

Practical perspectives on equity in sport participation:

Universities as platforms for new models for engaging with communities.

Dr. Edoardo Rosso, BA (Hons), PhD

Division of Health Sciences University of South Australia, Adelaide, SA

University of South Australia Healthy Kids Research & Innovation Cluster, Adelaide, 04 July 2013



Equity in participation: why bother?



Common barriers to sport participation

Benefits of sport participation available to all?

"Every human being has a fundamental right of access to physical education and sport" (UNESCO 1978)

Health, social and socio-economic **benefits** of sport participation





Equity in sport participation

Sport governing Bodies?

Government?

WHO CARES?

Sport Clubs?

SDP Sector?

NGOs?

Education Institutions?



Alternative sport participation opportunities?





Football United® (FUn): the "magic" of football to bring people and communities together

The University of South Australia

Partner & collaborating organisation

FUN

Local communities

Local schools

- Alternative opportunities to participate
- Regular, structured and free
- Transferable skills & community capacity building
- Football & life skills coaching
- Side activities & workshops
- Special events & mini-tournaments
- Visits & excursions
- Partnership-based approach



FUn in South Australia

Broad project objective

4-tiered strategic approach and project aims

SOCIAL
INCLUSION
through
FOOTBALL

Community engagement & Outreach

- Social development
- Social inclusion
- Community networks

Student engagement

- Work experience
- Extra-curriculum activities
- Field Study and placements
- "Experience Plus"

Research

- Health-related research
- Social aspects of sport

Awareness & Aspirations

- Awareness & aspirations re: tertiary education
- Links with UniSA College



Community engagement











Student engagement











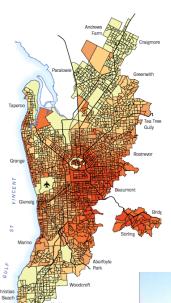


Research opportunities

- Program evaluation & longitudinal studies
- Participants & volunteers
- Social capital and sport
- Mental health
- Public health
- Sport science
- Postgraduate students
- Publications
- Conferences
- Research networks
- Research grants



Awareness & Aspirations

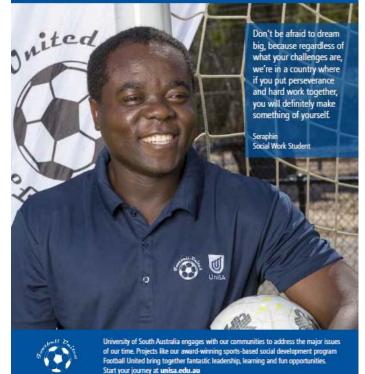








University. Be inspired!





Local media interest

Migrants kicking goals

aimed at young migrants is played in the streets at proving popular. played in the streets at home," Ms Dogan says, "I

proving popular. home," Ms Dogan says. "I "I really wanted to join a 2.30pm-5pm.
The Football United-Unithink it's a very important club here," he says. "I want-SA program, launched in program (because) it makes ed to achieve my goal of get-Playford last year, attracts about 30 young players each closel environment."

January, 12, of Elizabeth Refugee Week, which aims

many of the children, who forward to playing every cultures.

abeth Downs.

Co-ordinator Sherry Dogan says soccer is familiar to do Australia in 2006. He looks promote inclusion of all Saturday and spending time The program is held at



January, 12, and Eveline, 13, are part of the Football United program



UNITED: Adelaide United's lain Ramsey (centre) with Ali, 14, and ONTICU: Agellatue United 5 (am Nambey (centre) with Alt, 24, and Alai, 14, at the soccer program launch. Picture: Noelle Bobrige (H0337783

Playing and learning

ALI Sharifi's love of soccer was cemented watching Spain win the 2010 World Cup in South Africa.

"Ever since I watched the World Cup, soccer has basically been my

life," Ali, 14, said. "I love the passion and the emotion and just going out there

and playing for fun." Two years on, the Para Hills resident has joined a new program - Football United - to chase his sporting and academic dreams. The program offers weekly coaching sessions to 24 a Hills High students from a

dents and university education. It features regular workshops by university students demonstrating how they got into uni and the wide range of courses available

Alai Lezama, 14, was born Venezuela and moved to Maws Lakes last year.

GAME PLAN: Aminu Mbutho and Modeste Hatungimana are behind the Northern Refugee Social Club – winner enexuest and search and it hof the Playford Council Community Group of the Year award. me have fun and get to know really like and get to known the have fun also really happy people. I'm also really happy people fun also really happy ground the happy ground

he school last was playing soccer, sharing start TV and not "Most children were just watching



Football United research fellow Dr Edoardo Rosso, Brayden, 13, Flora, 13, and UniSA international student Janice are part of the UniSA Football United program at Windsor Gardens Vocational College.

Helping kids to score a winning goal

Amelia Broadstock

A NEW soccer program at Windor Gardens Vocational College is elping Brayden Nemeth kick

als in all aspects of his life. The 13 year old joined the Foot-J United program this month and said it boosted his confidence.

"I love being on the field, getting to know new people and learning new skills . . . it's definitely a confidence booster," Brayden, of Windardens, said.

naven't played soccer since

primary school so to get back into it is great."

The program is a collaboration between the University of South Australia, Port Adelaide Enfield Council and its Street Sports program, the Australia Sports Commission, the Equal Opportunity Commission and Adelaide United Football Club.

It aims to help students and young people participate in sport when they would otherwise experience disadvantage to play.

The program offers free train-

ing, games and coaching. During the past two years it has helped more than 300 disadvantaged stu-

> dents aged five to 17 play sport. UniSA Football United research fellow Dr Edoardo Rosso hopes to get at least 30 children on to the

> "The aim of the program is to empower kids, give them the skills and moral support to participate in sport," Dr Rosso said,

For more information on the program



A NEW soccer program for local migrant and refugee families was launched last Saturday.

Developed in conjunction with University of South Australia, Playford Council, The Association of the Burundian Community South Australia and OPAL, the free program aims to engage young migrants, helping them build friendships

of South Australia Association president Charles Nzohabonayo said the program was a fantastic way of keeping kids fit. "Our community is getting larger and larger and sport is a great way of keeping our

young people healthy and full of energy, he said. of energy," he said. Football United runs every Saturday from 5 to 7pm at the Munno Para Soccer Oval, Elizabeth Downs.

LEFT: Elizabeth Downs residents Rashidi Tambwa, 10, and Shabani Juma, 8, take a break after having a kick at the Ibunco d'a local soccer program.





Online social media opportunities









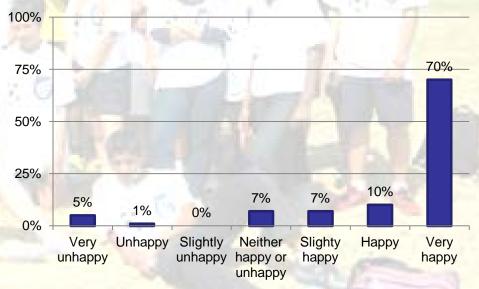
FUn Pilot Project

- •Phase 1 Feb-Jun 2012
- •Phase 2 Aug-Nov 2012
- •263 participants
- •107 volunteers
- School and Community programs at

5 sites (metro & regional)

6	No. Participants	% Participants	
Africa	133	50.5%	
Asia	35	13.3%	
Australia	75	28.5%	
Europe	4	1.5%	
South America	1	0.4%	
Not provided	15	5.8%	

13-	No.	Male	Female	Refugee
Phase 1	152	68%	32%	55%
Phase 2	111	54%	46%	55%
Pilot	263	62%	38%	55%



FUn Pilot Evaluation: Overall participant satisfaction across all sites, Feb-Jun 2012

FUn in South Australia

- Great opportunity to showcase the "power" of sport in promoting diversity and engaging communities
- •Wide range of special events and workshops/side activities conducted alongside football activities
- General strong satisfaction of participants, volunteers and stakeholders
- 3 community engagement awards
- Growing demand for new Fun programs in schools and communities