

# Physiotherapy Clinic

Committed to providing high quality, progressive, evidence-based physiotherapy to the community

# **SERVICES**

The UniSA Physiotherapy Clinic offers quality, affordable, student-led assessment and treatment across a variety of different areas. Services are provided by professionally supervised physiotherapy students, and/or fully-qualified physiotherapists.

Designed to address your individual needs, we deliver hands-on quality care to help restore, maintain and promote optimal physical function and sports participation.

Services include assessment and treatment of:

- · back, neck and limb pain
- · sports injuries and screening
- orthopaedic and musculoskeletal injuries
- · headaches
- · repetition strain injuries
- · neurological conditions
- · movement related disorders

We offer self-management strategies and home exercises to our clients. We also design exercise programs for individuals and groups, and offer advice about safe work practices, exercise and fitness, return to work, as well as health and wellbeing.

# **SERVICES** cont.

#### Student-delivered services\*

\*Concession rates apply to those under 18 years, student and health care card holders. Student services are supervised by registered physiotherapists.

Claims cannot be made against insurance agencies (including private health, WorkCover and accident-related injuries). Please note clients who currently have a WorkCover or insurance claim cannot be seen by a student.

# Registered physiotherapist services\*

\*A proportion of the costs for this service are applicable for rebate through private health schemes with 'extras' cover. During non-teaching times (December—February), a discounted fee applies for full-time tertiary students and holders of Pensioner Concession and/or health care cards at our City East clinic only.

A medical practitioner referral is not required to access our services.

Prices vary between studentdelivered services and Registered physiotherapist services

Appointments are essential.

Please see Page 2 for contact details.

# **CHILDREN'S SERVICES**

At our Magill campus we offer a free, group-based program, *Motor to the Max*, for 4—8 year olds who have difficulty with movement skills (e.g. balance, coordination, jumping and ball skills).

We offer individual physiotherapy sessions to support children of all ages to improve a range of skills. These are available at both our Magill and City West Health clinics at a minimal cost over a 5 week block.

# **TEACHING & LEARNING**

In addition to providing you with valuable patient care, the Clinic delivers quality clinical education to UniSA students — our next generation of healthcare professionals. Educated in state-of-the-art facilities, students gain invaluable practical experience and exposure to a wide range of client needs.

# **COMMUNITY CLINICS**

UniSA also offers a range of other services for the community including:

- Allied Health
- · Exercise Physiology
- · Legal Advice
- Marketing
- Midwifery
- Occupational Therapy
- Podiatry
- Psychology

To find out more, visit unisa.edu.au/community-clinics

# **CONTACT DETAILS**

Please contact us to arrange an appointment and for pricing.

#### **UniSA CITY EAST CAMPUS**

Telephone: (O8) 83O2 2541 Fax: (O8) 83O2 2977

Email: physiotherapy.clinic@unisa.edu.au

## O Location

UniSA City East campus Level 8, Centenary Building (Room C8-40) Corner of North Terrace and Frome Road Adelaide SA 5000

#### Clinic hours

Monday-Friday, 8:00am-5:00pm

#### Car parking

The clinic has one permit park available on campus for clients with mobility issues. Please speak with the clinic reception regarding this car park when scheduling your appointment.

#### **UniSA CITY WEST CAMPUS**

Telephone: (O8) 83O2 O986

Fax: (08) 8302 7888

Email: citywesthealth@unisa.edu.au

# O Location

UniSA City West campus 27-29 North Terrace Adelaide SA 5000

#### Clinic days

Monday-Friday

(please contact us for opening hours).

(Children's services available from this campus).

# Public transport

Public transport options are within walking distance of the clinic including the tram and buses.

Please visit adelaidemetro.com.au for further details.

# **UniSA MAGILL CAMPUS**

Telephone: (O8) 83O2 4O13 Fax: (O8) 83O2 4344

Email: magillhealthclinics@unisa.edu.au

# O Location

UniSA Magill campus E Building (Room E1-22) Enter from Bundey Street

Magill SA 5072

#### Clinic hours

Monday—Friday, 9:00am—5:00pm (Children's services available from this campus).

#### Car parking

Reserved parking is available in the M2 carpark in bays 148-152.





