HEAD OF SCHOOL

It’s a pleasure to provide my first report as the new Head of School. I’ll start by expressing my thanks and appreciation to all the academic and professional staff for all the help over the last six weeks. Thanks in particular to Annette Raynor, who has done an excellent job as Acting Head of School for the last 12 months. After 11 years at UniSA, Annette has decided to take up a Senior Lecturer post at Edith Cowan University in Perth and move closer to her family. We are also sorry to say goodbye to Frances Hardy, who commenced with the University in 1991 and whose team and leadership have sustained a position in the top 5 best recognised programmes in Australia for the last 5 years (see below). Thanks and all the very best to Frances and Annette for the future.

Recent appointments include Gaynor Parfitt and Ann Rowlands (both from Exeter University) as Associate Professor of Exercise Psychology and Senior Research Fellow of Exercise Physiology. Gaynor and Ann will join us in July and October, respectively. Congratulations also to Laura Kambuts who was recently appointed as lecturer in Podiatry, and thanks to Tim Sawyer who becomes academic integrity officer for the School. Plans are currently in process for six other continuing academic posts in physiotherapy, medical radiation, occupational therapy and human movement, details of which will be advertised shortly. Interviews will be held for the Associate Head of School (Academic) post in June.

There have been a number of important events and initiatives over the last few weeks. Directors for each of the School’s programs have been busy reviewing and revising the programs to allow graduate entry at the beginning of the academic year, which will allow UniSA and other graduates to continue onto graduate studies at the end of their undergraduate course. Staff have also been busy reviewing and preparing documentation to comply with the stringent external accreditation and quality assurance criteria.

To ensure that students are kept informed of recent staff and student achievements and School-wide successes and developments in learning and teaching, research and other initiatives, I am pleased to note that the Newsletter is now to be made available to all students in the School. As a further means of ensuring that the students are kept informed and play an active part in the learning experience and the continuing successful development and evaluation of our courses, we will soon be inviting student representatives from each year to join a staff-student liaison group. The purpose of this group will be to help with the two-way flow of information and engage student opinion about potential program developments.

In relation to keeping everyone informed of the excellence in research, learning and teaching activities and staff and student successes, I am keen to ensure that this is made visible in learning and research spaces, wherever this is possible. We are in the process of preparing materials for display to celebrate our successes around the School.

I am delighted to be leading the team in the School of Health Sciences. I look forward to working with all of you to continue the School’s successful growth and development over the next few years.

Roger Eston
STAFF NEWS AND APPOINTMENTS

Welcome to Joanna Sallis in her role as School Receptionist. Joanna is currently with us at this stage until August 2011.

Congratulations to Dominic Thewlis on being successful to obtain an award with the Australian Competitive Grants and Fellowships Development Group (ACG&FDG). This award is to support Dominic to travel and visit Harvard Medical School, USA in early 2012.

TEACHING AND LEARNING

PUBLIC LECTURE – Pain. Is it all in your mind?

If you happen to miss this fantastic Public Lecture presented by Professor Lorimer Moseley, please take the time to view this link.

PHYSIOTHERAPY NEWS – CEQ Top 5 Institutions

The Physiotherapy teaching team was very pleased to see that for the most recent Graduate Course Experience Questionnaire (2010 GCEQ) results, the Bachelor of Physiotherapy at UniSA was ranked in the top 5 Universities for all 5 categories. This is out of a total of 14 programs in Australia. The only other University to appear in all categories was the University of Melbourne. For Overall Satisfaction our score was 96.6% beaten only by Monash University with 97%. This is an excellent result and one the teaching and professional staff can be very proud of.

Frances Hardy

EXERCISE PHYSIOLOGY CLINIC

The UniSA Exercise Physiology Clinic is located adjacent the physio clinic on C8. Exercise Physiologists are specialists in the prescription of exercise for prevention and management of chronic conditions such as cancer, diabetes, obesity, heart disease and osteoarthritis.

The Exercise Physiology Clinic services staff, students and the public through GP referral, allied health referral and self-referral. We offer group classes specifically tailored for people with cancer, diabetes, obesity and neurological conditions.

The Exercise Physiology Clinic manages several external clinics which help to support the education of our students. We offer services to residents and community clients at ACH and Helping Hand aged care, the Multiple Sclerosis Society and the Obesity Clinic at the Royal Adelaide Hospital.

Most recently we have been working collaboratively with the Little Heroes Foundation assisting children recovering from cancer. To read about some of the children’s achievements during this programme, please click on the link below:

Following the success of the Little Heroes project we have recently undertaken a similar plight for adults diagnosed with a rare form of blood cancer called Multiple Myeloma. We will be running group classes twice a week for these clients, supported by the Leukaemia Foundation.
If you are interested in the Exercise Physiology Clinic or would like more information please contact one of our friendly staff on (08) 8302 1736.

Tracey Grosser, Kerri Frahn, Cherie Noble, Jessica Northcott

MOBILE HEALTH CLINIC – Mother’s Day Classic

The Mother’s Day Classic was attended by students across multiple disciplines with:

- Interactive display of plastinated body parts;
- Portable Ultrasound machine with two full body phantoms and a breast phantom;
- Display of x-ray films;
- Wobble boards for children to use and get the ball to the end of the maze;
- Answering any questions from the public about the van and Programs on offer within the school.

Jo Willis
HLS SWIM SCHOOL AND JUNIOR SQUAD SWIMMING CARNIVAL

The School of Health Sciences hosted the inaugural HLS Swim School and Junior Squad Swimming Carnival at the Magill Campus pool on Thursday 21st April this year. This event was the culmination of another successful season of swimming teaching, and the overwhelming satisfaction of swimmers and parents was testimony to the HLS’s successful operation of the pool and pool programmes.

The School of Health Sciences first established a swim school at the Magill Campus pool in February 2009, with the two-fold purpose of providing suitably qualified UniSA students an experiential environment in which to hone their teaching, communication and public relations skills, whilst offering a high quality after-school swimming programme to children from the age of 4 years. Within two years, word of the excellence of the programme has spread throughout the local community, with first term enrolments this year exceeding 200 children.

The concept of staging a carnival came at the suggestion of the UniSA swimming instructors. They devised a programme of events that catered for all swimmers from the youngest beginners to the most experienced squad swimmers. They assumed responsibility for all aspects of the conduct of the meet – from Carnival Director to Chief Time Keeper to Recorder.

The carnival culminated with a family barbecue and presentation ceremony. A key feature of the meet was that each participant received a certificate with full details for every event entered – stroke, distance and time. The emphasis of the afternoon was on participation, regardless of ability and experience. Accordingly, each participant was also given a congratulatory UniSA bag with age appropriate items from sticker books for the youngest to UniSA beanie caps for the squad swimmers. The most outstanding male and female swimmers were each awarded a UniSA towel.

Congratulations to all the swimmers, and to the wonderful team of Swim School instructors, headed by Junior Squad coach and Carnival Director, Adam Troyn.

Kathy Heenan
ACH GROUP GETTING CONNECTED PROJECT

In 2010, ACH Group was successful in receiving a grant from the Commonwealth Government. The ‘Getting Connected Project’ aimed for volunteers to work with older people with dementia in learning to use technology in order to connect with family and others. Carolyn Murray from the Occupational Therapy Program was on the reference group for this project and three occupational therapy students participated as volunteers. Ten older clients with memory loss and three family members learned how to use either a cordless phone, a mobile phone for text messaging and making and receiving calls or a computer for email. The participants enjoyed being able to communicate with family members who live away from them and were intrigued by the instant-ness of email; they also described ‘inclusion’ at being able to understand what others meant when they talked about the technology. Family members expressed ‘peace of mind’ that they could contact their relative when they were out. The volunteers learned about needing to break things down into simple terms and language and using lots of different ways to support someone to learn; in particular patience and persistence. Congratulations to Megan Holmes, Heather Morrison (3rd year OT students) and Jess Allison (4th year OT student) for their involvement in this project.

Carolyn Murray

REPORT ON DISSECTION WORKSHOP FUNDED BY THE INTERNATIONAL TRAVEL GRANT

The 6-Day Intensive Cadaver Dissection Workshop commenced last April 11, 2011 and closed on April 16, 2011. It was held at the Anatomy Laboratory of the University of Pacific. The workshop was facilitated by Gil Hedley, PhD who has devoted his career in dissecting cadavers and consequently discovering interesting features of the human body.

There were 20 participants in the workshop with various professional background. The week-long activity started with a group prayer. Each of the three cadavers was given a name by the participants who chose to work on it. Interestingly, all cadavers were brought in the upright position by the participants prior to dissection. This put forth a new perspective on the human form. It reminded the group that the cadavers were once alive like us who walked and interacted on the face of the earth.

The first day was allotted to removal of skin of the body. The following day was devoted to flapping of superficial and deep fasciae. The third day was allotted to dissection of muscles and ligaments. Fourth to sixth day focused on dissection of internal organs and the central nervous system. The workshop is an eye opener for the intricate connection that fasciae create in the body. I inquisitively and interestingly teased the fasciae...
surrounding the elbow. As Hedley had mentioned, fine lines of fasciae connect with underlying muscles. These lines were vaguely termed as fuzz by Hedley. The role of the fuzz is unsubstantiated in clinical conditions of the elbow specifically in lateral epicondylar pain or tennis elbow. The connections that the fascia creates in the human elbow and its role in lateral epicondylar pain underpin my PhD work.

The workshop was a unique experience for me as an academician and a researcher. In my 7 year-long experience of teaching anatomy, it was my first time to appreciate the entirety of superficial fascia, and deep fascia. I was fascinated with the evisceration of the brain. I felt that my anatomy books were all encapsulated in this cadaver dissection workshop. My 7 years of cadaver dissection experience culminated in this unique and intensive discovery of the human body.

Valentin Dones (Scholarship Holder)

RESEARCH NEWS

PHD COMPLETIONS

The School of Health Science congratulates our latest doctoral graduates.

Dr Norman Stomski came from a complimentary health background and continued his interest in acupuncture during his research program. Norman’s thesis examined issues surrounding assessing acupuncture care for chronic low back pain and consisted of three studies: a systematic review of patient self-report measures for chronic pain consultations; a survey of Australian acupuncturists’ use of outcomes for chronic low back pain; and a grounded theory study of the experience of acupuncture care from the perspective of people with chronic low back pain. The findings suggest that a broad range of outcome measures are required comprehensively assess how acupuncture consultation processes influence the outcomes people with chronic low back pain experience.

Dr Charlotte Sale, many of us have either worked with or known Charlotte during her time as an undergraduate student and staff member within the School. We congratulate Dr Sale on the completion of her PhD with the School of Health Sciences, UniSA. Charlotte will join the very small professional group of radiation therapists who have completed doctorates. Charlotte’s program of research explored the diverse and changing practice of radiation therapists. A three phased, mixed methods research design was used to identify, describe and understand radiation therapy current and future directions for practice in Australia. Analysis of the data led to seven recommendations for the radiation therapy profession. The findings add to the body of knowledge in an area where little in-depth research has occurred in Australia and provides documented evidence in areas where there was previously only anecdotal evidence. Charlotte’s work has been well received by the profession and we look forward to hearing more about her research in ongoing publications.

Congratulations to PhD candidate Janine Dizon, who was recently awarded a payment under the School HDR Publication Incentive Scheme for her publication 'Effectiveness of the tailored EBP training program for Filipino physiotherapists: A randomised controlled trial'. This paper was accepted for publication in the A Publication BMC Medical Education.

Congratulations to PhD candidate Janine Dizon, who was recently awarded a payment under the School HDR Publication Incentive Scheme for her publication 'Complex interventions required to comprehensively educate allied health practitioners on evidence-based practice. This paper was accepted for publication in Advances in Medical Education and Practice.'
Congratulations to PhD candidate Rebecca Stanley, who was recently awarded a payment under the School HDR Publication Incentive Scheme for her publication ‘The type and prevalence of activities performed by Australian children during the lunchtime and after school periods’. This paper was accepted for publication in the A Publication Journal of Science and Medicine in Sport.

HUMAN RESEARCH ETHICS TRAINING

Have you commenced your HDR program in the last 12 months and plan on undertaking research involving humans? The Ethics Centre of South Australia, in collaboration with the University of South Australia, Flinders University and the University of Adelaide, invites all HDR students who have commenced their program of study in the last 12 months to attend the following workshop: ‘Ethics and Integrity in Research with Humans’.

This interactive workshop aims to provide:

- an understanding of the ethical issues that may arise in research involving humans (across the full spectrum from biological samples to whole populations);
- tools to analyse and address these issues;
- an understanding of what constitutes good practice in research; and
- assistance in the preparation of Human Research Ethics Committee applications.

This free workshop will run on Monday 20 June (9am – 4pm) and Tuesday 21 June 2011 (9am – 1pm) at the University of Adelaide. Refreshments will be provided. Current HDR students who have research projects which require Human Research Ethics Approval are strongly encouraged to attend this workshop. For further information and a registration form, please contact Amy Baker by Friday 10 June (amy.baker@unisa.edu.au).

RESEARCH GRANTS

HSC RESEARCH CALENDAR MAY 2011

Find the calendar on the web at: http://www.unisa.edu.au/health/research/calendar.asp

Upcoming dates and events:

<table>
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<tr>
<th>Date</th>
<th>Event Description</th>
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</table>
| 1 June 2011| **External closing date:**
National Health and Medical Research Council (NHMRC) Program Grant

**Applications open:**
National Health and Medical Research Council (NHMRC) Fulbright Scholarship

| 7 June 2011 | **External closing date:**
Australian Research Council Discovery Indigenous Researchers Development Scheme |
CALL FOR FUNDING

AUSTRALIA - ISRAEL SCIENTIFIC EXCHANGE FOUNDATION (AISEF) POSTGRADUATE FELLOWSHIP

I would like to draw your attention to an opportunity which is directed at promoting scientific exchange and collaboration between Israel and Australia.

The AISEF Postgraduate Fellowship Scheme provides funds to assist a student enrolled in a postgraduate research degree in an Israeli university to spend up to 6 months working in a research laboratory in Australia.

Funds are also available to assist a student enrolled in a postgraduate research degree in an Australian university to spend up to 6 months working in a research laboratory in Israel.

Full information on the AISEF Fellowship Scheme is available from the following website: http://www.swinburne.edu.au/hosting/aisef

The closing date for applications is 15 July 2011 for Australian and Israeli students. The contact officer for queries in relation to the scheme is Ms Sara Jervis on 61 3 9214 8899 or email Sara: sjervis@swin.edu.au

Cameron van den Heuvel, PhD (Manager: Research Capacity & Compliance)

PUBLICATIONS BY STAFF AND STUDENTS


**ERA A** [Abstract](#)

**ERA A** [Abstract](#)

**ERA B** [Abstract](#)

**ERA B** [Abstract](#)

**ERA: A** [Abstract](#)

12. **Milte, CM., Sinn, N., Buckley, JD., Coates, AM., Young, R., Howe, PRC.** Polyunsaturated fatty acids, behaviour and literacy in children with ADHD with and without learning difficulties. *Journal of Child Health Care*. 
**ERA A** [Abstract](#)

**ERA B** [Abstract](#)

**ERA B** [Abstract](#)

**ERA C** [Abstract](#)

**ERA B** [Abstract](#)

**ERA C** [Abstract](#)
ERA: A*  Abstract

ERA B

ERA B  Abstract

**CONFERENCE PRESENTATIONS**

Jane Shepherdson was involved in presenting the following two papers at the Annual Scientific Meeting for Medical Imaging and Radiation Therapy (ASMMIRT), 14 – 17 April 2011 which is the national conference of the Australian Institute of Radiographers. The conference was held in Adelaide.

'The perfect blend for maximising novice student experience in the ‘real world’ using a blend of professional and academic experiences' co presented with Trenna Albrecht.

'The Virtual Poster Exhibition; a back blending of the traditional poster exhibition format with an e-learning platform' presented on behalf of Yvette Winnard and Jane Shepherdson.

Professor Peter Howe was an invited speaker to The Science of Nutrition in Medicine and Healthcare, International Conference held in Sydney 13 – 15 May 2011.

Dr Natalie Sinn presented a peer-reviewed poster and oral abstract at the Nutrition in Medicine Conference in Sydney 13-15 May, entitled ‘Fish oil supplementation, learning and behaviour in Indigenous children from a remote community school: A pilot feasibility study’ (with co-authors Patrick Cooper and Kerin O’Dea). Natalie won Best Poster Award and was a runner up for best oral presentation. This paper has just been accepted for publication in the Australian and New Zealand Journal of Public Health.
UPCOMING CONFERENCES / SEMINARS

THE INTERNATIONAL CENTRE FOR ALLIED HEALTH EVIDENCE
STROKE REHABILITATION RESEARCH GROUP – SEMINAR PROGRAM 2011
Venue – Centenary Building, Level 8, Room 60 (opposite staff pigeon holes)

The aim of this seminar series is to share knowledge from our different ‘sub-specialities’ within stroke and rehabilitation research, and to provide opportunities to foster links and collaborations between group members, interested school staff, honours and higher degree students.

Each seminar will start with a short presentation by the nominated convener, followed by general discussion/questions. All welcome!

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Convener</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Friday 17\textsuperscript{th} June</td>
<td>9-10 am</td>
<td>Shylie Mackintosh</td>
<td>Stroke &amp; Falls</td>
</tr>
<tr>
<td>Tuesday 12\textsuperscript{th} July</td>
<td>12-1 pm</td>
<td>Susan Hillier</td>
<td>Rehab and stroke – pathways update</td>
</tr>
<tr>
<td>Friday 19\textsuperscript{th} August</td>
<td>9-10 am</td>
<td>Michelle McDonnell</td>
<td>Exercise and cognition after stroke</td>
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<tr>
<td>Tuesday 13\textsuperscript{th} September</td>
<td>12-1 pm</td>
<td>Caroline Fryer</td>
<td>Why people with limited English proficiency undervalue their stroke care.</td>
</tr>
<tr>
<td>Friday 14\textsuperscript{th} October</td>
<td>9-10 am</td>
<td>Julie Luker</td>
<td>Secondary stroke prevention – what interventions work</td>
</tr>
<tr>
<td>Tuesday 15\textsuperscript{th} November</td>
<td>12-1 pm</td>
<td>Angela Berndt/Stacey George</td>
<td>Driving after stroke – latest research</td>
</tr>
<tr>
<td>Friday 9\textsuperscript{th} December</td>
<td>9-10 am</td>
<td>Coralie English</td>
<td>Sedentary time research – implications for stroke</td>
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9\textsuperscript{th} NATIONAL ALLIED HEALTH CONFERENCE
23 – 25 October 2011, Canberra

AHPA - National Allied Health Conference
SCHOOL ADMINISTRATION

PROFESSIONAL TEAM PLANNING AND TEAM BUILDING DAY

The Professional Team attended a planning and team building day on Thursday 21st April 2011, which was held in the rooms above the East Terrace Café. In the afternoon the team moved its operations to the Adelaide Bowling Club from 2pm-5pm.

The theme for the day was to explore ‘What is Working’ and ‘What Needs Improvement’. Feedback was requested from staff across the School and this was integrated into our discussions. The planning session was both productive and enjoyable and the following is a list of some of the topics discussed:

- **Course Manager Role** – guidelines required for the role, what we should and what we shouldn’t do
- **Look at Signage in Bonython Jubilee Building** - feedback suggests that visitors to city east campus are regularly getting lost in the Bonython Jubilee building
- **Investigate new Storeroom Software** to enable store clerks to access only one system instead of multiple.
- **Storeroom Shelving** – look at new shelving to maximise space in P6-20
- **Storeroom Archiving** – Build-up of archiving across the school and in the Central Store. Will need casual assistance in keeping on top of this
- **More Tech Staff needed** to cover laboratory support across the School
- **FMU Roles - communication responsibilities and further clarification** – The technical team will seek more guidelines around what “United” can and can’t do
- **AV Teaching Spaces** – Look at what work remains to be done in these spaces – BJ2-20, Lorimer’s area, C7-21, number pads on control boxes
- **Improve Leave Planning** - Team Leaders to plan leave for each of their areas and discuss at TL meetings
- **Overseas Registration Process** - Discuss further with Bronwen Webb and provide examples of the type of requests we get.
- **Research Centre Pigeon Holes** – Create additional pigeon holes for each of the School Research Centres on level 8, Centenary
- **ISTS – Help Desk - PhD Students email addresses** – not a professional look
- **Clean-up of folders - Medical Radiation, Occupational Therapy and Human Movement** – Next stage of the ‘file management project’ is to organise a clean-up of these folders
- **Planning and Team Development Days** - It was agreed that the Professional Staff have more Planning and Development days - twice a year
- **Central Finance Relationship** – this can be problematic at times especially for Louise’s position

Raewyn Todd
MID YEAR EXAMINATIONS

Please find below the schedule of activities for the mid-year exam paper preparation. **Friday, 4th June** is the date the exams are required at Document Services, **please send to Tim Brooke-Smith by the end of day, Wednesday 1st June** to allow time to organise printing and delivery. Can Tim please have each exam sent electronically as a word document, to allow any changes to be made to the cover sheet if needed.

Please also remember the sign off sheet which is required to be signed and returned prior to the exam being sent for printing.

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<tr>
<th>Date</th>
<th>Activity</th>
<th>Responsible Party</th>
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<tbody>
<tr>
<td>Friday, 3 June 2011</td>
<td>All exams to be printed by Document Services AND all exams not being printed by Document Services (i.e. printed by the School) must be received at Document Services <strong>prior to this date</strong>. ALL exams will be delivered, by Document Services, to the exam venue.</td>
<td>School Staff &amp; Course Coordinators</td>
</tr>
<tr>
<td>Saturday, 18 June 2011</td>
<td>Exams begin</td>
<td>BA: Exams and Results</td>
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<tr>
<td>Saturday, 2 July 2011</td>
<td>Exams conclude</td>
<td>BA: Exams and Results</td>
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If you have any questions, please contact Tim Brooke-Smith (ext. 21068).

ON-CAMPUS AVAILABILITY OF COPYRIGHT SERVICES STAFF DURING JUNE

<table>
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<tr>
<th>Monday 6 June</th>
<th>Tuesday 7 June</th>
<th>Wednesday 8 June</th>
<th>Thursday 9 June</th>
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Should staff wish to contact Catherine Daniel (Copyright Co-ordinator) with any copyright queries, Catherine can be contacted on extension 25630 or by email: [copyright@unisa.edu.au](mailto:copyright@unisa.edu.au)
LEAVE

- **RECREATION LEAVE**
  - When submitting Recreation leave applications, please ensure you forward to your Program Director, Research Leader, direct Supervisor in the first instance for approval before it is sent to the Head of School for final authorisation and processing.

- **CONFERENCE LEAVE / OFF CAMPUS ACTIVITY**
  - *Conference attendance* - to attend Conferences a Conference Leave application must be submitted. The application is available online and is automatically sent to Kylie Fogarty. Once Kylie receives your application, it is then required to be approved by your Program Director, Research Leader, direct Supervisor in the first instance before final authorisation by the Head of School.

  Conference Leave Application

  - *Off Campus Activity* – an Off Campus Activity form must be completed if you are attending a Workshop, Seminar, Meeting etc either regional or interstate. The application is available online and is automatically sent to Kylie Fogarty. Once Kylie receives your application, it is then required to be approved by your Program Director, Research Leader, direct Supervisor in the first instance before final authorisation by the Head of School.

  Off Campus Activity Form