



Master of Musculoskeletal and Sports Physiotherapy

School of Health Sciences

University of South Australia
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|------------------|-----------------------------------------------------------------------|
| Program code | IMPX |
| CRICOS code | 045405G |
| Location | City East |
| Program Length | 1 Calendar Year (2.5 study periods) full-time or part-time equivalent |
| Mode of Delivery | Internal |

Contemporary health care in general, and Musculoskeletal and Sports Physiotherapy in particular, requires therapists' reasoning and practice to be critical, reflective, patient-centred and evidence-based. It is the aim of our program to provide physiotherapists with specialised musculoskeletal and sports physiotherapy training to enable them to develop an advanced level of evidence-based practice.

Unique features of the program

- Dedicated courses in:
 - Evidence-based theory and practice,
 - Pain science and chronic pain management,
 - Musculoskeletal and Sports physiotherapy assessment and management.
- A program that can be completed in one calendar year.
- Strong emphasis on clinical reasoning.
- Committed teaching staff who have reputations for their clinical expertise, publications and teaching both nationally and internationally.
- High standard of clinical supervision and low supervisor/student ratio.

Graduate Opportunities

In Australia, a coursework Masters degree is an advantage in gaining a senior position in major teaching hospitals and an enhancer for opportunities in private practice. It is also a requirement for titled membership of both Musculoskeletal Physiotherapy Australia and Sports Physiotherapy Australia, both national special groups of the Australian Physiotherapy Association and for Stage 1 of a three tiered process for Specialisation for entrance to the Australian College of Physiotherapists. This program does not qualify overseas students for registration in Australia.

Entry requirements

Applicants should normally hold a four-year bachelor degree in Physiotherapy or its equivalent. Applicants should normally have at least two years of professional experience, preferably in musculoskeletal and/or sports physiotherapy, since graduation.

Professional Recognition

Musculoskeletal Physiotherapy Australia and Sports Physiotherapy Australia have two tiers of membership. Level 2 membership is only available to physiotherapists who have completed postgraduate study in the relevant specialised area of physiotherapy. Level 2 membership entitles the member to use the coveted title of APA Musculoskeletal Physiotherapist or APA Sports Physiotherapist. Titled membership has a number of advantages to physiotherapists practicing in Australia and some advantages for internationally based physiotherapists. Further details are provided at the Australian Physiotherapy Association website. For example, titled membership of Sports Physiotherapy Australia is a requirement to work with an Australian Olympic team. Successful completion of our program entitles the graduate to apply for Level 2 membership of MPA immediately on graduation and for Level 2 membership of SPA once a number of other criteria are fulfilled.

Australia is a founding member of the International Federation of Orthopaedic Manipulative Therapists (IFOMT). As such, Australian post graduate programs, such as our Master of Musculoskeletal and Sports Physiotherapy, that meet the competency requirements of the Australian national special group Musculoskeletal Physiotherapy Australia are recognised by IFOMT. This program does not qualify overseas students for permanent Physiotherapy registration in Australia.

Structure of the program

This program commences in mid-January and finishes in late November.

| Program | Code | Unit |
|----------------------------------------------------|-----------|------|
| Study Period 1 (Summer School) | | |
| Allied Health Evidence Based Theory and Practice | REHB 5102 | 9.0 |
| Study Period 2 or 3 | | |
| Musculoskeletal Physiotherapy Theory & Examination | REHB 5055 | 4.5 |
| Musculoskeletal Physiotherapy Theory & Practice | REHB 5057 | 4.5 |
| Anatomy and Pain Science | REHB 5062 | 4.5 |
| Rehabilitation of Movement | REHB 5060 | 4.5 |
| Study Period 4, 5 or 6 | | |
| Musculoskeletal Physiotherapy Theory & Management | REHB 5056 | 4.5 |
| Chronic Pain Management | REHB 5063 | 4.5 |
| Principles of Sports & Orthopaedic Physiotherapy | REHB 5059 | 4.5 |
| Practice of Sports & Orthopaedic Physiotherapy | REHB 5058 | 4.5 |

How to apply

Domestic students - Applications to this program are online via SATAC's Gradstart portal. (www.satac.edu.au/uniweb/)

International students - Applications to this program are via UniSA's Apply Online portal. (www.unisa.edu.au/applyonline/)

Fees

Domestic students – This program is now Commonwealth supported which significantly reduces the fee. Fee information can be found at www.unisanet.unisa.edu.au/programs/ by typing in the program code, IMPX.

International students – Fee information can be found at www.unisa.edu.au/international/fees/

Full time study plan

| Summer School | Study period 2 & 3 | Study period 5 & 6 |
|--------------------------------------------------|----------------------------------------------------|---------------------------------------------------|
| Allied Health Evidence Based Theory and Practice | Anatomy & Pain Science | Chronic Pain Management |
| | Rehabilitation of Movement | Principles of Sports & Orthopaedic Physiotherapy |
| | Musculoskeletal Physiotherapy Theory & Examination | Practice of Sports & Orthopaedic Physiotherapy |
| | Musculoskeletal Physiotherapy Theory & Practice | Musculoskeletal Physiotherapy Theory & Management |

Contact time commitments through the program

Summer school

(Allied Health Evidence Based Theory and Practice)

3 weeks full time in January, with an optional one day Excel course at the beginning. This course structure consists of lectures, workshops and tutorials.

Study Period 2

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------------------------------------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------------------------------------------|
| 8:30 – 1:00 Musculoskeletal Physiotherapy Theory & Examination | 8:30 – 1:00 Musculoskeletal Physiotherapy Theory & Examination | 8:30 – 1:00 Musculoskeletal Physiotherapy Theory & Examination | 9:00 – 12:00 Musculoskeletal Physiotherapy Theory & Examination | 8:30 – 1:00 Musculoskeletal Physiotherapy Theory & Examination |
| | 2:00 – 5:30 Anatomy & Pain Science | 2:00 – 4:00 Anatomy Lab | 1:30 – 5:30 Rehabilitation of Movement | |

Study Period 3

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------|
| 8:30 – 12:30 Musculoskeletal Physiotherapy Theory & Practice | 8:30 – 12:30 Musculoskeletal Physiotherapy Theory & Practice | 8:30 – 12:30 Musculoskeletal Physiotherapy Theory & Practice | 9:00 – 12:00 Musculoskeletal Physiotherapy Theory & Practice | 8:30 – 12:30 Musculoskeletal Physiotherapy Theory & Practice |
| | 1:00 – 6:30 Rehabilitation of Movement | 2:00 – 4:00 Anatomy & Pain Science | 1:30 – 5:30 Rehabilitation of Movement | |

Through SP2&3, there are additional classes for Practice of Sports & Orthopaedic Physiotherapy, usually scheduled on Monday afternoons, in preparation for the commencement of the Practice of Sports & Orthopaedic Field Placement, which commences in April, with commitment required of approximately one Saturday in four from April - September

Study Period 5 – first 2 weeks

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------------------------------------|------------------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------------------------|---------------------------------------------------------------------|
| 9:00 – 1:00 Practice of Sports & Orthopaedic Physiotherapy | 9:00 – 12:30 Principles of Sports & Orthopaedic Physiotherapy | 9:00 – 1:00 Musculoskeletal Physiotherapy Theory & Practice | 9:00 – 12:30 Chronic Pain Management (every second Thursday) | 9:00 – 1:00 Practice of Sports & Orthopaedic Physiotherapy |

2 nights/week for 6 weeks, sports clinical placement 5:30 – 8:00

Study period 5

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------------------------------------------|------------------------------------------------------------------------|------------------------------------------------------------------------|--------------------------------------------------------------------------|---------------------------------------------------------------------|
| 9:00 – 12:30 Musculoskeletal Physiotherapy Theory & Management | 9:00 – 12:30 Principles of Sports & Orthopaedic Physiotherapy | 9:00 – 12:30 Principles of Sports & Orthopaedic Physiotherapy | 9:00 – 12:30 Chronic Pain Management (every second Thursday) | 9:00 – 1:00 Practice of Sports & Orthopaedic Physiotherapy |

2 nights/week for 6 weeks, sports clinical placement 5:30 – 8:00

Study period 6

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------------------------------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------------------|
| 8:30 – 12:30 Musculoskeletal Physiotherapy Theory & Management | 9:00 – 12:30 Principles of Sports & Orthopaedic Physiotherapy | 8:30 – 12:30 Musculoskeletal Physiotherapy Theory & Management | | 8:30 – 12:30 Musculoskeletal Physiotherapy Theory & Management |
| | 1:30 – 5:00 Musculoskeletal Physiotherapy Theory & Management | 9:00 – 12:30 Principles of Sports & Orthopaedic Physiotherapy | 1:30 – 5:30 Musculoskeletal Physiotherapy Theory & Management | |

Through SP 5&6, there are occasional sessions for both Principles of Sports & Orthopaedic Physiotherapy and Practice of Sports & Orthopaedic Physiotherapy that occur outside this timeframe, usually on a Monday or Friday afternoon.

Typical Part-time study plan

| Summer School | Study period 2 or 3 | Study period 4, 5 or 6 |
|--------------------------------------------------|----------------------------------------------------|---------------------------------------------------|
| YEAR 1 | | |
| Allied Health Evidence Based Theory and Practice | Rehabilitation of Movement | Principles of Sports & Orthopaedic Physiotherapy |
| | Anatomy & Pain Science | Chronic Pain Management |
| YEAR 2 | | |
| | Musculoskeletal Physiotherapy Theory & Examination | Musculoskeletal Physiotherapy Theory & Management |
| | Musculoskeletal Physiotherapy Theory & Practice | Practice of Sports & Orthopaedic Physiotherapy |

Further information:

Domestic students

School of Health Sciences

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International students

UniSA International

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Website: www.unisa.edu.au/international

The University of South Australia reserves the right to alter, amend or delete any program, fee, course, admission requirement, mode of delivery or other arrangement without prior notice.