employed part time at AFC.

We are also hoping to announce further opportunities early in the New Year to provide placement opportunities in elite sport science settings.

Port Adelaide Football Club
Stuart Gollan
Rhiannon Creaser
Adrian Polisena

Adelaide Football Club
Harrison Gill
Max Phillips
Thomas Alder
Alex Saliu

Adelaide United Football Club
Stephanie Simeone
Matthew Rogers
Latham Byfield
VERT - SCOPE- HEALTH SCIENCE

_Eileen Giles_

Earlier this year, Channel 10 sent a film crew to do a story on VERT for their ‘Health Science’ episode on SCOPE (a science show aimed at school aged children).

The story went to air last Thursday, 6 December 2012 and captured our 3D immersive training facility from the perspective of 3D training of health professionals.

It is a good example of how our equipment is used for teaching about the human body.

To view the SCOPE Health segment follow this link, select segment 2 of 3 of Health on right hand side and fast forward to 5.25 minutes into the episode. There are a couple of advertisements at the start, just need a little patience.


MEDICAL RADIATION NEWS

Please take the time to read what is happening in the world of Medical Radiation. Great newsletter from _Teresa Cross_ and _Trenna Albrecht_.  _2012 Med Rad Uni News._
COMMUNITY ART PROJECT - TREE OF TIME (CHILDREN’S CENTRE FOR EARLY CHILDHOOD DEVELOPMENT AND PARENTING)

Emma George

Occupational Therapy Students on placement consulted with families, children and staff at the centre and the broader community to identify the strengths and needs of families as they moved into the new purpose built Children’s Centre. Participants worked together to design the front entrance of the new building to help create a sense of belonging and ownership for families and staff utilizing the centre. Designs were created and voted on by the community and an Insect Garden Design was chosen, from here the centre spoke with local council and community artist Connie Giacoumis to design and create a handmade ceramic wall mural. Workshops were held with children and community members to create their art work for the mural “tree of time” Children from the centre participated with parent and staff support to create the leaves for the tree that is representational of his or her hand and own personality.

Minister of Education and Child Development the Honorable Grace Portolesi at the launch of the community mural.

Sue O’Brien (Community Development Officer at the O’Sullivan’s Beach Children Centre for Early Childhood Development and Parenting) and Emma George.
CELEBRATION OF TEACHING LUNCH 2012

Dr Grant Tomkinson and Mr John Petkov

Ms Teresa Cross, Mrs Eileen Giles, Dr Diana Gentilcore and Mr Brad Stenner

Mr Mark Jones, Mr Michael Gordon and Ms Gisela Van Kessel
**RESEARCH NEWS**

- Congratulations to PhD candidate, **Ms Sjaan Gomersall** with the Health and Use of Time (HUT) Research Group who has been successful in her application for a 3 year post-doctoral research fellowship with the Centre for Research on Exercise, Physical Activity and Health, directed by Professor Wendy Brown, at the University of Queensland. The position is due to start in April 2013 following Sjaan’s PhD submission in March.

- Congratulations to PhD candidates **Ms Louise Wiles, Ms Rebecca Stanley** and **Mrs Natasha Schranz** from the HUT Research Group for the submission of their theses for examination. Well done!

- Congratulations to **Rachel Wong** (PhD Candidate) who won the award for Best Student Oral Presentation at the Nutrition Society of Australia 2012 Annual Scientific Meeting at Wollongong, 27 -30 November 2012. Rachel was also awarded a Student Travel Grant from the Society worth $150.

- Congratulations to **Lucylynn Lizarondo**, who was recently awarded a payment under the School Student Publication Incentive Scheme for her publication “*Does journal club membership improve research evidence uptake in different allied health disciplines: a pre-post study*”. This paper was accepted for publication in BMC Research Notes.
Congratulations to John Arnold, who was recently awarded three payments under the School Student Publication Incentive Scheme for his publications:

- Repeatability of stance phase kinematics from a multi-segment foot model in people aged 50 years and older (Published in Gait and Posture);
- Quantifying foot kinematics inside athletic footwear: a review (Published in Footwear Science);
- Does the method of component fixation influence clinical outcomes after total knee replacement? A systematic literature review” (Published in Journal of Arthroplasty);

RESEARCH GRANTS / FUNDING

- **Dr Diana Gentilcore.** The potential role of low-intensity exercise in reducing postprandial hypotension and preventing falls in the elderly. RM Gibson Scientific Research Fund, Australian Assoc Gerontology. **$7,930.**

- **Associate Professor Lorraine Sheppard and Sophie Lefmann.** NDIS implementation from the perspective of parents/carer, those with disabilities and service providers in paediatric physiotherapy. The Practical Design Fund, National Disability Insurance Scheme. **$197,282.**

- **Professor Tim Olds** is a Chief Investigator on a project funded by NHMRC based at Murdoch’s Children’s Research Institute, Victoria. Project details - Wake, M., Olds, T, Sawyer, M., Dwyer, T., Carlin, J., et al. (2011-2015) Patterns, pathways and price of developing disparities in cardiovascular and respiratory health by age 11-12 years: The Longitudinal Study of Australian Children. **$3,139,269.**

MEDICAL RESEARCH FUNDING

The Ian Potter Foundation has a long-established commitment to supporting innovation and excellence in medical research. Our Medical Research program area aims to advance understanding and improve treatment of major diseases. Grant-making centres on the provision of equipment and capital infrastructure to support outstanding research groups. We also encourage cross-institutional collaborations. Medical Research applications are considered by the Board of Governors once a year. Applications are made via our online application system.

**THEME**
Research into, and treatment of, major diseases.

**FUNDING OBJECTIVES**
- To support major initiatives by leading Australian research institutes
- To support organisations undertaking research into major diseases

*Applications close on 5th February 2013.*

**Health and Disability**
The Health & Disability program area supports programs aimed at improving outcomes for people living with disability and/or illness. The Ian Potter Foundation prioritises funding for innovative programs that enhance the lives of people with disability or chronic illness and/or promote the health of the community. Applications for this program area are considered once a year by the Board of Governors.

**FUNDING OBJECTIVES**
The Foundation will favourably consider proposals that aim to:

- Enhance the lives of individuals with disability or chronic illness, particularly through innovative approaches to health service delivery;
- Promote research and development in public health and preventative medicine initiatives aimed at improving the health of the Australian community.
Applications close on 5th February 2013.

For further information please contact Senior Business Development Manager Bruce Chadwick on 22333 or email: Bruce.Chadwick@unisa.edu.au

PUBLICATIONS BY STAFF AND STUDENTS

   2 Year IF = 2.214, 5 Year IF = 2.526 (Ranking 22/80 Sports Sciences)
   [Abstract]

   2 Year IF = 2.073, 5 Year IF = 2.118, (35/115 Pediatrics)
   [Abstract]

   IF = 1.536, (50/131 Public, Environmental & Occupational Health)
   [Abstract]

   2 Year IF = 1.997, 5 Year IF = 2.518, (60/158 Public, Environmental & Occupational Health)
   [Abstract]

   Impact Factor Not Provided
   [Abstract]

   Impact Factor Not Provided
   [Abstract]

   Impact Factor Not Provided
   [Abstract]

   Impact Factor Not Provided
   [Abstract]

   Impact Factor Not Provided
   [Abstract]

    IF (2011) = 0.500. Not listed in Web of Science
    [Abstract]

**Abstract**

PRESENTATIONS / UPCOMING CONFERENCES

- **Dr Margarita Tsiros** attended the Australasian Child and Adolescent Obesity Research Network (ACAORN) Annual Meeting in Melbourne on the 22nd & 23rd of November 2012. The ACAORN meeting is not a ‘conference’, but was instead established to foster and coordinate research collaboration among Australian and New Zealand child and adolescent obesity research groups, to identify key research questions and seek funding to address them with high quality research. More information about ACAORN can be found on their website [http://www.acaorn.org.au/index.php](http://www.acaorn.org.au/index.php). Membership is by application whereby applicants must hold a PhD, have a significant track record in child obesity research and be recommended for membership by another ACAORN member.

- **Dr Nayana Parange** was invited, along with Dr Shawn Choong from Mercy Hospital Melbourne, as a Technical adviser in the Papua New Guinea Health and Clinical Services program (HECS), conducted an ultrasound workshop in Port Moresby General hospital -University of Paua New Guinea in November. The PNG HECS which is in liaison with the PNG Department of Health, is funded by AusAID and managed by University of Papua New Guinea School of Medicine and Health Sciences (SMHS). This program is designed to provide assistance to training of doctors in their specialist Obstetrics and Gynaecology training, doctors training in Rural Medicine and Emergency Medicine as well as midwives working in remote outreach areas.

- **Associate Professor Susan Hillier** and **Dr Michelle McDonnell** were recently invited as Keynote speakers for Neuraxis, the Inaugural Neurological Physiotherapy Conference at Father Muller Medical College, Mangalore, India, 23-25 November. Susan gave a presentation entitled “Evidence-based stroke rehabilitation” and Michelle spoke on “Driving neuroplasticity in rehabilitation” and together they presented a post-conference workshop on Upper Limb Rehabilitation.

- **Dr Nathan Daniell** from the HUT Research Group delivered two presentations at the 3rd *International Conference and Exhibition on 3D Body Scanning Technologies*, held in Lugano, Switzerland on the 16th and 17th October 2012. The presentations were titled “Which waist girth? An analysis using 3D scanning” and “Volumetric differences in body shape among adults with different BMI values: An analysis using 3D scans“. Authors for both presentations were: **Dr Nathan Daniell, Professor Tim Olds and Dr Grant Tomkinson**.

- **Rebecca Stanley** from the HUT Group was nominated by **Dr Jim Dollman** (UniSA) and Associate Professor Tony Okely (University of Wollongong) to attend the Australasian Child and Adolescent Obesity Research Network (ACAORN) annual meeting held in Melbourne this month to act as an observer. This gave her the opportunity to observe a meeting of researchers in the area of Child and Adolescent obesity who collaborate together to address important issues in the area and devise strategies to address these issues. Rebecca attended the conference with colleagues **Dr Alex Rowlands** and **Dr Margarita Tsiros**.

- **Rachel Wong**, on behalf of Narelle Berry, **Dr Alison Coates, Professor Jon Buckley**, Janet Bryan, Iris Kunz and **Professor Peter Howe**, presented “Chronic resveratrol supplementation improves FMD and cognitive performance in obese adults” at the Nutrition Society of Australia 2012 Annual Scientific Meeting (NSA 2012 ASM) at Wollongong, NSW, 27th – 30th November 2012.

**MENTAL DISORDERS AND PHYSICAL HEALTH: LINKING BODY AND MIND (SYDNEY)**

21 – 23 FEBRUARY 2013

[www.themhs.org](http://www.themhs.org)
SCHOOL ADMINISTRATION

CHANGES TO THE OCCUPATIONAL TRAINEE (SUBCLASS 442) AND THE VISITING ACADEMIC (SUBCLASS 419) VISAS

This notice is for all schools and research centres that invite international students and academics to the University of South Australia to participate in research projects.

The Department of Immigration and Citizenship (DIAC) has recently advised sponsors of the Occupational Trainee Visa (Subclass 442) and the Visiting Academic Visa (Subclass 419) that these visas will no longer exist after 24 November 2012. In its place is the new Training and Research (Subclass 402) visa. This visa has three streams, the two that will apply to the University are:

Occupational Trainee Stream - for people who require structured training to either enhance their skills in their current occupation, area of tertiary study or field of expertise.

Research Stream – enables professional academics to visit Australia on a temporary basis, to observe or participate in an Australian research project.

DIAC has advised that 442 and 419 visa applications not received by the 24 November will not be accepted and the nomination application will also become invalid. Those of you that have pending applications in the system would have noted my emails to visa applicants encouraging them to lodge their applications before the cut-off so that we do not have to commence the process again.

Based on the above information I will not proceed with the lodging any new applications until after the 24 November under the new Training and Research (Subclass 402) visa.

I am currently reviewing the information available on the DIAC’s website. From my brief overview there are no major changes to the Occupational Trainee Stream however the main change to the Research Stream is that we will not be required to lodge a nomination application. If you wish to familiarise yourself with the changes the information is available at http://www.immi.gov.au/visas/temporary-visa/

Over the next two weeks I will be working on amendments to the fact sheets, letter of invitation and email templates to applicants. Once complete I will email you the updates. Should you have any questions during this time please contact me on Ext 22925.

Linda Burlinson
HR Services, Human Resources Unit

FIRST AID OFFICERS

A friendly reminder of the School’s First Aid Officers -

- Ziggy Gniadek – ext 22491 (Playford)
- Denise Matthews – ext 21496 (Centenary)
- Catherine Yandell - ext 22109 (Bonython Jubilee)
- Jim Townsend – ext 21459 (Outdoor Education)
STUDENT NEWS

SCHOOL OF HEALTH SCIENCES CONFERENCE SCHOLARSHIP

*Carolyn Berryman*

Sometimes experiences are just good; easy and joyful. At other times I refer to them as ‘learning experiences’. These usually cause me to reflect on some new shortfall in character or capacity that has come into sharp relief, allowing (or perhaps forcing!) me to grow and reach out of my comfort zone. Here are my reflections on one such experience I had this year when my capacity as a communicator was given room to grow.

In August this year I put some earlier plans my supervisors and I had in motion and dived into the new experience of contributing a poster presentation to a major international conference. The conference was the International Society for the Study of Pain (IASP) 14th World Congress on Pain and it was held in Milan. I had been to IASP conferences before and I had even been to Milan before so they weren’t new experiences. The new experience for me was to get across the results of a small piece of self-generated investigative reporting (if you can call a systematic review that?!) in a meaningful way.

The poster – despite its dire scheduled time of last session on the last day of the conference - attracted the attention of a dozen experts in the field. And although I was told I looked terrified during most of the discussions (out of comfort zone), I relished the chance to validate my approach, talk over the complexities of the study and have some positive and constructive feedback about the context of my work. I found the factors that contributed to facilitating communication were clear presentation of the results via the initial design of the poster and the strength of knowledge you gain when you have done the work. It was a real pleasure to have a spontaneous and interactive conversation with some of the authors I had cited in contrast to the often contrived and formal communication of an oral presentation or publication.

I left the conference with confidence in the direction of my PhD study and a broader understanding of where the content fits in the interdisciplinary world of pain management. It was satisfying to contribute albeit in a small way to a field I have been interested in for over 15 years.

*Jessica Stanhope*

I recently had the opportunity to present a paper “An investigation of the beliefs of university woodwind students regarding playing-related musculoskeletal disorders, using the Health Belief Model” at the 2012 Australian Society for Performing Arts Healthcare (ASPAH) conference in Sydney.

ASPAH is a diverse group involving students, teachers, performers, health and medical professionals and arts administrators working with, or as, musicians, dancers and actors. Despite these differences, as well as the range of topics presented, a number of key similarities emerged, particularly regarding the need for a collaborative approach to healthcare for performing artists.

My presentation was well received and was praised for identifying potential issues to implementing an injury prevention program, prior to developing it. It sparked a lot of discussion with respect to whose responsibility it is to assist students in minimising their risk of injuries, as well as how best to reduce the barriers to change identified in my research. It was also interesting talking to researchers who had not taken this approach and experienced a number of difficulties in trying to implement such a program.

The conference was also a valuable opportunity for networking. The diversity of attendees has meant that I now have contacts with a wide range of skills, and experiences which may be utilised in the future. A number of attendees have also contacted me since the presentation to find out more about our research and future directions, which is very encouraging. Attending and presenting at the conference was a very positive experience, and I strongly recommend that other students take the opportunity to do this.
APPLIED PHYSIOLOGY CONFERENCE - 14th – 16th November 2012 (Hosted by the Victorian Institute of Sport)

Jason Bartram

The annual Applied Physiology Conference provides a forum for the gathering of applied sports scientists from the network of National and State institute and academies of sport (SIS/SAS). This year the event was in Melbourne, hosted by the VIS, and saw an attendance of ~50 sport scientists from around the country.

After completing my honours research this year in conjunction with the Australian Institute of Sport I was lucky enough to both attend and present at the conference, with my attendance supported by a UniSA School of Health Sciences Conference Scholarship.

Although missing the first day, due to university requirements presenting my honours thesis in Adelaide, the remainder of the conference was an invaluable experience and truly a collation of some of the most knowledgeable applied sports scientists from around the country.

Being an Olympic year many of the presentations were focussed around projects leading up to the games, experiences from the games or reviews post the games. Some exciting topics included altitude training, warm-up design, aerodynamics, bioenergetics, course profiling, the Olympic Recovery Centre, haemoglobin mass, blood doping and the biological passport, as well as some comprehensive performance reviews of our Australian Swimming, Cycling and Rowing teams. Amongst all of this I was also able to present my research looking at optimising track cycling race approaches. Presenting to an audience of likeminded sports scientists was truly a great experience and it was a pleasure to be able to share my research and its applications with them.

Time was also spent during the conference generally discussing the direction of sports science services across the national SIS/SAS network. There was a real push towards ensuring that the basic needs of our high performance programs are being met, suggesting that beyond these foundations we can then look to ensure that our programs are exposed to sport science initiatives that are at the forefront of the industry.

Being actively involved in such discussion was indeed priceless, and left me thinking that this is truly the industry that I’d like to remain a part of for the near future. Hopefully the networking opportunities, as well as having the chance to share my own work within such an audience, will help make this a reality.

I would like to again express my thanks to Uni SA for supporting my honours research and likewise my attendance at this conference.

INTERNATIONAL FOOT AND ANKLE BIOMECHANICS CONGRESS – 10th -13th April 2012 (Venue: University of Sydney).

Helen Banwell

In April (2012) I presented a poster on ‘systematic review on the use of foot orthoses in symptomatic pes planus’ at the international foot and ankle biomechanics congress (i-FAB) held in Sydney. i-FAB’s mission is, in part, to enable more effective approaches to researching the foot and ankle, accelerate the ability to address the unique challenges the foot and ankle poses for biomechanics researchers and research users, and foster seamless activities between researchers and research users. This congress involved 62 podium presentations and 30 posters and attracted over 300 national and international registrants.

The congress was a great opportunity for me to present to a broader audience than what would have been reached at a podiatry specific conference. The registrants list included: academics, physicians, podiatrists, surgeons, and health professionals and members of the footwear, insole, surgery and related industries. The congress program was a combination of clinical approaches to foot and ankle biomechanics and research methodology considerations. New technology was also showcased during specific workshops and within the trade display that allowed a better understanding of equipment and tools related to the next phase of my PhD study around energy expenditure measures and management of data.

The abstract of the poster can be found: http://www.jfootankleres.com/content/5/S1/P2
24TH MEETING OF THE INTERNATIONAL SOCIETY OF HYPERTENSION (Sydney)
Rachel Wong

After collecting data for the last two years, I finally had the opportunity to present my work at the 24th Meeting of the International Society of Hypertension – The future of cardiovascular protection in Sydney. I was fortunate enough to be accepted for both an oral and a poster presentation at this meeting where I presented an original paper entitled “Sustained improvement of vasodilator function by resveratrol in obese adults”. The conference abstract was published in the supplement issue of the Journal of Hypertension. This conference was a fantastic opportunity to present my work to an international audience, many whom were experts in the field of hypertension. As many clinicians were unaware of some of the techniques used in clinical research to assess vascular function, the poster session was a great opportunity to explain my research in greater detail, particularly the value of vasoactive nutrients in primary prevention.

Prior to the main meeting, I also seized the opportunity to engage with the new investigators of the society at ISH New Investigator Symposium, held at University of Sydney. The executive editor of The Lancet, Stuart Spencer, gave his professional views and tips on ‘how to write a research paper and get it published in a good medical journal’, which was very valuable to a PhD student at the write-up stage of the candidature. I gained valuable networking experience with other new local and international investigators where we shared our research experiences and culture over lunch breaks and conference dinner.

A young investigator from the symposium who was with the Department of Ophthalmology at the Singapore Eye Research Institute introduced me to other members of her research group at the main meeting. I was then encouraged to attend the plenary session by Prof Tien Yin Wong, Director of the Eye Research Institute, on the use of retinal imaging as a cardiovascular predictive tool in epidemiological studies, a technique which could have add further value to my research. The contacts I have made have been most valuable as the ophthalmology group in Singapore has extended their invitation for me to tour their laboratory when I visit Singapore. This international conference was an excellent opportunity for me to see the research interests of other groups and potentially build valuable professional collaborations in the near future.

IASP WORLD CONGRESS ON PAIN (Milan)
Mark Catley

I recently had the opportunity to present the results of a recent study at the IASP World Congress on Pain in Milan. My poster was entitled ‘How good is the neurophysiology of pain questionnaire? A Rasch analysis of psychometric properties and development of a revised version’. This questionnaire is widely used among pain researches, so the poster generated interest from several research groups who will look to use it in their future studies. Several members from our Body in Mind team were able to attend the conference, so it was a great opportunity to share and reflect on the latest research findings. The conference is the largest pain-dedicated conference and thus brings together the world’s leading experts in pain research and treatment. It spanned five days and provided a dynamic learning environment through the many plenary sessions, interactive workshops and review sessions that were offered. Also, there were in excess of 2000 posters presented, which provided a comprehensive overview of the pain-related research currently being undertaken. We also enjoyed the networking events that were specifically for trainee researchers to engage in discussion with international experts on pain research and management. In conclusion, attending this conference gave me the opportunity to learn from world experts in my field, gain experience in presenting and networking, meet researchers from likeminded groups, review the current direction of pain research and promote the work of our research group and the University of South Australia.

ALEXANDRA LEKIS NOMINATE FOR AWARD THROUGH HER INSPIRATION AND WILL TO LIVE
Taken from news.com.au

DIVISION END OF YEAR FUNCTION
FRIDAY, 7 DECEMBER 2012

iCAHE group celebrating

Rebecca Stanley, Julie Walters and Emily Vaughton

Eileen Giles, Jane Coffee, Donna Matthews and Jane Shepherdson
PVC Allan Evans, together with the recipients of the 10 Year Service Awards