



## iCAHE JC Critical Appraisal Summary

### Journal Club Details

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Journal Club location	SALHN
JC Facilitator	Sarah Whelan
JC Discipline	Occupational Therapy

### Question

Review of Article

### Review Question/PICO/PACO

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### Article/Paper

Falklöf, I, Haglund, L 2010, 'Daily Occupations and Adaptation to Daily Life Described by Women Suffering from Borderline Personality Disorder', *Occupational Therapy in Mental Health*, vol. 26, no. 4, 354 — 374.

### Article Methodology:

Qualitative Methodology

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Ques No.	Yes	Can't Tell	No	Comments
1	✓			<p><b>Was there a clear statement of the aims of the research?</b></p> <p>The study clearly states in the abstract, the aims of the study.</p> <p><i>"The aim was to examine how women with Borderline Personality Disorder describe their daily occupations and adaptation to daily life".</i></p>
2	✓			<p><b>Is a qualitative methodology appropriate?</b></p> <p>Yes.</p> <p><i>"Participant data was collected through semi-structured interview assessment (Occupational Circumstance Assessment-interview/ utilized a rating scale – Swedish version 4.0)"</i></p> <p><b>Is it worth continuing?</b></p> <p>Yes.</p>
3	✓			<p><b>Was the research design appropriate to address the aims of the research?</b></p> <p>Yes.</p> <p><i>"The research design allowed for participants to express how they adapt to daily life and routines, in relation to performance and self-image".</i></p>
4		✓		<p><b>Was the recruitment strategy appropriate to the aims of the research?</b></p> <p>Not sure.</p> <p><i>"Recruitment strategy not reported within the study".</i></p>
5	✓			<p><b>Were the data collected in a way that addressed the research issue?</b></p> <p>Yes.</p> <p><i>"Performance and self-image data were recorded and briefly displayed within the finding, regarding extracts from the interview responses".</i></p>

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6	✓		<p><b>Has the relationship between researcher and participants been adequately considered?</b></p> <p>Not sure.</p> <p><i>"Not reported/ discussed within the study".</i></p>
7	✓		<p><b>Have ethical issues been taken into consideration?</b></p> <p>Yes, ethical issue was considered however were not described in great detail;</p> <p><i>"The participants in this study were informed about the study and invited to enter it by means of a letter delivered by their individual DBT-therapist. They were informed that participation in the study was voluntary, and that they could withdraw at any time. They were asked to answer the invitation using an enclosed letter. Each participant decided where the interview should take place. Eight of the participants were interviewed at the program location and one chose to be interviewed at her home".</i></p>
8	✓		<p><b>Was the data analysis sufficiently rigorous?</b></p> <p>Yes.</p> <p><i>"A content analysis of all obtained information gathered from the OCAIRS-S interviews was used. The content analysis addressed statements, phrases and words that related to the same central theme, where these condensed themes were then given codes, for further analysis".</i></p>
9	✓		<p><b>Is there a clear statement of findings?</b></p> <p>Yes.</p> <p><i>"The analysis of the interviews resulted in a summarizing theme: Having few organized daily activities and poor personal causation prevents changes in adaptation to daily life. The theme represents the latent content or the underlying meaning of the categories performance and self-image. It summarizes how the informants describe their daily occupations and adaptation to daily life. The categories are divided into four subcategories competent to perform, incompetent to perform, positive self-image, and lack of self-image".</i></p>

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A member of the Sansom Institute

10		<b>How valuable is the research?</b>
11	Journal Club to discuss	<b>Can the results be applied to the local population?</b> <b>CONTEXT ASSESSMENT (please refer to attached document)</b> <ul style="list-style-type: none"> <li>- Infrastructure</li> <li>- Available workforce (? Need for substitute workforce?)</li> <li>- Patient characteristics</li> <li>- Training and upskilling, accreditation, recognition</li> <li>- Ready access to information sources</li> <li>- Legislative, financial &amp; systems support</li> <li>- Health service system, referral processes and decision-makers</li> <li>- Communication</li> <li>- Best ways of presenting information to different end-users</li> <li>- Availability of relevant equipment</li> <li>- Cultural acceptability of recommendations</li> <li>- Others</li> </ul>
12		<b>Were all important outcomes considered?</b>
13		<b>Are the benefits worth the harms and costs?</b>
14		<b>What do the study findings mean to practice (i.e. clinical practice, systems or processes)?</b>
15		<b>What are your next steps?</b> <b>ADOPT, CONTEXTUALISE, ADAPT</b> <b>And then (e.g. evaluate clinical practice against evidence-based recommendations; organise the next four journal club meetings around this topic to build the evidence base; organize training for staff, etc.)</b>
16		<b>What is required to implement these next steps?</b>