HEAD OF SCHOOL

Hi Everyone!

Over the last few weeks we have been busily recruiting new staff and I am delighted to inform you that the following persons will be appointed to lecturing positions:

- Dr Kylie Johnston (as Senior Lecturer in Physiotherapy – specialising in Cardiothoracics)
- Dr Margarita Tsiros (as Lecturer in Physiotherapy – specialising in Paediatrics)
- Dr Kade Davison (as Lecturer in Human Movement – specialising in Exercise Physiology and Motor Control)
- Dr Julie Walters (as Lecturer in Physiotherapy – specialising in Orthopaedics)
- Dr Ben Sellar (as Lecturer in Occupational Therapy – specialising in social inclusion and occupational science)

Congratulations to all the above. I look forward to working with you in the future.

Two weeks ago we had the UniSA Open Day. It was a great event and made successful by the noted contributions of Health Sciences staff and students. It was the first open day for me at UniSA. I didn’t have any specific responsibilities on the day, but it was good to see a few of the lectures and the great level of attendance and interest from parents and potential students. It was particularly good to note the huge level of cheerful enthusiasm and engagement from the Professional and Academic staff and students from the School of Health Sciences. Some pictures of the event (from my iPhone!) are included in this month’s Newsletter.

Hopefully, some of you will have noticed the newly mounted pictures of a number of the Senior Academic and Professional staff which now adorn the wall just next to the School Office reception desk on the 8th Floor of the Centenary Building. We are in the process of taking pictures of all Staff and PhD students across the School of Health Sciences. These will be situated in the most relevant and discipline-specific areas across the school over the next few months.

We are also planning to provide a number of display cabinets in prominent positions throughout the School to showcase some of the activities undertaken by our staff and students. The displays will include such items as books which staff have edited, written or contributed to; specially edited journals; journals which list school staff on editorial board members; national guidelines/national governing body documentation; teaching and learning resources involving school staff input; student and staff prizes/awards; discoveries and inventions etc. Each will have a small card underneath to indicate staff involvement. Where possible (e.g., for books, etc) the School will purchase multiple copies for display in areas where there is a high level of student traffic and obvious visibility. To help us get this off the ground more quickly, I have asked staff to lend us copies of books etc for a period of display (during which time we will arrange to purchase new copies). The intent is to make colourful, informative and eye-catching displays in prominent positions within the school to demonstrate the diversity of staff and student contributions to academia. Thanks to all staff who have provided items so far – there’s a lot to display. High quality student Honours and PhD projects will also be displayed in the form of professionally finished posters.

Speaking of Honours, this month I had the pleasure of helping Associate Professor Marie Williams and Dr Diana Gentilcore assess the Physiotherapy Honours presentations. Great stuff! Congratulations to all of the 14 Honours students involved. I hope to see some of you staying on with us to do a PhD!
In last month’s Newsletter, I announced the development of an ‘Exercise for Health and Human Performance’ concentration to enhance interdisciplinary research between staff and students and provide greater scope for mentoring staff and increasing the breadth of studies at Honours and PhD level. This has led to a very positive response across disciplines within the School of Health Sciences. In consultation with senior colleagues, and with the intent of encompassing an interdisciplinary and holistic perspective on the role of exercise in rehabilitation, enhancing health and human performance, Dr Jim Dollman and Associate Professor Gaynor Parfitt have accepted my invitation to lead the group. Their joint perspectives and experience in exercise psychology, exercise physiology and the exercise-health relationship in adults and children make them an ideal pairing to do this. We’ll be holding meetings over the next few weeks to discuss details on how best to launch the group and the pragmatics of how best to support the broad spectrum of existing and potential research projects.

It’s great to see the contributions to knowledge and the local and national community from staff and students in Health Sciences. Invitations to be part of national accreditation/registration panels, national task groups, international consensus groups, national and international conferences, publication of papers in peer-reviewed journals and the hosting and organisation of workshops, are testament to the contributions made by staff and students of the School of Health Sciences. Examples of these activities are contained in this month’s newsletter.

Thanks again to all of you for keeping Kylie Fogarty and I informed about recent news. It’s great to see the volume of information increasing over the last few months. A sign that you are taking an interest in the content (or you are using a search tool to find your name 😊). It’s good to see that when we miss something we are quickly reminded. We are interested in communicating your news about research, national appointments, community engagements, awards, achievements and sporting endeavours, etc which all have a place in the success of Health Sciences at UniSA.

Kind regards
Roger Eston

Did you know?

Newsletters (April - July) are available to all on the School of Health Sciences ‘On the Pulse’ website

An Accredited Exercise Physiologist
is a recognised allied health professional, qualified to work with patients with existing chronic and complex medical conditions or those at-risk of developing them. (Check out the leaflet at the back of the Newsletter).

Every hour of TV viewed after age 25 shortens your life by 22 minutes.*

Every hour of physical activity increases life expectancy by 3 to 4 hours.*

* Thanks Tim! 😊
STAFF NEWS AND APPOINTMENTS

- Congratulations to Tim Sawyer who graduated from UniSA on Wednesday 24 August 2011 with a Master of Education (Educational Computing).

- Sue Gilbert Hunt, team member of an ALTC Grant of $220,000 conducted a project titled ‘Can DVD simulations be used to promote empathic behaviours and interprofessional collaboration among undergraduate healthcare students’. The project team is a group of allied health educators from the following universities Monash, Edith Cowan, Deakin and UniSA lead by Monash University.

- Grant Tomkinson was a member of an expert group assembled by the International Olympic Committee in January 2011 to discuss the role of physical activity and sport on health and fitness of children and to critically evaluate the scientific evidence as a basis for decision making. By identifying knowledge gaps and potential solutions through collaboration between sport and existing programmes, the aim of this consensus meeting was to provide recommendations for children’s sport and physical activity stakeholders. The consensus statement is freely available at http://bjsm.bmj.com/content/45/11/839.full

- The Social Epidemiology and Evaluation Research Group would like to welcome Anh Ngo, Postdoctoral Research Fellow, to the team. Previously Anh was a researcher in the School of Population Health at the University of Queensland based in Hanoi, Vietnam. Anh will be primarily research-based but will do some limited direct teaching of public health methodology to postgraduate students.

- Congratulations to Natasha Howard who has been appointed President for the SA Branch of the Public Health Association of Australia (PHAA).

TEACHING AND LEARNING

HELPING HAND AGED CARE

UniSA and Helping Hand Aged Care (one of South Australia’s largest aged care providers) have been engaged in an initiative during the past twelve months that has demonstrated the value of interprofessional education for undergraduate students.

The project, funded for approximately $1.8 million by the Department of Health and Ageing, was designed to create a greater number and richer experiences of clinical placement opportunities for students of the Division of Health Science within the aged care environment. With Australia’s population ageing rapidly, many health profession graduates will find employment within the aged care sector, or at least be providing services to more older people wherever they are employed (public sector, private practice, etc). Therefore the opportunities to learn more about older people and the environments in which they live and receive support should be regarded as a valuable component of an undergraduate’s education. The interprofessional element of this project involves students from different programs within the Division participating in a range of activities with colleagues from different disciplines. It is intended that these learning opportunities assist each student to better understand the skills, knowledge and roles of the other health care professions, thereby helping them to better understand the contribution their own profession can make to the health care team.

Thanks to the energies and skills of UniSA and Helping Hand personal working collaboratively, the original target of doubling the numbers of students during the eighteen months from July 2010 has already been surpassed.

The project has been a catalyst for developing a number of new educational initiatives (eg Conversational Cafes - where students in the early stages of their courses can interact with older people in an informal atmosphere). Feedback from students has been very positive, particularly for the opportunities of participating in complex client case study discussions with students from different professional areas, including students from Flinders and Adelaide Universities (speech pathology, dietetics, psychology).
Another popular component of this initiative has been the visits to Helping Hand’s rural sites at Jamestown and other SA mid-north locations. Gaining experience of rural health and aged care environment as part of a multidisciplinary group has proved to be quite memorable for all involved.

The project is funded until the end of 2011. However UniSA and Helping Hand have planned to sustain the initiative and continue to provide similar experiences for our students in coming years.

Jan Van Emden

2011 ESSA UNISA HUMAN MOVEMENT CAREERS NIGHT

The Human Movement Careers Night is an activity that is supported by the School of Health Sciences, UniSA Careers Services and Exercise & Sports Science Australia with the aims of: raising awareness of career opportunities for tertiary trained human movement, raising awareness of professional accreditation as an exercise scientist, sport scientist or exercise physiologist, to emphasise career planning and preparation and the services that UniSA Careers Services provide for this.

On August 17th, the 2nd Human Movement Careers Night was conducted at City East campus of UniSA. Of the 78 students that had registered for the night, 68 students (and 2 parents) attended the program. The first session of the program included a discussion panel formed by industry representatives including: Bernard Savage, Performance Science Manager Swimming Australia; Russell Chan, Exercise Scientist Corporate Health Group; Adam Hewitt, Sport Scientist, UniSA; Anita Haniford, Careers Services. Panel discussed their roles within the industry, their career paths to their current positions and provided advice around identifying job opportunities, the importance of writing a focused job application, having an effective resume and interviewing skills. Students asked questions predominantly around the area of career opportunities in applied sports science.

The second session involved networking activity where students were able to speak with representatives of organisations that employ of human movement graduates. These organisations included: inForm Health & Fitness Solutions, Active After School Communities, Western Sleep, GP Plus Health Care, Adelaide Fitness Solutions, Adelaide Exercise Physiology, South Australian Aquatic & Leisure Centre, Wilderness Escape & Venture Corporate Recharge, Football United – UniSA, and Swimming Australia. The students readily engaged in this activity and a number also asked questions around the Graduate Diploma in Clinical Exercise Science program and also the Division Honours Program.

Coinciding with the networking activity, the SA Chapter of Exercise & Sports Science Australia held a student membership drive which included a prize draws for new members. 29 new student members signed up on the night and with a total current student membership of 44, UniSA has the most student members of any other university with an exercise and sports science program nationally. For each active student membership in October, Exercise & Sports Science Australia will donate $10 to the School of Health Sciences for student support services.

Overall, the event was a success and that met the aims of the event. Students are currently being surveyed by UniSA Careers Services for their feedback.

A number of individuals need to be acknowledged for their contributions to this event. Firstly, a big thank you for Renae Chittleborough who is the Employer Liaison Officer for UniSA Careers Services. Renae did an excellent job in recruiting industry representatives for the discussion panel and the networking activity. This included Bernard Savage who is a high profile sport scientist and who flew in specifically to participate in this event. This is the 2nd year that Renae has made a substantial contribution to the Careers Night. Tamara Carter is also acknowledged for arranging catering, school marketing and information materials and also gifts for industry representatives. Thanks to the boards members of the SA Chapter of Exercise & Sports Science Australia for their involvement in Careers Night development and for being present on the night. A special thanks to Anita Haniford, Careers Services, and all of the industry representatives that took the time to participate in the night’s activity to inspire and provide direction to the students. Finally, thanks the School of Health Sciences and Exercise & Sports Science Australia for providing catering, prizes for the draw, and information material.

Maarten Immink
ESS PRESENTATION CONCORDIA-WALFORD CAREERS NIGHT

The students at Concordia and Walford Schools had requested a presentation on human movement professions at their combined schools’ Careers Night run at Concordia August 9th.

I delivered a 40-min presentation on the professional areas of exercise science and exercise physiology to about 12 students + parents and Adam Hewitt followed up with another 40-minute presentation on the area of sports science to about 11 students, plus parents.

Along presenting an overview of the relevant professional areas, these presentations did promote the Human Movement and Clinical Exercise Programs at UniSA. Questions from the audience were centred around our own personal academic training that allowed us to reach our current positions and also how students can be best prepared to succeed in the program. With respect to the latter we recommended undertaking courses that supported a background in science along with having numeracy and written communication skills but highlighted that there is no assumed knowledge required to commence the IBHT program.

Maarten Immink
BJ2-30 ANATOMY LABORATORY

In the BJ2-30 Anatomy Laboratory, we have upgraded our licence with the Department of Health to allow us to dissect our human specimens. Up until now we have dissected them at Adelaide University and brought the prosections here. Now we are able to further customise the specimens to our teaching needs. Adelaide University have been generous with their time and experience in advising us on best care of the specimens and they continue to do so. Adelaide University run the body donation programme, receive and embalm the specimens, for which we pay administration and preparation costs when we request specimens, they also supply Flinders University and a number of other Australian universities.

Nicola Massy-Westropp

MOBILE HEALTH CLINICS IN KANGAROO ISLAND

From the 1st to the 5th of August the podiatry team set off with both the MAHC and helping hand mobile clinic for Kangaroo Island. Despite a flat battery at the pick-up of the one of the buses on the Sunday afternoon and some white knuckle reversing of the buses onto the ferry, all 4 students and both staff members made it onto the ferry and across to Kingscote for our first day of work. Clinics were provided in Kingscote, American River, Parndana and Penneshaw. The spectacular views, waves from the locals wherever we drove, the local wine and our waterfront display home accommodation were hard to take, but somehow we made it through. A rather unsettling stomach ride back on the ferry and thus concluded a wonderful week in Kangaroo Island. For any MAHC activities please contact Jo Willis jo.willis@unisa.edu.au.

Hayley Uden
UNISA LEARNING AND TEACHING GRANTS 2011

Applications are now being sought for the 2011 round of UniSA’s Learning and Teaching Grants. There are two categories available:

- **Commissioned Grants (CGs)** - funding is available for projects that address a University teaching and learning priority area (see below), as announced annually by the Teaching and Learning Committee. $110,000 is available annually to fund one project or a number of projects totalling $110,000.

- **Development Grants (SDGs)** - up to four grants with funding of up to $10,000 each for projects that are designed to promote small-scale innovation with potentially broader application and to develop good practice in learning and teaching.

2011 priority areas are:

- Understanding and demonstrating standards (CGs & DGs)
- Demonstrating learning outcomes (CGs & DGs)
- The role of the Program Director (CGs & DGs)
- The role of externality in quality assurance (CGs & DGs)
- Curriculum design methodology (CGs & DGs)
- Technology enhanced learning (CGs & DGs)
- Innovation in teaching (Development Grants only)
- Who is the academic leader in the development of curriculum? (Commissioned Grants only)
- Is complexity and proliferation of curriculum creating barriers for quality assurance? (Commissioned Grants only)

Submission of applications - Completed applications must be lodged no later than 4.00pm Friday 21 October 2011.

Further information: [http://www.unisa.edu.au/teachinglearning/goodteaching/grants/unisa/default.asp](http://www.unisa.edu.au/teachinglearning/goodteaching/grants/unisa/default.asp) and/or contact Professor Alistair McCulloch in the LTU.

RESEARCH NEWS

- The director of the Health and Use of Time Group, **Professor Tim Olds** has this month signed the contract with SA Health for $4.5 m over 9 years for the Obesity Prevention and Lifestyle (OPAL) Evaluation Project. This will be a multidisciplinary evaluation of the community-based intervention funded by SA Health within the discipline of Nutrition and Dietetics at Flinders University with UniSA as a consortium partner.

- The School of Health Science congratulates our recent doctoral graduate **Dr Lyndell Bruce**, Doctor of Philosophy Expertise in sport: factors contributing to the development of decision making expertise.

- **Iordan Kostadinov**, PhD Candidate, returned on 16th August 2011 from a 2 week trip to Montreal and Kingston in Canada to undertake training from the developers of the ecological coding grid. The ecological coding grid is the basis of his research and has the ability to quantify the ecologicalness of public health programs. Iordan had the opportunity to build valuable relationships with key researchers from the University of Montreal and Queen’s University.

- Congratulations to PhD candidate **Julie Luker**, who was recently awarded a payment under the School HDR Publication Incentive Scheme for the following publications entitled –
  - ‘Demographic and stroke-related factors as predictors of the quality of acute stroke care provided by allied health professionals’. Published in Journal of Multidisciplinary Healthcare.
  - ‘Patients’ age as a determinant of care received following acute stroke: A systematic review’. Published in BMC Health Services Research.
• Congratulations to PhD candidate Rachel Wong, who was recently awarded a payment under the School HDR Publication Incentive Scheme for her publication ‘Acute resveratrol supplementation improves flow-mediated dilation in overweight/obese individuals with mildly elevated blood pressure’. Published in Nutrition Metabolism and Cardiovascular Diseases.

Honours Scholarships

Five honours scholarships were awarded for students who commenced in Study Period 5 into the Bachelor of Health Sciences (Honours) program. These scholarships are to the value of $7000 and are supported by the Division of Health Sciences and the School of Health Sciences. Congratulations to those applicants that were successful.

Meet the Professors Breakfast

The School of Health Sciences held a breakfast last week to give students from Human Movement and Health Sciences an opportunity to meet with the Professors and leaders of Research concentrations within the School of Health Sciences. At the breakfast students heard from staff about their area of research and opportunities for Summer Scholarships and Honours projects. Thanks to all those involved in making this event a success and I look forward to holding more events like this in the future.

Summer Scholarships

Applications for Summer Vacation Scholarships are now open (close on Sept 20th).

If you are a high-achieving student in your second, third or Honours year with a strong academic record, this scholarship may be for you!

A Vacation Research Scholarship offers you the opportunity to undertake research for up to 8 weeks with experienced researchers, usually between November and February, in a recognised research institute or centre within UniSA. The scholarship provides a stipend of $300 per week.

For further information please see http://unisa.edu.au/resdegrees/scholarships/vacationresearch.asp.

If you are interested in finding out these more please contact Dr Alison Coates (alison.coates@unisa.edu.au) or Dr Kate L. Fitzpatrick (Kate.Fitzpatrick2@unisa.edu.au).

Honours 2012

Honours projects for the Bachelor of Health Science (honours) Program will be released in early October and thanks to staff for the interest in putting up projects for students to consider. The Bachelor of Health Science Honours Program is one of the full year honours programs in the Division of Health Sciences and attracts students from each of the three schools. This year we have 33 students undertaking honours in this program 49 across the Bachelor programs that offer with-honours options. This year’s honours students will be giving presentation about their findings or research proposals in mid-November (Nov 16-17th) and we look forward to having a great turnout from the school to support the students. Students who are considering honours in the future are encouraged to attend these presentations to see the exciting research being conducted.

Want to know more about what honours is all about- well save the date for Here’s Health Honours- Tues 11th Oct. This evening event will be held in Hetzel lecture theatre (H2-02) with refreshments following in Aroma. Registrations will be at 5.30 for a 6pm start. Look out for further details about this event via email and on the Division of Health Sciences Research Homepage.

Ali Coates
RESEARCH GRANTS / FUNDING

- Congratulations to Dr Jim Dollman who has been awarded a South Australian Cardiovascular Research Development/Heart Foundation Fellowship of $450 000 (2012-14), for his project "An innovative approach to improving physical activity promotion in an at-risk adult population".

PUBLICATIONS BY STAFF AND STUDENTS

Abstract

Abstract (ISI 5 y and 1 y IF = 3.81, 2.65; Rank 1 y IF 15/107 Paediatrics, <5y old)

Abstract (ISI 5 y and 1 y IF = 3.81, 2.65; Rank 1 y IF 15/107 Paediatrics, <5y old)

Abstract (ISI 5 y and 1 y IF = N/A, 0.67; Rank by IF 1 y IF 90/107 Paediatrics, <5y old)

Abstract (ISI 5 y and 1 y IF = 6.30, 5.33; Rank by 5 y IF : 1/26 Anesthesiology, 11/185 Clinical Neurology, 24/237 Neurosciences)

Abstract (ISI 5 y and 1 y IF = 3.90, 3.54; Rank by 5 y IF = 7/79 Sports Sciences)

Abstract (ISI 5 y and 1 y IF = 3.90, 3.54; Rank by 5 y IF = 7/79 Sports Sciences)

Abstract (ISI 5 y and 1 y IF = 3.90, 3.54; Rank by 5 y IF = 7/79 Sports Sciences)

Abstract (ISI 5 y and 1 y IF = 3.30, 3.07; Rank by 5 y IF = 17/70, Nutrition and Dietetics)

   **Abstract** (ISI 5 y and 1 y IF = 3.15, 2.64; Rank by 5 y IF = 4/43 Rehabilitation)

   **Abstract** (ISI 5 y and 1 y IF = 3.15, 2.64; Rank by 5 y IF = 4/43 Rehabilitation)

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**CONFERENCE PRESENTATIONS / UPCOMING CONFERENCES**

- **Kevin Norton** presented at the National Science Week, 18th August 2011, his presentation entitled ‘Exploring the love-hate relationship between sports and performance enhancement’ specifically focussing on ‘The limits of human performance’.

- Three representatives from the Heath and Use of Time group (HUT), **Louise Wiles, Katia Ferrar and Lisa Matricciani**, attended the 33rd Conference of the International Association for Time Use Research from 1st to 3rd August 2011 in Oxford, UK. The conference provided a great opportunity for the members from the HUT group to present their research, meet colleagues and represent the University of South Australia at an international conference of time-use researchers. Katia Ferrar presented data from her PhD research “Trans-Tasman adolescent time use clusters” and Lisa Matricciani’s podium presentation “In search of lost sleep: secular trends in the sleep time of school-aged children” was based on her Honours research. Louise Wiles attended the conference as this is an area of interest for future research projects following completion of her PhD. Both conference presentations were well received by the international research community in attendance and generated some discussion among peers. Katia, Lisa and Louise also enjoyed the opportunity to meet with international researchers and discuss the possibilities for ongoing and collaborative research opportunities.

- **Rebecca Golley** was an invited keynote speaker at the SA DAA 2011 Obesity Roadshow “Not as simple as eat less exercise more...” on 20-21 August 2011. Rebecca’s presentation was titled “Working with children, adolescents and families: where to begin and how to continue without causing future problems”.

- **Dr Maarten Immink** presented, “Preceding motor task learning with exposure to elevated levels of psychological stress improves short and long term performance in healthy adults”, co-authored by Mr. Brenton Hordacre (graduate of the Physiotherapy Honours program) and Dr. Susan Hillier at the North American Society of Psychology of Sport and Physical Activity (NASPSPA) 2011 Conference in Burlington, Vermont, 9-12 June 2011. The presentation attracted a substantial amount of interest from fellow motor behaviourists attending the conference.

- **Margaret Cargo** from the Social Epidemiology and Evaluation Research Group presented at the Global Implementation Conference and held a working group meeting for the Campbell Collaboration Process and Implementation Methods Subgroup in Washington during August.

- **Mark Daniel, Catherine Paquet, Natasha Howard, Neil Coffee** and **Katherine Baldock** (PhD Candidate) from the Social Epidemiology and Evaluation Research Group attended the **Annual Meeting of the International Society for Behavioural Nutrition and Physical Activity (ISBNPA)** in Melbourne from 15-18 June.

- **Mark Daniel** gave an invited presentation within a Symposium, led by the National Cancer Institute (US), “Understanding and overcoming key barriers to assessing the relevance of the food environment to diet and health”. Mark’s presentation was on the “Challenges in use and results of analyses of secondary data on food environments”. The presentation framed challenges and emerging tensions in research on food environments using geographic information systems (GIS)-based secondary data, including linking constructs to measures, validity of indirect measures, and coherence of relationships between food-source availability, composition and context, eating behaviour, and cardiometabolic outcomes.
• Catherine Paquet presented a poster reporting on associations of public open space (POS) characteristics (greenness, type and size) and cardiometabolic risk markers. Analysis undertaken within the north-west region of metropolitan Adelaide indicated a high availability of POS. For residents of this area greater availability of POS was not related to cardiometabolic risk. Locally available POS classified as greener, larger and designed for undertaking physical activity was, however, associated with lower cardiometabolic risk. These findings suggest that the characteristics, not the number, of locally available POS may be relevant to cardiometabolic health.

• Katherine Baldock (PhD Candidate) presented results of preliminary analyses testing associations between the perceived environment, sense of community, and metabolic syndrome. Findings indicated that a greater number of locally available services and resources were associated with a greater sense of community. In addition, a greater sense of community was associated with a lower risk of having metabolic syndrome. Knowledge of the specific features of residential environments that may potentially improve residents’ sense of community and cardiometabolic health could inform environmental interventions to improve population health.

• Peter Lekkas (PhD Candidate) attended a satellite meeting “Advancing research on the built environment and active living: working with policy makers and designing natural experiments”, hosted by the Centre for Built Environment and Health, University of Western Australia. The aim of this satellite meeting was to advance knowledge of natural experiments. Using real case studies of urban regeneration programs awaiting formal development approval, participants were challenged to formulate robust evaluations to capture the prospective influence of changes to the built environment on ‘active living’, health and wellbeing.

• Natasha Howard from the Social Epidemiology and Evaluation Research Group presented at the Institute of Australian Geographers Conference ‘Geography on the Edge’ held from 3-6 July in Wollongong, NSW. Natasha’s presentation was titled “Geographic accessibility to public open spaces and cardiometabolic risk”.

• Neil Coffee from the Social Epidemiology and Evaluation Research Group presented at the Sustainable Solutions Seminar on “Geographic accessibility to public open spaces and cardio-metabolic risk”. Studies have associated accessibility to public open spaces (POS) to a more active lifestyle and healthier weight. The Place and Metabolic Syndrome (PAMS) Project investigates the association between POS accessibility and risk of cardio-metabolic diseases and whether this association differs by POS type. For more information, visit: unisa.edu.au/sansominstitute/pams/

• Louise Wiles will be attending the Australian Physiotherapy Conference (Australian Physiotherapy Association) from October 27 – 30 later this year at the Brisbane Convention and Exhibition Centre. During the conference, Louise will be presenting data from research projects related to her PhD in the form of two podium presentations, “A bibliometric analysis of 65 years of the journal Physical Therapy” and “Bibliometric measures in health research: a systematic review.” In addition, she will use this opportunity to extend her existing knowledge in several areas (namely cardiorespiratory, musculoskeletal and neurology) which will directly influence the subject content and manner in which she teaches students.

2011 STATE POPULATION HEALTH CONFERENCE, SATURDAY 29 OCTOBER 2011

Email: phaa.events@gmail.com
TEACHING INTERNATIONAL STUDENTS: A FOCUS ON STUDENT MIXING AND COLLABORATION

11 October 2011, 09:00 – 12:30, Adelaide Convention Centre

Presenter: Jude Carroll
This workshop is targeted at Academic staff and tutors with some experience of working with cohorts where home and international students study on the same programmes. The goal is to help teaching staff in encouraging student interaction and in the longer term, fitting students to live and work effectively in our global, interconnected, multicultural world. The workshop will draw upon work done in the UK linked to the government funded ‘Teaching International Students’ project and share insights gained from work with a wide range of UK teachers of international students.

Jude Carroll is a dynamic and engaging facilitator and an international expert in the area of teaching international students. She has worked for many years at Oxford Brookes University as an educational developer. She has also had extended periods of work at the Royal Technical University, Stockholm and in some Australian universities. Jude’s work addresses effective teaching for international students and deterring student plagiarism and she was awarded a UK National Teaching Fellowship in 2009 for work in these areas. From 2009-2011, she worked with Dr Janette Ryan from Monash University on the UK-funded ‘Teaching International Students’ project, aimed at HE teachers. Together, they edited Teaching International Students: Improving Learning for All (Routledge: 2005).

Cost: $275 (IEAA members), $325 (non-members)
More details and registration at -
http://www.aiec.idp.com/program/workshops.aspx

ASSURING GRADUATE CAPABILITIES WORKSHOP - FRIDAY 9 SEPTEMBER 2011

Professor Beverley Oliver, an ALTC National Fellow, from Curtin University of Technology will be conducting a hands-on workshop for staff who are interested to find out about creating rubrics for assessment and assurance of graduate capabilities. Issues in creating rubrics specific to various disciplines will be covered. This is part of Professor Oliver’s ALTC National Fellowship work and UniSA is one of the eleven partner institutions named in the fellowship.

The first hour of this session will be an interactive presentation and an introduction to the concepts and ideas associated with her ALTC fellowship:

* how might we articulate learning standards in capabilities such as communication, thinking, problem-solving, information literacy, self-management, teamwork and civic engagement; and

* how might we find new ways to evidence student achievement of those standards. For example, can we research alternatives to standardised tests such as the Collegiate Learning Assessment?

This work is in an area of interest for all in the sector, especially with the forthcoming establishment of TEQSA (Tertiary Education and Standards Agency) which replaces AUQA.

The remainder of the session will be hands on engagement in articulating standards for degree programs.

Direct link to the event is:
http://boliver.ning.com/events/adelaide-presentation-and-worshop
COMMUNITY ENGAGEMENT

FOOD INDUSTRY FORUM – NPRC

Last week the Nutritional Physiology Research Centre, together with Healthy Development Adelaide, hosted the 2nd Annual Food Industry Forum for Nutrition Research at the Sebel Playford. Addressing the theme of ‘Sustainable Nutrition’, this year’s Forum was officially opened by SA Health Minister, Hon. John Hill and attracted over 130 registrants from both industry and government sectors. The Paul Nestel lecture was presented by leading epidemiologist and environmental health expert, Prof Tony McMichael, who led an impressive list of speakers in the ‘Nutrition for Life’ and Foods for Sustainable Nutrition’ sessions, including well known nutrition consultant Dr Rosemary Stanton. Details of the Forum can be found on the NPRC website and copies of the presentations can be downloaded at http://www.adelaide.edu.au/hda/news/

Peter Howe

Forum

Speakers
SCHOOL ADMINISTRATION

BAKE CLUB

Congratulations to Raewyn Todd and Jan Kooymans who were joint winners of the August Bake Club. We raised a total of $110.05, which will be donated to charity.

Thanks to those of you who contributed money or your yummy lemon delicacies!

ON-CAMPUS AVAILABILITY OF COPYRIGHT SERVICES STAFF DURING SEPTEMBER

This email is to advise the days and campus locations Copyright Services will be working throughout September. Should staff wish to contact Copyright Services with any copyright queries, please contact us on extension 25630 or by email: copyright@unisa.edu.au

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Catherine Daniel

STUDENT NEWS

CHARLIE PERKINS INDIGENOUS SCHOLARSHIPS TO THE UNIVERSITY OF OXFORD AND THE UNIVERSITY OF CAMBRIDGE FOR 2012

The Charlie Perkins Scholarships are now accepting applications for 2012.

Each year the Charlie Perkins Scholarship Trust offers two scholarships for Indigenous postgraduates to study at the University of Oxford and the University of Cambridge for up to three years.

The Perkins Trust website provides comprehensive information on the scholarship criteria, how to apply, key dates, etc. (www.perkinstrust.com.au)

Please note that the closing date for this year has been brought forward and applications will close on Friday 14th October 2011. The Charlie Perkins Scholarships will only be awarded to students who have been accepted to either the University of Oxford or Cambridge. In most instances, this will require a First Class Honours degree or a very strong Second Class Honours degree.

If you require any clarification on the information contained on the website, please do not hesitate to contact Marshall Thurlow on marshall.thurlow@auroraproject.com.au
OPEN DAY

SUNDAY, 21ST AUGUST 2011
Exercise Physiologists: What we do
Exercise Physiologists – What we do

Accredited Exercise Physiologists (AEP) specialise in clinical exercise interventions aimed at restoring your patient’s optimal physical function, health and wellness. AEPs are recognised allied health professionals capable of working with patients with existing chronic and complex medical conditions or those at-risk of developing them.

A practising AEP can help with:

- Screening and risk-assessing the appropriateness of exercise and physical activity interventions
- Assessing a patient’s ‘movement capacity’
- Developing safe, effective and individualised exercise plans
- Providing health education, advice and support to enhance health and well-being
- Providing rehabilitation and advice to patients following injury, surgery and during recovery

AEPs are eligible for registration with Medicare Australia, the Department of Veterans’ Affairs, WorkCover and recognised by a number of health insurers.

For more information on how a practising AEP can help your patient, please contact ESSA: info@essa.org.au.

Contact Us

School of Health Sciences

t: +61 8 8302 2425
f: +61 8 8302 2853
healthstudy@unisa.edu.au
www.unisa.edu.au/hls
Level 8, Centenary Building
City East Campus
GPO Box 2471
Adelaide, SA 5001

University of South Australia

CRICOS Code: 00121B