

iCAHE JC Critical Appraisal Summary

Journal Club Details

Date of submission	2013
Journal Club location	Southern Mental Health
JC Facilitator	Kate Wilson
JC Discipline	Occupational Therapy

Review Question/PICO/PACO

- E** Occupational Therapy assessments being used to inform psychiatric rehabilitation
- C** Adults with mental illness- DSM-VI diagnosis -Axis 1 and 2
- L** People who live in the community or who are in a psychiatric hospital
- I** Improved consumer outcomes – such as reduced symptoms, improved quality of life or less presentations to mental health services
- P** Occupational therapists and impact on mental health profession
- S** Community mental health service or psychiatric in-patient hospital

Article/Paper

Ashby, SE, Ryan, S, Gray, M & James, C 2013, 'Factors that influence the professional resilience of occupational therapists in mental health practice', *Australian Occupational Therapy Journal*, 60; 110-119.

Please note: due to copyright regulations CAHE is unable to supply a copy of the critically appraised paper/article. If you are an employee of the South Australian government you can obtain a copy of articles from the [DOHSA librarian](#).

Article Methodology: Qualitative Study

Returned JC on: May 2013



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Ques No.	Yes	Can't Tell	No	Comments
1	✓			<p>Was there a clear statement of the aims of the research?</p> <p>The aim of this study was to explore the process involved in the development and maintenance of professional resilience of experienced mental health occupational therapy practitioners and present the PRIOrity model which summarises the dynamic relationship between professional resilience, professional identity and occupation-based practice.</p>
2	✓			<p>Is a qualitative methodology appropriate?</p> <p>A qualitative study seeks to illuminate, understand or explore any phenomenon about which little is yet known. It aims to address questions concerned with understanding the experiences of a specific group of people. Qualitative research also lends itself to developing knowledge in poorly understood or complex areas of health care.</p> <p>This study aims to explore participant explanations of, and stories about, their professional journeys; therefore a qualitative methodology is appropriate.</p> <p>Is it worth continuing? YES</p>
3	✓			<p>Was the research methodology appropriate to address the aims of the research?</p> <p>A narrative inquiry methodology was used to address the study aims. Narrative inquiry is an appropriate method.</p>
4	✓			<p>Was the recruitment strategy appropriate to the aims of the research?</p> <p>In this study, purposeful sampling was used to recruit participants. Once ethics approval was accepted the Professional Leader in Mental Health Occupational Therapy was approached and asked to identify appropriate occupational therapists. Once the therapists were identified they were contacted via email with an outline of the study and the option to participate in the study.</p>

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5	✓		<p>Were the data collected in a way that addressed the research issue? Data was collected in two rounds of interviews. The first interview participants were asked to describe the story of their professional journey and the knowledge used and valued in practice; and to describe what factors influenced how this knowledge was used and valued in different jobs. This interview was audio-recorded and transcribed verbatim. The first interview was used to inform the second interview, which included member checking to confirm the analyses which had been drawn from interview one were correct.</p>
6		NR	<p>Has the relationship between researcher and participants been adequately considered? The relationship between the researcher and participants has not been reported.</p>
7	✓		<p>Have ethical issues been taken into consideration? Formal ethical approval for the study was granted from the Hunter New England Health Human Ethics Research Committee and the University of Newcastle Human Ethics Research Committee. Prior to data collection, written informed consent to participate in the study was obtained.</p>
8	✓		<p>Was the data analysis sufficiently rigorous? Narrative thematic analysis was used to interpret the data. Rigor was maintained through the use of audio-recording, verbatim notes and member checking. Other strategies may have been used at this stage to increase the rigor of the study.</p>
9	✓		<p>Is there a clear statement of findings? The findings indicate that professional resilience was sustained by strategies that maintained participants' professional identity, including: seeking 'good' supervision, establishing support networks and finding a job that allowed a match between valued knowledge and opportunities to use it in practice.</p>
10			<p>How valuable is the research? Journal Club to answer.</p>