



DEPARTMENT OF EDUCATION
TRAINING AND EMPLOYMENT



SPINAL HEALTH IN THE SCHOOL ENVIRONMENT

Presenters manual for teachers
2006

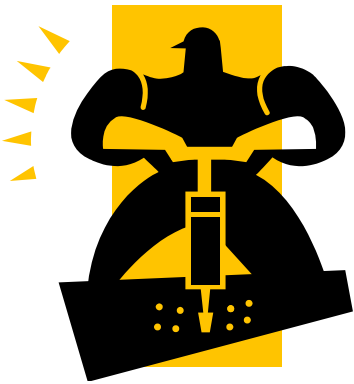


SPINAL HEALTH

Introduction



SPINAL HEALTH





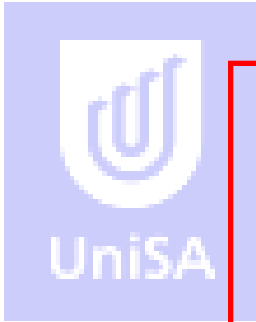
SPINAL HEALTH

Setting The Scene



SPINAL HEALTH

- Lifetime Prevalence of Spinal Pain of over 80%
- The leading musculoskeletal cause for health care expenditure



Pharmaceutical companies
Medical/Allied Health

Community
Loss of productivity
Family disturbance

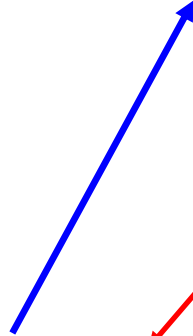
Medical system
Taxes
Health fund costs

Individual
Pain
Suffering
Loss of Work
Activities of Daily
Living
Hobbies

SPINAL HEALTH COSTS

Worker Compensation System
Levies
Product costs
Taxes

Industry
Levies
Greater overheads
Lost productivity
Product costs





SPINAL HEALTH

- Why is the incidence of spinal pain constant?
- Nutrition
- Weight
- Sedentary Lifestyle
- Change in work activity
- Better health care