Hello everyone,

It’s been a busy time over the last few weeks with preparations for recruitment and appointments to new positions.

Recent Appointments
Congratulations to Hugh Stewart who has taken over as the new Program Director for Occupational Therapy. Hugh takes over from Sue Gilbert-Hunt who has directed and ensured the success of one of the School’s oldest programs for the last 9 years. Good luck in your new role Hugh! Welcome to Pak Chan who joins the School as one of the three accountants appointed to schools across the Division of Health Sciences. Welcome also to new administrative assistants Emma Jonnek and Nicole Durkay who have joined the administrative team to support research activities.

New Appointments in process
Interviews for the Associate Head of School: Research will be held in the second week of September, so I hope to make an announcement during Research Week. We will also be interviewing for a professional Team Leader (HE06) Academic Services (Research) position in the second week of September. We are currently advertising for a full-time Lecturer B post in Sport and Exercise Psychology to commence in Study Period 2, two part-time Lecturer A positions in Podiatry, a full time Lecturer A position in Anatomy, and I expect to be advertising for a full time Lecturer A/B position in Clinical Exercise Physiology in October. In the coming weeks we will be making plans on how best to replace Associate Professor Marie Williams, (Marie I can hear you saying “that’s not possible!”) as she takes up her new role as Associate Head: Population Health.

Demand for student places - ‘First preferences’ are looking great! 😊
The South Australian Tertiary Admissions Centre (SATAC) is now live and it is quite evident that the demand for student places across programs in the School is very healthy indeed. Data from the ‘Undergraduate First Preferences Report’ indicates that first preferences are higher for all nine programs when compared to the same time last year. In fact, the first preferences as of 12th September are up by 35% across all programs in the School! I am particularly excited to note the very high demand for the new four year Clinical Exercise Physiology program 😊!

2012 UniSA Supported Teacher Award (STA) – School of Health Sciences leads the way!
The Supported Teacher Award rewards high levels of performance and improvement in teaching in a way that mirrors the Supported Researcher Scheme for individual performance in research. In 2012, Awards of $1500 each are allocated to the top 60 academic staff across the University according to a points system. http://w3.unisa.edu.au/teachinglearning/goodteaching/awards/supported.asp

The number of STAs awarded to staff in the School of Health Sciences is apt testament to the quality of our teaching across the range of programs. Congratulations, well done and thanks to the following staff who have gained this award in 2012: Dr Jim Dollman, Dr Grant Tomkinson, Scott Polley and John Petkov (Human Movement); Teresa Cross, Dr Diana Gentilcore and Eileen Giles (Medical Radiation); Dr Nicola Massy-Westropp (Occupational Therapy, Anatomy) and Mark Jones (Physiotherapy). Great stuff!
Research Leadership Development Program – 2012-2013 Cohort Members

The Research Leadership Development Program is an 18 month program which selects up to twenty staff on a competitive basis, to form the Program’s cohort. The program focuses on building practical leadership and management capabilities with a view to providing new levels and layers of leadership for the institution, and State and National research effort. In addition to a series of Program days which explore different aspects of research leadership, each participant receives tailored mentoring and significant financial support ($30,000) to invest in their own research and research leadership development over the life of the program. http://w3.unisa.edu.au/staffdev/research/rlp.asp

Congratulations to the following staff who have been selected to take part in this program: Dr Saravana Kumar; Dr Diana Gentilecore; Associate Professor Susan Hillier; Dr Grant Tomkinson and Dr Natalie Parletta.

2012 Australian Science Minister’s Prize for Life Scientist of the Year

Congratulations to Professor Lorimer Moseley who was nominated and shortlisted and quote, ‘came extremely close’ to winning the award. To come so close for such a prestigious interdisciplinary award is a first for clinical or applied science and clearly shows that we can mix it with the best of the basic scientists. Well done Lorimer!

SA Tall Poppy

Congratulations also to Dr Grant Tomkinson whose achievements have been recognised by the 2012 Tall Poppy Award for leading young South Australian researchers (details following). Well done Grant!

2012 Chancellor’s Awards for Community Engagement

The School of Health Sciences did remarkably well in this round of awards, winning three of the four awards made this year! 😊 Many congratulations to the winners below, who each receive $5k toward the projects. The overall winner across the University (joint 1st place) was the project headed up by Jo Willis, which wins an extra $10k for coming first.

Winner in category: Best collaborations on improving the community engagement experience for students:

Mobile Allied-Health Clinic

Nominees: Mrs Jo Willis, Dr Sara Jones, Miss Hayley Uden, Mr Ryan Causby, Dr Richard McGrath, Dr Maureen McEvoy and participating students.

Community Partners: Shelter SA, Paralowie High School, Northern Futures, Foot Screening Program (Country Health SA).

Background Information: The Mobile Allied-Health Clinic was developed as a practice based learning experience for students. This project provides activities that are focussed on supporting disengaged communities while students practice clinical and communication skills and promote health and life skills. Students gain experience in outer suburban and regional country areas, and work with clients from all walks of life.

Winner of the category: Best collaborations for enhancing the training of graduates for the professions:

KPF-UniSA-interPART Project

Nominees: Susan Gilbert Hunt, Susie Owens.

Community Partners: Kerry Thomas, Director, InterPART & Associates, and Vechtra Kong, CEO Komar Pikar Foundation

Background Information: KPF-UniSA-InterPART is a collaborative project between the School of Health Sciences and two community-based organisations InterPART (International Partners in Action, Research and Training from Australia) and Komar Pikar Foundation (a Cambodian NGO). The aim is to build capacity of Komar Pikar Foundation staff and other relevant Cambodian groups through the provision of ongoing UniSA occupational therapy student placements that focus on community based rehabilitation. Programs and services for young people with disabilities and their carers/families are enhanced and other related disability needs addressed. The students gain a deeper understanding of how culture interacts with practice and an increased awareness of global health issues.

Winner of the category: Best collaborations for engaging with disengaged communities:

Project: Football United-UniSA (Fun-UniSA)

Nominees: Dr Edoardo Rosso, Miss Kathryn Denton, Professor Esther May, Dr Richard McGrath, Dr Maarten Imminink


The Football United®-UniSA (Fun-UniSA) project is a social development program that uses the passion for soccer to bring people and communities together and address issues of social inclusion. The project builds social capital, community
cohesiveness, leadership, transferable life skills and pathways towards education through participation in free, regular football sessions and games and focusses on communities in areas with high proportions of refugee, new arrival, culturally and linguistically diverse, indigenous, and low socio-economic status families.

I hope you enjoy this Newsletter! Please keep your news coming in. We enjoy writing about your successes.

Best Wishes
Roger Eston

---

**STAFF NEWS AND APPOINTMENTS**

- Congratulations to **Alison Bell** on being re-appointed as Practitioner member to the Physiotherapy Board of Australia for a three year term.

- Congratulations to **Dr Grant Tomkinson** whose achievements and potential have been recognised in a 2012 Tall Poppy Award for leading young South Australian researchers. The Tall Poppy Campaign, hosted by the Australian Institute of Policy and Science, recognises the achievements of leading young Australian scientists and celebrates Australian intellectual and scientific excellence. By collecting the world’s largest dataset on children’s fitness, Grant was the first person to show that there has been a global decline in the aerobic fitness of children since 1975. The conclusions were that today’s children are about 15% less fit than their parents were at the same age.

- Congratulations to **Sjaan Gomersall** (PhD Candidate) who has been awarded the Young Investigator Award at the International Convention on Science, Education and Medicine in Sport (ICSEMIS) in Glasgow this July. The promotion of junior scientists and the fostering of state of the art research is one of the key objectives of the ICSEMIS with the Young Investigator award recognising young leaders in research. Sjaan received the award for her presentation *Testing the ActivityStat Hypothesis: A Randomised Controlled Trial in Sedentary Adults* that exhibited her PhD research within the Health and Use of Time Group. Data from the Activitystat project indicate that when adults undergo an exercise program, total energy expenditure increases for the duration of the exercise intervention indicating that there is no compensatory decrease in daily energy expenditure. Therefore, results of this study do not support the presence of the Activitystat. Sjaan is supervised by **Professor Tim Olds, Dr Coralie English and Dr Carol Maher**.

- Congratulations to **Dr Catherine Paquet** who has been appointed Deputy Group Head of the Social Epidemiology & Evaluation Research Group.

- Congratulations to **Associate Professor Lorraine Sheppard** on her appointment to the Minister’s Disability Advisory Council of South Australia.

- Congratulations to **Professor Alan Crockett** on being invited to join the National Health and Medical Research Council (NHMRC) new Research Translation Faculty, a major strategic initiative for health and medical research translation in Australia.

**Dr Simon Spedding (Adjunct – NPRC)** has been invited to be the guest editor for the journal Nutrients and would like to invite members of the University to provide papers for the special edition which is about Vitamin D. For more information please contact Dr Spedding via email spedding@adam.com.au

**Dr Simon Spedding** was recently invited to be on another Royal Australian College of General Practitioners committee to establish “Guidelines for evidence based integrative medicine” applicable to clinical practice. Simon would be very interested in any contributions from University staff about:

- their views on this topic in light of the recent articles in the MJA proposing an embargo on integrative medicine being taught and researched in Australian Universities; and
- any suggestions of complementary medicines (nutraceutical, herbs etc) for which there is sufficient evidence upon which to base positive recommendations for their use in clinical practice. For more information please contact Dr Spedding via email spedding@adam.com.au
TEACHING AND LEARNING

OUTDOOR EDUCATORS’ ASSOCIATION

At the recent Outdoor Educators’ Association Awards held on 22 June 2012, students and staff from University of South Australia were recognised for their achievements in Outdoor Education. This function awards academic, qualification and service achievements in Outdoor Education, Environmental Education and Outdoor Recreation. Among the awardees were:

- John Tagell received the 'Kris Mosher Environmental Award' for outstanding service to Environmental Education in South Australia. (John was a Graduate Diploma in Outdoor Education recipient.)
- Lisa Sachse: OEASA Certificate of Excellence in Tertiary Outdoor Education studies. 2011 Human Movement Outdoor Education specialist study stream was awarded prizes and memberships to the value of $300.
- Certificates of merit were awarded to Human Movement graduates Michael Secomb, Daniel Gogoll, Kali Rodda, Jake Blunt, Kelsey Weckert and Max McColl. All receive prizes to the value of $100.
- Scott Polley, Outdoor Education Lecturer in the School of Health Sciences received the 'Service to Outdoor Education Award' for leadership on a national level with Outdoor Education Australia.

Scott Polley
AUSTRALIAN SONOGRAPHERS ASSOCIATION (ASA) – 14 JULY 2012

On Saturday 14th July 2012, a half day educational event was held by the local South Australian branch of the Australian Sonographers Association (ASA). Several HLS Academic staff are members of the local branch, namely Teresa Cross (Secretary and Acting Chairperson), Tim Sawyer (Treasurer) and Chris Jansen (Reporter).

Each year a student is nominated from each state for the ASA Student Sonographer of the year. Students who have graduated in that academic year from either the Graduate Diploma in Medical Sonography (IGSO) or the Masters of Medical Sonography (IMSO) are eligible. As part of the written assessments in the final course in the IGSO program, students are required to submit two case studies pertaining to ultrasound and written to journal standards. Amongst various UniSA criteria, the case studies are marked according to likelihood for journal publication. Over the past 2 years, at least 5 students have had publications in the ASA magazine “SoundEffects” directly attributable to not just the academic competency of the student but also to the guidance and feedback provided by the academic staff in the course.

The winner of the ASA student of the year award (SA branch) was Ms Lia Bruno, who graduated from the IGSO program end of 2011. At the time of receiving her award, Lia had submitted one of her case studies for review for publication, so we all eagerly await the September issue of “SoundEffects”.

So congratulations Lia, and congratulations to the team of the IGSO/IMSO program who by utilising this form of assessment, encourage graduates to write to journal standards and promote publication in clinically relevant journals for all sonographers to view and appreciate.

Teresa Cross

RESEARCH NEWS

Sansom Visiting Lecturer Series: Professor Steve Blair

Professor Steve Blair’s presentation on 13th August entitled: Physical Inactivity: How Do We Address the Biggest Public Health Problem of the 21st Century? was attended by over 250 people. It is the largest response to date for the Sansom Visiting Lecture Series. We are grateful to Active Ageing Australia www.activeageingaustralia.com.au for sponsoring Professor Blair’s visit to UniSA. The presentation can be viewed on the Sansom Institute’s Seminar web page.

Steve Blair’s Presentation at UniSA

Picture – Pro Vice Chancellor Professor Allan Evans, Professor Steve Blair, Professor Roger Eston.
iCAHE has been involved with the production of innovative clinical guidelines. Guidelines for the use of support pessaries in the management of pelvic organ prolapse which have just been accepted for inclusion on the NHMRC Clinical Practice Guidelines Portal.


Guideline lead developer was former UniSA PhD graduate Patricia Neumann.

Professor Karen Grimmer-Somers

Congratulations to PhD candidate Janine Dizon, who was recently awarded a payment under the School HDR Publication Incentive Scheme for her publication ‘A Qualitative Study on Evidence Based Practice for Filipino Physiotherapists’. Janine is supervised by Professor Karen Grimmer-Somers and Dr Saravana Kumar.

Congratulations to PhD candidate Lucyllyn Lizarondo, who was recently awarded a payment under the School HDR Publication Incentive Scheme for her publication ‘Inter-rater reliability of the Adapted Fresno test across multiple raters’. Lucylynn is supervised by Professor Karen Grimmer-Somers, Professor Alan Crockett and Dr Saravana Kumar.

Congratulations to PhD candidate Georgie Crichton, who was recently awarded a payment under the School HDR Publication Incentive Scheme for her publication ‘Long-term dietary intervention trials: critical issues and challenges’. Georgie is supervised by Dr Karen Murphy, Associate Professor Jon Buckley and Janet Bryan.

The Cardiac ARIA Project was awarded the South Australian Spatial Excellence Award 2012 (SASEA) in the Community Contribution category of the Industry Awards. These awards are conferred by the Surveying and Spatial Sciences Institute (SSSI) and the Spatial Industries Business Association (SIBA). The project is an Australian Research Council Linkage grant (LP0775217) with partner AlphaPharm Pty Ltd led by Associate Professor Robyn Clark (QUT and adjunct UniSA) and others, including CI-E Mr Neil Coffee (Social Epidemiology & Evaluation Research Group, UniSA): “Cardiac ARIA Index: Measuring accessibility to cardiovascular services in rural and remote Australia via applied geographic spatial technology”.

Congratulations Neil Coffee! (third from left)
RESEARCH GRANTS / FUNDING

The Coopers Brewery Foundation
The Coopers Brewery Foundation invites applications for its medical research and health care grants. These grants are for charities that aim to improve and protect the quality of life of Australians in the following areas:

- medical research and health care;
- educational development for the young;
- aged care;
- promotion of family and community support based on Christian values.

Applicants must be endorsed as a deductible gift recipient by the Australian Tax Office. A maximum of 15 applications will be assessed per funding round, after which further applicants will be given the option of having their application withdrawn or considered for the next funding round.

The Foundation requests that the maximum amount of funding sought per application does not exceed $30,000. Consideration may be given to larger amounts that can be pledged over a longer term.

Monetary applications will be considered by the Foundation’s Board of Governors on a quarterly basis, in September, December, March and June. Applications will be assessed based on:

- their individual merits
- meeting Foundation eligibility and assessment criteria
- other applications tabled at that meeting
- availability of Foundation funds

Only one application per organisation/DGR per funding round can be submitted for consideration.

The closing date for this round has closed (29th August 2012), however the next round closes 28th November 2012.

Please contact Senior Business Development Manager Bruce Chadwick for further information.
PUBLICATIONS BY STAFF AND STUDENTS

   2 Year IF= 1.49, 5 Year IF=1.99 (27/58 Rehabilitation)  
   Abstract

   2 Year IF= 1.20, 5 Year IF=N/A (69/113 Pediatrics, 34/58 Rehabilitation)  
   Abstract

   Abstract

   2 Year IF = 5.15, 5 Year IF = 5.77 (1/84 Sports Science).  
   Abstract

   Impact Factor = N/A  
   Abstract

   2 Year IF: 2.130, Syr: IF= 3.188, (Social Sciences: n/a; Sciences: 36/153 in Medicine, general & internal, 54/157 in Public, environmental & occupational health).  
   Abstract

   2 Year IF = 2.04, 5 Year IF=2.37 (12/58 Rehabilitation, 25/84 Sport Science)  
   Abstract

   IF = N/A  
   Abstract Unavailable

   2 Year IF = 2.241 (5/22 Integrative and Complementary Medicine)  
   Abstract

    2 Year IF= 8.31, 5 Year IF=7.63 (7/191 Neurology)  
    Abstract
   
   IF = N/A
   Abstract

   2 year IF = 2.813, 5 year IF = 3.101 (25/153 Medicine, General and Internal)
   Abstract

   2 Year IF = 3.168, 5 Year IF = 3.249 (50/121 Endocrinology & Metabolism)
   Abstract

   2 Year IF= 2.81, 5 Year IF=3.35 (8/28 Anesthesiology, 66/191 Clinical Neurology)
   Abstract

CONFERENCE PRESENTATIONS / UPCOMING CONFERENCES

- **Professor Lorimer Moseley, Dr Natasha Stanton** along with PhD students **Mark Catley, Carolyn Berryman** and **Abby Tabor** attended the International Association for the Study of Pain, 14th World Congress in Pain held in Milan, Italy, 27-31st August 2012.

  Professor Lorimer Moseley was an invited speaker. His presentations were ‘Assessment and rehabilitation of cortical contributions to CRPS & Disrupted spatial representation in chronic pain & implications for treatment. The Body in Mind Research Group also had nine poster presentations, all of which can be viewed here: [http://bodyinmind.org/resources/posters/iasp-2012/](http://bodyinmind.org/resources/posters/iasp-2012/)

- **Alison Bell** attended the Australian Physiotherapy Association Business and Leadership Symposium. Presented paper entitled ‘Being a supervisor: being accountable through assessment, monitoring and reporting’.

- Collins J, **Lekkas P**. Designed for health – the place of architecture and medicine in the early sanatorium movement in South Australia (1895-1917). Connections – Australian Historical Association 31st Annual Conference, 9th-13th July 2012 Adelaide, South Australia.

- **Dr Matt Haren** attended the 3rd International Congress on Abdominal Obesity in Quebec, Canada from 9-12 July.
  - M Haren, G Misen, JF Grant, **JD Buckley, PRC Howe**, J Newbury, AW Taylor, RA McDermott (2012). Associations of sleep duration with abdominal adiposity, insulin resistance and HBA1C in non-diabetics. 3rd International Congress on Abdominal Obesity, Québec, Canada, 9-12 July 2012. (presentation and poster)
  - Matt Haren was awarded an ICAO-Lilly Research Award for the Best Discussed Poster Presentation.

- **Dr Matt Haren** attended The Endocrine Society’s 94th Annual Meeting, in Houston USA from 23-26 June 2012.
• Dr Maarten Immink was invited by Parkside Primary School (31 July 2012) to give a presentation on human movement to Ms. Val Post’s Reception Class as they are studying the human body and movement. In his talk Maarten covered the nervous system, the visual system and introduced them to the ruler catch game as a fun way to gauge visual reaction time.

• Dr Maarten Immink delivered an invited talk (18 August 2012) at the 2012 Australian Yoga Therapy Conference on the topic of Yoga and psychoneuroimmunology: Prevention and management of chronic diseases. The conference was held in Melbourne was hosted by the Australian Association of Yoga Therapists and the International Association of Yoga Therapists.

INDIGENOUS ALLIED HEALTH CONFERENCE
22-23 November 2012, Brisbane

THE INTERNATIONAL ASSOCIATION FOR DANCE MEDICINE & SCIENCE (IADMS) CONFERENCE
25-28th October 2012, Singapore
http://iadms.dancerwellnessproject.com/Registration/Register.aspx

FOURTH INTERNATIONAL CONFERENCE ON SPORT AND SOCIETY
13-15 June 2013, Chicago, USA
http://www.sportandsociety.com/the-conference/
SCHOOL ADMINISTRATION

SIP UPDATE
The recruitment of Professional staff to fill vacant positions within the School is nearing completion with recruitment for a new Team Leader Academic Services (Research) currently underway.

Implementation meetings for various SIP functions i.e. credit, finance, travel, international, student administration have started to ensure Division and School staff are conversant with changes in procedures.

Over the next few months the Professional staff will be undertaking the necessary training to fulfil their new roles. We will be sending regular updates to the School on any changes to procedures resulting from the recommendations of SIP and there will also be a new useful tool called ‘Service Guide’ which will provide guidance to all staff as to procedures and staff contacts, an example may be found at: https://teamsites.unisa.edu.au/eas/EASSSG/default.aspx

TRAVEL
One of the new initiatives coming out of SIP has been the consolidation of services around travel. The new centralised travel team will be supporting all of our travellers. You will be provided with a trip folder which includes an itinerary, emergency contact details and vouchers for accommodation, transportation and ground transfers (if applicable).

Over the next week or two the School will be contacting all of our frequent travellers in order to update their profiles in the new Travel Service Provider system.

We are envisaging full implementation to this service from the week beginning Monday, 24th October 2012.

SATAC – Moratorium on contacting Year 12 students
SATAC have asked us to remind staff dealing with marketing and admissions of the agreement that current Year 12 students will not be contacted during the moratorium period from the commencement of Swot Vac until the end of the examination period, from 15 October to 14 November inclusive.

For your guidance SATAC have provided the following advice together with some examples:

*The institution must not contact applicants “except... to arrange tests, interviews, auditions, etc as stated in the institutions’ published selection criteria”. Note that this does NOT include information sessions that do not form part of the published selection criteria.*

Raewyn Todd

DIVISION OF HEALTH SCIENCES CLINICAL PLACEMENT POLICY

The Division of Health Sciences has recently implemented a Clinical Placement Policy which you need to be aware of and comply with. The Policy, and an information paper linked to the Policy, can be found on the Clinical Placement Unit website – see ‘Forms and Clinical Placement Policy’.

The Policy provides clear information about your responsibilities in regards to clinical placement, particularly around:

- Placement negotiation
- Conditions of placement in health sciences programs
- Pre placement Compulsory Conditions
- Placement allocation, including criteria for pre allocation special consideration
- Requests for variation to placement, including the criteria for this
- The situations which will not be considered in the allocation of placement, pre allocation special consideration or post allocation requests for variation to placement
- Information on the implications of withdrawing from placement courses.

This Policy must be adhered to and therefore it is essential that you understand your responsibilities, plan well ahead for placement and read and comply with the conditions, including specific pre-placement conditions such as police checks, in the time frame notified to you. No extensions will be provided, except in exceptional circumstances that a student could not have planned for.
Note also that Campus Central is your first point of enquiry and Campus Central will liaise with the CPU as required. However, before you contact Campus Central or the CPU, please read the information provided to you by the CPU and the School about your placement and refer to the policy. Your question will almost certainly be answered there.

Bron Webb (Division Director: Services)

SANSOM INSTITUTE FOR HEALTH RESEARCH AND DIVISION OF HEALTH SCIENCES GUIDELINES FOR THE USE OF IMPORT PERMIT ASSOCIATED WITH BIOLOGICAL MATERIALS

Imported biological products must have an Australian Quarantine and Inspection Service (AQIS) permit for importation and AQIS approval for transfer to another institution. Refer to the AQIS ICON database for current quarantine import conditions.

The Sansom Institute for Health Research (SIHR), Division of Health Sciences holds a valid Permit to Import Quarantine Material. The SIHR/Division Permit allows the importation of biological material for use by Division of Health Sciences researchers at UniSA.

The Conditions under which the Permit may be used to import and use material are stipulated on the Permit, these conditions must be followed precisely. Specific conditions relate to: the requirement for a manufacturer's declaration, which must accompany the material while in transit; limiting the amount of material; distribution of the material within Australia; and labelling requirements.

A valid copy of the AQIS import Permit (or a method of identifying the Permit such as the Permit number) and all required documentation must accompany each consignment.

Researchers using the permit are responsible for:
- notifying the Manager of Technical Services, School of Pharmacy and Medical Sciences (Mr Richard Bennett, see details below) prior to importation with details of the biological material;
- assessing the import conditions for any biological material to be imported. If material is not covered by the SIHR/Division Permit then apply for a new permit through AQIS;
- complying with all AQIS import conditions;
- complying with the University’s BioSafety requirements (see weblink below);
- keeping records of all imported goods (which must be made available to quarantine officers for inspection if requested);
- complying with requirements of all other regulatory and advisory bodies associated with importing commodities to Australia;
- declaring all goods carried in accompanied baggage to Customs when arriving in Australia. It should be noted that private transfer of biological material while discouraged, is possible in exceptional circumstances, and must not be pursued without prior approval from the Manager of Technical Services, School of Pharmacy and Medical Sciences (Mr Richard Bennett, see details below).

Failure to comply with the regulations governing importation of biological material may result in revocation of the SIHR/Division Permit, fines, and/or criminal charges.

If you are planning to use the Permit, or have any queries relating to biological materials you wish to import, please speak with either the Manager of Technical Services, School of Pharmacy and Medical Sciences (Mr Richard Bennett: Richard.bennett@unisa.edu.au) or the Institutional Biosafety Committee Chair (Associate Professor John Hayball: john.hayball@unisa.edu.au).

Contacts:
Application forms: http://w3.unisa.edu.au/res/forms/docs/BiologicalHazardsApplicationForm.doc
Department of Agriculture, Fisheries and Forestry (DAFF): http://www.daff.gov.au/

Kellie La Fontaine (Sansom Institute for Health Research)
STUDENT NEWS

HIGH ACHIEVER RESEARCH VACATION SCHOLARSHIPS

High Achiever Summer Scholarship opportunities applications are now open and applications close on September 20th. These are competitive scholarships that provide students with an opportunity to be involved in research and work closely with a research concentration.

These are intended for undergraduate students with a strong academic record in their second, third or fourth year at UniSA. The scholarships offer students the opportunity to undertake research for up to 8 weeks between December 2012 and February 2013. You would receive a scholarship of $300 per week for up to 8 weeks.

There are a number of scholarships available across the University and within The School of Health Sciences there are researchers who are very keen to offer students the opportunity engages in research. A scholarship is something that will stand out on a CV and we strongly encourage students who are interested to seek out more information.

For more information about these scholarships, please visit the link below.

If you are interested in applying you would need to discuss possible projects with supervisors and have them sign the application form before the closing date. To find a possible project you can either look at the list available on the link above or contact a lecturer/researcher that you know.

For those who might also be considering honours this is an excellent way to see if you like research and gain skills that would be useful during your honours year. In some cases your summer scholarship work may lead into your honours year.

More information about the Bachelor or Health Science Honours Program is available at http://programs.unisa.edu.au/public/pcms/program.aspx?pageid=641&sid=901 and projects for 2013 will be available in early October.

For more information do not hesitate to contact Dr Alison Coates (alison.coates@unisa.edu.au), Program Director for Bachelor of Health Science (Honours).

FUTURE HEALTH LEADERS CONFERENCE – 1-2 SEPTEMBER 2012

The first weekend of September we had the pleasure of attending the first Future Health Leaders conference at the Adelaide Convention Centre. This conference was primarily sponsored by Health Workforce Australia (HWA), The University of South Australia, Adelaide University and Flinders University.

Future Health Leaders was established in 2011 by HWA and is run by and for students and early-career health professionals to engage them in the health reform process and feedback their advice to HWA. The themes that appeared strongly throughout the weekend were social justice and primary health care, cultural understanding and awareness, the skill of leadership, the desire for an interdisciplinary health system and the need for the tertiary health education systems to evolve in order to develop the 21st century health professional.

During the weekend we had the opportunity to listen to many keynote and stream speakers on the topics of global, rural and mental health, as well as a strong focus on indigenous health and finally workforce innovation. All presentations were thought-provoking and interesting, although worthy of particular mention was Sir Gustav Nossal discussing infectious disease and immunisation and the both moving and inspiring presentations from Najeeba Wazefadost about her first-hand account of refugee health, Dr Joshua Tepper on rural health and leadership and Chantelle Baxter’s story about changing the world for women and girls.

In addition to this we were encouraged to attend delegate presentations on a wide range of health issues, leave our mark on the wall of change and create short video presentations of our ideas for health reform. Attending the conference and conference ball gave us the opportunity to network and work alongside other students and recently graduated health professionals and it was particularly encouraging to hear their ideas and beliefs about health care. The question and answer section gave delegates the opportunity to ask questions of keynote and stream speakers about the up and coming health issues of Australia and how this will affect us as future or new health professionals.
The passion, positivity and energy from both speakers and delegates were impressive. The Future Health Leaders conference was motivational, thought-provoking, challenging, moving and controversial, but above all it was inspiring to be a part of. Despite us both being third year students from different programs, namely physiotherapy and occupational therapy, the content presented throughout the conference resonated soundly within our current studies and reaffirmed the importance of our contributions to health care. We each walked away with renewed passion and confidence feeling empowered to contribute to improving health care, both in Australia and globally. We would encourage all health students to become a member of Future Health Leaders and get involved http://futurehealthleaders.org.au/.

Jacki Eads (3rd Year Physiotherapy with Honours Student)
Grace Hoppenbrouwers (3rd Year Occupational Therapy with Honours Student)
STUDY TRIP TO PRAGUE

During the month of July this year I took place in a Global Leadership Program based in Prague, Czech Republic. I applied in January, through Aim Overseas and let’s just say I never thought I would have been accepted, and off to Europe in the following months. The course is offered to students from all over the world and I feel so lucky to have gained this most-valuable experience.

The program was a 4-week intensive course that covered two University level subjects that in my case were: Philosophies of Leadership and Human Rights in International Relations. As I currently am undertaking a Bachelor of Health Science this was very new to me and VERY exciting! The knowledge I gained from these courses really helped me to get a more global perspective on health, and one that I will be pursuing in my career. The lecturers teaching the subjects were so knowledgeable and nothing but helpful (I even got to meet Vaclav Havel’s secretary!).

Not only was the study aspect very rewarding but the friends, experiences and travel was incredible. We went on retreat during the first week where we stayed at a medieval Chateau in the Czech countryside, which was in a world of its own! This was followed by two days of Community service in another town, Brumov. We were working in a Monastery which had been somewhat neglected since WW2, although it was still beautiful. We also had the opportunity to travel to Berlin, Budapest and Vienna on the weekends and I had the best time exploring Berlin and all of its history.

While a month away studying may seem pretty straightforward, I honestly have made the best friends from all over the world, had a great time partying and exploring in Europe and learning valuable life lessons.

I was able to receive credit for the two courses, and a travel grant from Uni SA to help me fund the program and I couldn't have been more grateful. My experience in Prague was rewarding for both my career and on a personal level: it really was life changing. In the future I hope to work in Health Promotion at a global level and take every opportunity I am given. So I encourage everyone to challenge yourself, give it a go!

*Emma Winen (1st Year Bachelor of Health Science)*
FOUNDATION STUDIES PROGRAM

Over the last seven years I have combined my passion for sport and my pursuit for a professional career through the University of South Australia. Since I can remember, I have dedicated all of time and energy into becoming an elite level men’s gymnast. Life continues after elite sport however, and I need to have a career to move into when the time comes to finish with my gymnastics career. For me that is a career in physiotherapy.

Since beginning at UniSA, firstly through the Foundation Studies program and now a Bachelor of Physiotherapy, I have had many challenging and rewarding experiences. In order to have success in any elite sport you need to have a supportive network around you. Through the flexibility and understanding of the UniSA staff I have been able to continue my sporting career and my degree. At times I was away for six weeks overseas competing and the university allowed me to have the flexibility to study and continue my sporting career. Whilst studying at UniSA I have represented Australia at six world championships, two Commonwealth Games, where I won two gold medals, and numerous other international and national events.

Of course this success does not come without its setbacks. There have been difficult times where the 30 hours of training and the 20 hours of University contact time per week felt a bit too much. Definitely the most difficult time was in January this year when I sustained an ankle injury three days before the last qualifying event for the London 2012 Olympic Games. This unfortunately ruled me out of contention for the Olympics and was to say the least a huge disappointment. One which I will never forget.

Studying at UniSA and having a career in elite sport has both taught me many things that I can take into my professional and personal life. The two are similar in many ways. You must dedicate time, effort, passion and sacrifice things important to you in order to have success.

Now in my final semester in my undergraduate degree, and having gained an understanding of what it takes to succeed on the sporting field I hope to combine these skills with the skills I have learnt through UniSA to apply this in my work as a physiotherapist. I hope that the knowledge I have of being an elite athlete can be passed on to the next group of sporting champions as I hope to work closely with sporting teams as a physiotherapist in the future.

Samuel Offord (Bachelor of Physiotherapy)
2012 AUSTRALIAN UNIVERSITY GAMES

The 2012 Australian University Games still have some wonderful volunteering opportunities. In the University holidays (From Sunday the 23rd September to Friday the 28th September) 6000 Athletes will compete in 30 championship sports across Adelaide. This is your opportunity to be part of something great and develop your skills, meet new people and have fun.

Specifically we are looking for volunteers to assist with the running of the sports at each of the venues. There are lots of benefits that come with volunteering at AUG including networking, experience, lunch, a uniform and the volunteer than you party.

If you would like to know more please log onto our website and follow the volunteering links or call Travis Renshaw (Workforce and Administration Co-ordinator) on 8409 1900.

NOMINATIONS NOW OPEN FOR CHANNEL 9 YOUNG ACHIEVER AWARDS

For further information -
http://www.awardsaustralia.com/YAA_sa.php
OPEN DAY 2012

- Photographs and images from the Open Day 2012 event.
MORE than one-third of Australians are putting themselves at risk of serious disease by not participating in sufficient exercise.

Those with a chronic disease may be risking further complications and poorer quality of life by not participating in appropriate levels of physical activity.

When done appropriately, exercise can prevent disease and be effective in disease management. But when people go for long periods of time without exercise, or they are diagnosed with a chronic disease, they might lose sight of how to exercise in a way that is safe and enjoyable and which provides the best health outcomes considering their unique health needs, abilities and goals.

In these cases, people will benefit from exercise services provided by Accredited Exercise Physiologists. AEPs are four-year university-qualified allied health professionals specialising in lifestyle modification and exercise prescription in clinical applications.

They're a relatively new health profession and many people do not know they may be entitled to a Medicare or Department of Veterans Affairs-funded exercise program with an AEP.

AEPs approach exercise as health professionals, as opposed to fitness instructors or personal trainers who approach it from a sports and recreation perspective.

AEPs use exercise in clinical practice as an integral part of a health care plan, treating people in a diverse range of conditions. In fact, physical activity and exercise are increasingly being recognised for their importance in the prevention and treatment of chronic diseases.

Exercise as medicine is an important component of health and well-being that will assist in managing chronic conditions.

Clinical research has consistently shown that exercise decreases the risk of disease such as cancer, and chronic health conditions such as cardiovascular disease, diabetes, hypertension, arthritis and osteoporosis and obesity as well as improving overall quality of life and mental health.

This is because exercise works across the whole body. If you have diabetes, for example, exercise will help manage your blood glucose levels but it will also increase your bone density, make your cardiovascular system work better and help you maintain cognitive function.

AEPs are recognised as specialists in clinical exercise interventions for persons at high risk of developing, or with existing chronic and complex medical conditions and injuries.

This is a sponsored column. Dr Maarten Imminink is the program director of Human Movement and Clinical Exercise Physiology, University of South Australia.