



Supporting people with alcohol and other drugs comorbidity: Translating evidence into best practice

The strategic purpose of this symposium is to demonstrate through lived experience, research evidence and practical example how to better understand, assess, care and support people with a co-existing mental health, alcohol and other drug co-morbidity.

Tuesday, 9 April 2019

Room P7-27

Level 7 Playford Building

University of South Australia City East Campus

Presented by

Drug and Alcohol Services South Australia (DASSA)

Mental Health and Suicide Prevention Research Group, University of South Australia

The Shared Learning in Clinical Practice Philosophy

Shared Learning in Clinical Practice is a policy relevant and service delivery focussed collaboration to promote best practice in mental health and suicide prevention. The strategic purpose of the initiative is to demonstrate through research and practical example, how much people with lived experience and their carers, clinicians, policy makers and academic faculty can achieve working together. Deep discussion, deep connectivity and diffusion of the insights are central to its philosophy. With a nursing focus and multidisciplinary in composition, the aim of each publication, podcast, film, social media communication and symposium is to capture and spread new ideas and know-how in mental health practice and challenge traditional ways of thinking. Shared Learning in Clinical Practice updates can be found on Twitter at [@MHResearchUniSA](https://twitter.com/MHResearchUniSA).

Program – 9 April 2019

8.30am Registration

9.00am Acknowledgement of Country

Dr Mark Loughhead, Lecturer: Lived Experience, UniSA

9.05am Welcome Address

Dr John Brayley, Chief Psychiatrist, SA Health

Dr Mike McDonough, Clinical Director, DASSA

9.15am The Shared Learning in Clinical Practice Philosophy

Professor Nicholas Procter, Chair: Mental Health Nursing, UniSA

9.20am Setting the scene: The importance of consumer care and support

Tania, DASSA Community Speaker

9.40am Differentiating substance dependence from casual use

Dr Mike McDonough, Clinical Director, DASSA

10.10am Why take an alcohol and drug history?

Michael Wallace, Nurse Practitioner, DASSA

10.55am Morning Tea Break

11.15am Happy Hour? The (biological) relationship between alcohol and depression

Dr Will Liaw, Addiction Medicine Consultant, DASSA

11.45am Introducing ASSIST and brief intervention into mental health settings: Using ASSIST as a client outcome measure

Jennifer Harland, Senior Project Officer – ASSIST Program, Adelaide Medical School

12.30pm A collaborative approach to assessment and treatment of adults with co-existing mental health, alcohol and other drug co-morbidity: The emergency services context

Edward Hedges, Mental Health Comorbidity Worker, Western Community Mental Health Services

1.00pm Steps to action: Helping to support and improve consumer outcomes

Professor Nicholas Procter, Chair: Mental Health Nursing, UniSA

1.15pm Close

