HEAD OF SCHOOL

Hi Everyone!

Further to my last note about recruitment of new staff, I am delighted to inform you that the following persons have been appointed to academic positions:

Dr Steve Milanese (Lecturer, Physiotherapy specialising in Orthopaedics)
Dr Alex Rowlands (Sen Research Fellow, ‘Health and Use of Time’ and ‘Exercise for Health and Human Performance’ Group)
Chris Jansen (Lecturer, Medical Sonography, Part-time appointment)
Jessie Childs (Lecturer, Medical Sonography, Part-time appointment)

Congratulations to all the above. I look forward to working with you in the future.

As you have noted, the list of recent publications in the Newsletter is now accompanied by the 5 year and 1 year impact factor and the ranking of the journal in its respective subject category. Where this information is available (which is the case for all but a few specialist journals), it would be most appreciated if you could provide the 5-y and 1-y impact factor and the ranking by the 5-y impact factor along with the details of your publication. Where the information is not available, it would be useful if you could let us know the perceived quality and significance of the paper, as this will inevitably form part of the quality assurance rationale used in national (ERA) and UniSA quality audits. A number of staff have asked me how you can get this information. Here is an example using the journal ‘Sleep’ (the October issue of which contains an article by Tim Olds, Carol Maher and Lisa Matricciani). So: Log on to Web of Knowledge; 2. Select ‘Journal Citation Reports’; 3. View a group of journals by ‘Subject category’ and press submit; 4. ‘Sleep’ falls under the category ‘Clinical Neurology’ so select and submit. Please note that some journals (e.g., Psychophysiology) fall under several categories. It’s probably best to choose the primary category for the journal. 5. The list defaults to an alphabetical list. You can ‘Sort’ (rank) the journal list by several features including the 5-year impact factor and the 1-year impact factor. I hope this helps!

As per usual, September has been a busy month and it’s so good to note all your contributions. I am keen to communicate your news about research, national appointments, community engagements, awards, achievements and sporting endeavours, etc. Please continue to keep the news flowing in to Kylie Fogarty, who is doing such a great job each month in pulling together the news from the School of Health Sciences.

Kind regards
Roger Eston

Did you know?

If you strength train your right arm, the left arm becomes stronger (and vice-versa). This is called ‘cross transfer’ or ‘cross education’.

The best way to reduce exercise-induced muscle damage and soreness (EIMDS) is to undertake a prior bout of exercise, particularly that which involves eccentric contractions. This is referred to as the ‘repeated bout effect’.

Experience of EIMDS in the right arm reduces the extent of EIMDS in the left arm when it is exposed to the same exercise a few weeks later. In other words, the ‘repeated bout effect’ transfers to the opposite, previously unexercised limb.
STAFF NEWS AND APPOINTMENTS

Congratulations to the following recipients of the 2011 Supported Teacher Awards –

- Dr Ian Edwards
- Dr Susan Hillier
- Dr Nicola Massy-Westropp
- Dr Dominic Thewlis
- Mark Jones
- Karen McBean
- Jenny Roberts
- Brad Stenner

Congratulations to the following recipients of the 2011 Mid-Year Division of Health Science Honours Scholarship Scheme –

- Jane Shepherdson
- Laura Kambuts
- Melissa Hull
- Sarah Seekamp
- Teresa Cross

Professor Robyn McDermott has secured funding of $2.5 million over four years for a Centre of Research Excellence (CRE) for the Prevention of Chronic Conditions in partnership with the Aboriginal Health Council of South Australia, Queensland Aboriginal and Islander Health Council, the Royal Flying Doctor Service, and James Cook University. The CRE will be funded by the Australian Primary Health Care Research Institute (APHCRI) to evaluate models for primary health care services for Indigenous and other high risk groups in rural and remote areas, with a focus on improving service delivery regarding the prevention and management of chronic diseases such as diabetes, renal and heart conditions, and mental ill-health, as well as the complications arising from these.

Dianne Wilson visited Perth last week to represent the Australian Physiotherapy Association for a round table meeting about Personally Controlled Electronic Health Record system (PECHR) – eHealth. This is a national innovation of the Department of Health and Ageing.

Dr Mandy Stanley has been elected to the position of President of the Australasian Society of Occupational Scientists, and Hugh Stewart has been elected to the position of Vice President (Australia).

Dr Mary Russell sat as a member of the Women’s and Children’s Hospital Foundation Research Project Grant Assessment Panel for 2012.

Dr Natalie Sinn has been selected as a finalist for the 2011 South Australian Science Excellence Awards in the category of Early Career STEM Professional. The winner of this award will be announced at the Awards Gala Dinner to be held on Thursday, 3rd November 2011. Good luck Natalie!

The Health and Use of Time Group would like to welcome Dr Lucy Lewis, who is commencing a Post-doctoral Research Fellowship. Lucy will be working primarily on the multinational ISCOLE study of children’s lifestyle and environment. Lucy will continue in her physiotherapy lecturing role in addition to the research fellowship role until the end of 2011, and then will become project manager of the ISCOLE study in 2012. Lucy’s research skills and expertise will be a great asset to the HUT – welcome Lucy!

The Health and Use of Time Group would like to extend a warm welcome to Dr Alex Rowlands who will be joining the Centre on the 3rd of October from the University of Exeter, South West England. There he has held the post of Senior Lecturer in sport and exercise physiology. Alex has a very strong research record in the measurement of physical activity. His primary research focus involves the assessment of physical activity and its relationship with health.
The Centre would like to welcome back Mr Nathan Daniell who will this month take on the position of Project Coordinator in The Australian Warfighter Anthropometry Survey (AWAS) in a Post-doctoral appointment within the group.

Congratulations to Dr Mary Magarey will be graduating with a Fellowship of the Australian College of Physiotherapists as a Specialist Sports Physiotherapist at the Australian Physiotherapy Association Biennial Conference in Brisbane on Saturday October 30th. Fellowship of the Australian College of Physiotherapists is the highest clinical award available to physiotherapists in Australia with the educational process to achieve Fellowship modelled on the medical specialist training program and examination processes. Mary already holds a Fellowship of the College as a Specialist Musculoskeletal Physiotherapist and is the only physiotherapist in Australia to hold Fellowships in two different fields of physiotherapy. She has been honoured by being invited to present the acknowledgement speech on behalf of the new Fellows.

Dr Dominic Thewlis was elected as the secretary of the Australian and New Zealand Orthopaedic Research Society following nomination.

AUSTRALIAN INSTITUTE OF SPORT (AIS) CANBERRA VISIT

On Wednesday 5 October Jon Buckley, Peter Howe, Rebecca Thomson and Simon Spedding from the Nutritional Physiology Research Centre, along with Roger Eston (Head of School) visited the Australian Institute of Sport (AIS) in Canberra. The purpose of the visit was for Jon to present a seminar on a novel technology for tracking recovery in athletes (the “Heart Rate Index”) that has been developed by the NPRC and patented by the University, and to hold meetings with the Heads of Nutrition, Sports Medicine, Physiotherapy and Sports Physiology to discuss potential research collaborations. There was considerable interest from the AIS in the patented technology and planning has begun for the preparation of a collaborative ARC Linkage Grant to develop the technology further. Potential opportunities were also identified to strengthen links between the School of Health Sciences and the AIS, particularly in terms of opportunities for the placement of PhD students at the AIS in the areas of Sports Physiology, Biomechanics and Physiotherapy.

Professor Jon Buckley

John Buckley with colleagues at the AIS

John Buckley introduces the Heart rate index to the AIS
TEACHING AND LEARNING

MOBILE HEALTH CLINIC NEWS

If you have an idea for our MAHC, please contact Jo Willis (jo.willis@unisa.edu.au).

MOBILE-ALLIED HEALTH CLINIC SUPPORTING NATIONAL STROKE WEEK

On Wednesday the 14th of September, a group of 4th year Occupational Therapy students from UniSA and members of Stroke SA joined together to celebrate and promote National Stroke Week. The students used the MAHC in Mossely Square, Glenelg to promote and create awareness in the general public of the risk factors of stroke, and OT therapies. Stroke SA supplied a registered nurse who took the blood pressure of members of the public, and risk factor checklists were handed out along with UniSA and National Stroke Foundation goodies. Other information about National Stroke Week, the ‘1 in 6’ and ‘FAST’ campaigns, and general Healthy living/wellbeing was also given out. Therapies such as mirror boxes and assistive aids were used for demonstrations, and anatomy models of the brain were used to explain how a stroke occurs and the effects that they can have on everyday functioning. Tea and coffee were supplied to members of the public who stopped to have a chat and talk to members of Stroke SA who shared their personal stories of their experience with stroke.
PEDAL PRIX - MURRAY BRIDGE

On Saturday 17th September students from the Bachelor of Applied Science (Human Movement and Health Studies) spent a warm windswept day attending the Pedal Prix in Murray Bridge, supervised by Dr Carmel Nottle. For a while there the event was set to be cancelled due to the blustery conditions however in the end the event was started as planned. Well done to our students Jo Pontt and Meredith Woolsey for managing in the difficult conditions.

The students performed assessments for cardiovascular disease risk and provided physical activity advice to 65 adults at the event. Where appropriate, adults were referred on by students to the HLS Health & Fitness Centre or the Exercise Physiology Clinic. Children were also provided with blood pressure testing to raise healthy heart awareness. The activity was a great success; students raised health awareness in the community while putting their knowledge and skills to the test and gaining work experience hours. The MAHC was also on display for the thousands of people that attended the Pedal Prix.

DEMENTIA AWARENESS

On Wednesday the 21st of September students from the Bachelor of Applied Science (Occupational Therapy), under the supervision of Mandy Stanley and Angela Berndt, participated in a community health promotion event as a part of Dementia Awareness week, engaging with the community at Moseley Square, Glenelg. The event was planned and conducted by the OT students as part of their professional portfolio course activities. The students used activities including Wii Fit, brain training games, guessing games, BMI and blood pressure testing to engage the community in conversation about how their life habits may impact on their brain health. Building awareness of the different forms of Dementia was another aim of this activity, providing the community with easy to read fact sheets from Alzheimer’s Australia SA. The event allowed the students to interact with the community, build awareness about Dementia and brain health and further develop a strong link between Alzheimer’s Australia SA and the University of South Australia.
HUMAN MOVEMENT CAMP

On Wed 21\textsuperscript{st} September Professor Roger Eston visited students taking part in the first year Human Movement camp as part of the core course ‘Group Dynamics’. Students elect to take part in the camp, or can complete a community leadership alternative. The 4 day experiences involves team building initiatives, high ropes activities, orienteering, landcare, Indigenous perspectives, camp craft, evening activities and an overnight bushwalk in Kuitpo Forest. The activities are led by 2\textsuperscript{nd} and 3\textsuperscript{rd} Year Outdoor Education specialists under the supervision of professional teaching staff to ensure quality and safety. The third year students are provided with an opportunity to put their leadership theory into practice, and to get high standard feedback from participants and staff on their professional presentation.

In addition to furthering their leadership and group skills, the camp activities are combined with a review to allow first year students an opportunity to reflect on their place in the world, relationships with others, and the environment. Each camp (there are two in the mid semester break) has around 80-90 first year students attending.

The attached photos show students taking part in initiatives on ‘Challenge Hill’ at Woodhouse Scout Centre, as well as the high ropes course there.

\textit{Scott Polley}
MENTAL HEALTH RESOURCES

The National Summit on the Mental Health of Tertiary Students was held in Melbourne on 4 and 5 August. The aim of the Summit was to assist the Australian tertiary education sector to develop improved policy and practical responses to the growing incidence of mental health difficulties and mental illness on campus.

The presentations are now available and can be accessed via the National Summit website – http://www.cshe.unimelb.edu.au/nationalsummit/program.html

UNISA LEARNING AND TEACHING GRANTS 2011

Applications are now being sought for the 2011 round of UniSA’s Learning and Teaching Grants. There are two categories available:

Commissioned Grants (CGs) - funding is available for projects that address a University teaching and learning priority area (see below), as announced annually by the Teaching and Learning Committee. $110,000 is available annually to fund one project or a number of projects totalling $110,000.

Development Grants (SDGs) - up to four grants with funding of up to $10,000 each for projects that are designed to promote small-scale innovation with potentially broader application and to develop good practice in learning and teaching.

2011 priority areas are:

~ Understanding and demonstrating standards (CGs & DGs)
~ Demonstrating learning outcomes (CGs & DGs)
~ The role of the Program Director (CGs & DGs)
~ The role of externality in quality assurance (CGs & DGs)
~ Curriculum design methodology (CGs & DGs)
~ Technology enhanced learning (CGs & DGs)
~ Innovation in teaching (Development Grants only)
~ Who is the academic leader in the development of curriculum? (Commissioned Grants only)
~ Is complexity and proliferation of curriculum creating barriers for quality assurance? (Commissioned Grants only)

Submission of applications - Completed applications must be lodged no later than 4.00pm Friday October 21, 2011.

Further information: http://www.unisa.edu.au/teachinglearning/goodteaching/grants/unisa/default.asp and/or contact Professor Alistair McCulloch in the LTU.
RESEARCH NEWS

RESEARCH WEEK 2011

The School of Health Sciences held their annual Research Week recently (26–30th September 2011).

The week opened with the announcement of the First Publication scheme by Prof Eston, followed by a snapshot of research activities from the School of Health Sciences Research Centres.

Following this welcome session, our Higher Degree by Research (HDR) students took centre stage as they presented the proposed research for their PhD thesis. HDR candidates who presented were:

- Lauren Frensham - Influences of supplementary omega-3 (n-3) polyunsaturated fatty acids (PUFAs), vitamins and minerals on cognition, learning and behaviour in adolescents.
- John Arnold - A prospective study of foot and ankle biomechanics and pain in total knee arthroplasty.
- Anna Phillips - Development and testing of an instrument to report evidence-based practice educational processes.
- Mark Catley - Meaning, mood and sensory function in the recovery from back pain.
- Helen Banwell - Investigations of individually prescribed custom made foot orthoses by podiatrists in adults with symptomatic excessively pronated feet.
- Max Martin - Development and validation of a pre-exercise musculoskeletal screening tool
- Jayne Barbour - Health Benefits of Peanuts. Do peanuts improve cognition, cardiovascular risk factors, and satiety?
- Carolyn Berryman - Seeing the wood for the trees. Somatic hypervigilance and cognitive impairment in chronic pain.

Our continuing HDR students also had the opportunity to showcase their research by participating in a Poster Session. There were two prizes on offer, an Apple iPad for the ‘Best Poster’ as judged by an expert panel, and an iPod for the People’s Choice prize. 12 students participated by submitting a poster for display at the session, with 44 people casting votes for the People’s Choice award. The winners were:

- Best Poster – Georgina Crichton (runners up Katherine Baldock and Dorota Zarnowiecki)
- People’s Choice – Janine Dizon

The week also included afternoon sessions for HDR candidates run by the Division of Health Sciences on subjects such as Turbocharge your Writing, Careers in Research: Postdoctoral Positions, and Making your CV work for you.

The week concluded with a lively session run by Professor Eston, and foreshadowed some of the ideas and issues that will be on the table at the future School of Health Sciences planning day.

A big thank you to all the HDR candidates and staff who had a hand in making the week a success, and a special thank you to Deb Williams for the seamless organisation.

Susan Hillier

REMINDER:

HERE’S HEALTH. HONOURS

(Projects now available online)

Tuesday, 11 October 2011, 6-8pm
Mutual Community Lecture Theatre
Basil Hetzel Building
UniSA City East Campus
www.unisa.edu.au/health/honours
**Peter Lekkas**, PhD candidate, today represented our UniSA Social Epidemiology group with his *Social Epi UniSA “Red Carpet”* display at the Adelaide Park(ing) Day exhibition. Peter and his partner presented an artfully conceived, thought provoking display involving red carpet, fruit bowls, light bulbs and mannequins dressed in bespoke paper suits. Pinned to the mannequins were quotes from past and current authors on the merits of walking, and the merits of public open spaces that encourage walking rather than parking of autos.

I am proud to advise that Peter won the “President’s Choice” award - including the privilege of holding for one year the Adelaide Park(ing) Day trophy: a mounted antique Adelaide parking meter, with plaque recording for posterity the inaugural award to Social Epi - UniSA! The plaque was brought this evening to its new home in the Social Epi room - but with Peter’s permission it might potentially be featured (with adequate security) as part of the staff and student showcase that you are putting together.

Adelaide Park(ing) Day exhibition details are given at: [http://www.adelaideparkingday.com/about.html](http://www.adelaideparkingday.com/about.html)

Peter and his partner were also featured this evening on Channel 7 News.

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**The Place and Metabolic Syndrome (PAMS) Project** refers to two intimately related National Health and Medical Research Council (NHMRC) grants funded from 2010 – 2012 led by **Professor Mark Daniel**, Research Chair: Epidemiology, in the Social Epidemiology and Evaluation Research Group. The projects aim to identify the features of local communities that are related to cardiometabolic health, how these factors influence cardiometabolic health, and how to improve residential outcomes. The results of the PAMS Project have a strong potential to provide evidence-based, policy-relevant recommendations for interventions involving healthful urban planning, social organisation, and public health action.

- Project Grant (#631917) - Testing the behavioural and psychosocial mechanisms underlying geographic variation in metabolic syndrome.
- Partnership Grant in conjunction with SA Health (#570150) - Linking Place to Metabolic Syndrome via Behavioural and Psychosocial Antecedents: Levers for Public Health Intervention.

For further information, please visit the project website: [http://unisa.edu.au/sansominstitute/pams/](http://unisa.edu.au/sansominstitute/pams/)

*Professor Mark Daniel*
• Congratulations to Dr Grant Tomkinson who has this month crossed the t’s and dotted the i’s on a $947,000 Australian Warfighter Anthropometry Survey (AWAS) project with the Australian Defence Force. A team of anthropometrists will take 85 physical and digital anthropometric measurements on 1800 ADF Army personnel in five different sites across the nation over the next eight months.

• The ActivityStat NHMRC project is and well and truly in full swing in the HUT group. PhD student, Sjaan Gomersall and Project Manager, Nicole Lewis are busy coordinating the team to draw to a close cohort 2. Participants are currently completing the final weeks of the physical activity intervention and are undergoing the end program measures. Participants are enjoying the physical activity intervention, which has ranged from cardio and resistance circuit classes, badminton, boxing, lacrosse and line dancing. A highlight has been kayaking on a beautiful morning at West Beach and many are looking forward (or up to) the Mt Lofty walk over the long weekend. Attrition for the wide range of outcome measures has also so far been successful and we are looking forward to analysing all the data!

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**RESEARCH GRANTS / FUNDING**

• The Department of Foreign Affairs and Trade has awarded a $30,000 grant to Professor Kevin Norton to fund a cultural and educational exchange program with Latin American countries in early 2012. The key objectives are to assist Latin American stakeholders to develop sports education programs linking schools and universities with high-performance institutes and professional sports clubs, and to showcase cutting-edge Australian developments in GPS technologies for monitoring elite athlete performance. The professional sports clubs involved include Brazilian football clubs Avai e Figueirense in Florianopolis, and Coritiba and Parana in Curitiba, the Brazilian Field Hockey Federation, Cuyo Rugby Union (an IRB designated development centre for Northern Argentina and Chile), high-performance hockey in Buenos Aires, and football in Uruguay (Nationalé in Montevideo). Professor Norton will help locals with curriculum development for short courses in senior schools and universities that provide links between the practical talent identification and high-performance support programs, and the educational courses that underpin the acceptance of these programs. Professor Norton was previously seconded to the Commonwealth-funded Centre of Excellence in Sport Science and Administration as Director of Research and Knowledge Services (2005-2008) where he developed resources and computer-based technologies for educational and sports purposes.

• After being awarded a HDR Travel Grant earlier this, PhD candidate Katia Ferrar has just returned from a productive and exhausting three and a half week tour of New Zealand where she met with key researchers in the field of youth physical activity, time use and health. While in New Zealand Katia spent one week respectively with Ralph Maddison at the Clinical Trials Unit, The University of Auckland, and with Scott Duncan at the Centre for Physical Activity and Nutrition Research at Auckland University of Technology. She had the opportunity to present her preliminary PhD findings to the research team at The University of Auckland, which generated much discussion and interest. She spent a further week based at Lincoln University, outside of Christchurch and attended a three day New Zealand Public Health Conference, exposing her to Maori culture and the health issues facing New Zealand society. Katia was fortunate to learn a little more regarding the plight of Christchurch locals post the tragic earthquakes, and the public health and planning issues that are still ongoing, and she was staggered to learn the Christchurch area has experienced over 7,500 earthquakes since last September, 3 of which she experienced personally in the week she was in the area.

• Congratulations to PhD student, Jacqueline Peters who won a Student Travel Award, sponsored by Nutrition Society of Australia (NSA) to attend the NSA National Conference in New Zealand in December for $480. Jacqueline also submitted her thesis.

• Congratulations to PhD student, Rachel Wong who won a Student Travel Award, sponsored by Nutrition Society of Australia (NSA) and the Nestle Institute, to attend the NSA National Conference in New Zealand in December for $480.
PUBLICATIONS BY STAFF AND STUDENTS

- **Lisa Matricciani, Professor Tim Olds** and John Petkov’s publication “In search of lost sleep: Secular trends in the sleep time of school-aged children and adolescents” in *Sleep Medicine Reviews* has been singled out for special mention in the key-note address at the International Sleep Conference in Québec this year. This systematic review of the world literature involves data on 690,747 children from 20 countries, dating from 1905 to 2008. It concluded that over the last 103 years, there have been consistent rapid declines in the sleep duration of children and adolescents.


CONFERENCE PRESENTATIONS / UPCOMING CONFERENCES

- **Dr Kerry Thoirs** and **Jane Coffee** attended *SimHealth* 2011, 12-15 September, 2011, Sydney.

- **Dr Kerry Thoirs** attended Australian Sonographers Association, Future Directions forum, Melbourne, 18th September 2011

- **Dr Maarten A. Immink** presented an abstract entitled, ‘Yoga for chronic post-stroke hemiparesis: A pilot randomised controlled trial’ co-authored with Susan Hillier at the 22nd Stroke Society of Australasia Annual Scientific Meeting, September 15th in Adelaide.

- **Judy Sprod** and **Ali Bell** attended the Working Together Conference on the management of chronic conditions on 9th September featuring key speakers: Professor Kate Lorig from Stanford University, California and Professor Malcolm Battersby Director of the Flinders Human Behaviour and Health Research Unit, South Australia. Kate is the founder of the Stanford self-management programs for people with chronic conditions. Malcolm is the developer of the Flinders Program of chronic condition management. Dr Saravana Kumar from the International Centre for Allied Health Evidence also presented an interesting and stimulating talk entitled ‘How’s that: the opportunities and challenges of evidence based practice in health care’. The conference was a great opportunity to hear how the Stanford and Flinders programs can work together for the benefit of people with chronic conditions. It was also a great opportunity to hear from these people who have been so influential in the area of chronic condition management.

- **Dr Shona Kelly**, Senior Research Fellow within the Social Epidemiology and Evaluation Research Group, presented “How does IQ vary by socioeconomic status in older South Australian men?” on behalf of Prof Gary Wittert, Assoc/Prof Nicholas Burns, Ms Greta Bradman and **Professor Mark Daniel** at the Public Health Association of Australia 41st Annual Conference: Sustainable Population Health in Brisbane from 26th to 28th September.

- **Angela Dunsford** is also presenting a paper at the Sports Physiotherapy Australia component of the Australian Physiotherapy Association biennial conference in Brisbane from October 26 – 31, also entitled ‘The incidence of injury in elite junior Australian Football and correlation with screening findings and training loads: a pilot study.’

- **Dr Mary Magarey** is presenting an invited paper at the Conference of Science and Medicine in Sports in Fremantle entitled ‘The case of the water polo player’s shoulder: Clinical reasoning, assessment and management’. She is also presenting a workshop on Multi-directional instability of the shoulder’.

- **Dr Mary Magarey** is also presenting two invited papers at two different parts of the Australian Physiotherapy Association Biennial Conference – for Musculoskeletal Physiotherapy Australia, a paper entitled ‘The rotator cuff and the degenerative tendinopathy model: how well does it fit and how does consideration of the model affect management?’ and for the Gerontology Group, a paper entitled ‘Shoulders in oldies: considerations associated with musculoskeletal disorders of the shoulder in the older population.’

**AusFoodtech 2011 Symposium**
Tuesday, 18th October 2011, Adelaide Convention Centre

**Australasian Section of the American Oil Chemists Society**
**2011 Biennial Conference and Workshops Program**
8th – 11th November 2011, The Sebel Playford Adelaide

**2011 State Population Health Conference**
**Saturday 29th October 2011**
COST $10 for students, $25 for members of PHAA, AHPA, AFPHM, AEA, $40 non-members
**REMINDER REGISTRATIONS CLOSE: FRIDAY 14th OCTOBER**
Email: phaa.events@gmail.com
MOVIE FUN-RAISER: SUPPORTING CHILDREN WITH DISABILITIES IN CAMBODIA

This is NO ordinary movie night!

For less than $20 you will get:

• A new release movie at a licensed cinema (keep your eyes peeled for further announcement on the movie title)
• A raffle with awesome prizes!
• An esteemed guest speaker
• A presentation from Brad & Eliza, UniSA students having just returned from Cambodia

As Occupational Therapy students we- Brad, Eliza, Meagan and Eleanor are participating in a 9-week placement opportunity in Phnom Penh, Cambodia. The placement is based at an Activity Training Centre and orphanage supporting children with severe disabilities. The money raised from ticket sales will help to support the fantastic organisations responsible for this initiative, Komar Pikar Foundation and interPART.

**Event Details:**
10 November 2011
6:00pm – 9:00pm
Palace Nova (Rundle Street, Adelaide)

Tickets will be on sale from October 10th 2011. Spread the word, post this event to your friends and support Friends of interPART to continue making a difference. It’s sure to be a great night of entertainment!


Please forward all enquiries to students: Eleanor Ruth Chesser, Eliza Huppatz, Bradley Williams, Meagan Saville.

_Nadia Radice_

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STUDENT NEWS

UNISA/SANFL JUNIOR AUSTRALIAN FOOTBALL RESEARCH TEAM

Two Honours students and a graduate of the Master of Musculoskeletal & Sports Physiotherapy from the small UniSA/SANFL Junior Australian Football Research Team are featuring in national conferences in October: At the Conference of Science and Medicine in Sport to be held in Fremantle from October 18 – 22, Sam Chalmers, graduate of the Divisional Honours program in 2010 is presenting a paper entitled ‘The epidemiology of injuries and the relationship between injury rates and pre-season training performance in an elite junior Australian Football cohort’; current Physiotherapy with Honours student Hazel Anderson is presenting a paper entitled ‘The relationships between pre-season musculoskeletal screening and injury rates in junior Australian Football players; and award winning graduate of the Master of Musculoskeletal and Sports Physiotherapy, Angela Dunsford, is presenting a poster entitled ‘The incidence of injury in elite junior Australian Football and correlation with screening findings and training loads: a pilot study’.

Mary Magarey

2011 UNISA PLACEMENT GRANTS - APPLICATIONS OPEN

UniSA implemented new Placement Grants earlier this year and since then we have had two application rounds. Please be advised that the third round application opens from 12 September until 18 November 2011.

Students will need to apply online via my Scholarships in the student portal. The UniSA Placement Grant has been advertised to students via a portal announcement, via SPS, and via flyers distributed at Campus Central.

The criteria has not changed; the UniSA Placement Grant is aimed to provide opportunities for undergraduate students who undertake a placement of 6 weeks or more in a rural/remote location or disadvantaged school, and will assist with costs associated such as travel, accommodation and living expenses. Financial need will also be taken into account.

To determine if a student is eligible for a grant, the SAS Scholarships Office will verify (monthly) if the confirmed placement in the Student Placement System (SPS) is consistent with a rural/remote location according to the Australian Bureau of Statistics ASGC Remoteness Areas classification, OR, listed as an Eligible Education Placement. For more detailed information, please refer to the http://www.unisa.edu.au/scholarship/UniSAPlacementGrant/default.asp

CHANGES TO THE APPLICATIONS FOR GE PROGRAMS

Three School of Health Science programs, Master of Occupational Therapy (Graduate Entry), Master of Physiotherapy (Graduate Entry) and the Graduate Diploma in Clinical Exercise Science have changed the program commencements dates to Study period 2, starting from 2012.

Applications to these programs have changed from Apply Online and is open now via the SATAC website through the Grad Start (graduate, post graduate and professional courses) option.

Gillian Carr
2011 UNIVERSITY SCHOLARS LEADERS SYMPOSIUM

Between the dates of August 1-7 2011, I had the fantastic opportunity to travel to Pattaya Beach in Thailand to attend the 2011 University Scholars Leaders Symposium organised by Humanitarian Affairs.

The event involved information sessions from numerous inspirational leaders in their respective fields, one of them was even an Australian lady named Geraldine Cox who is doing wonderful things as the founder of a school for orphans in Cambodia. We also took part in a plenary session in which we developed, from scratch, a feasible and sustainable project to help a particular population in need. The most rewarding day was one spent ‘getting hands on’ at a local school for the blind in which we were able to experience just what it is like to be blind and also play games with these children. Our experience culminated in the ‘Show Buzz’; a short skit summarising our experiences from the week. Surprisingly, this was a very enjoyable part of the Symposium and I think my group was pretty stiff not to win!

The Symposium was a great eye opener for me having not experienced too many issues in relation to poverty, gender inequality, crime and violence. I was inspired by many people on my journey, from the speakers who have made it their job to help the unfortunate to the blind children who are being given a fantastic opportunity to lead a normal life but especially the other University Scholars who are so determined to make a difference in the world.

I would like to thank the University of South Australia and the School/Division of Health Sciences for selecting me to represent them. Thank you very much.

Clint Bellenger
Fun day highlights serious stroke risks

BRAGGING rights went to the Launceston General Hospital's rehabilitation unit after yesterday's staff challenge for National Stroke Week.

Four teams, including managers and staff from occupational therapy, outpatient rehabilitation and ward 3R, competed in yesterday's challenge designed to highlight the risk factors of a stroke.

Ward 3R may have struggled with the obstacle course but its staff correctly identified all the risk factors, which can include high blood pressure, diabetes, high cholesterol, obesity, alcohol consumption and smoking.

The challenge was organised by University of South Australia occupational therapy student Jodi Newell, who has just completed her work placement at the LGH.

Ms Newell said it was a worthwhile exercise drawing attention to the fact that one in six people will have a stroke.

“We went over the risk factors at the end, but everyone pretty much knew all of them,” she said.

National Stroke Foundation chief executive Erin Lalor said anyone could be affected by stroke.

“But everyone can lessen their chance of stroke, disability and death by understanding and then reducing their own risk.”