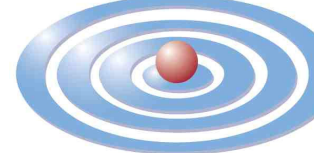


What CAHE does?



A glimpse of CAHE's achievements.

This is the first CAHE newsletter using the new UniSA format. What do you think? A new look newsletter suggested a reflection on recent CAHE activities. Many AH clinicians, administrators and policy makers are now aware of CAHE, but what we actually do seems to be a mystery to many, unless they happen to be involved in the area of secondary evidence review. In this newsletter and the next, we will provide updates of CAHE staff activities, with links to summaries on our website. CAHE staff have been busy on consultancies developing systematic reviews and clinical guidelines, or undertaking applied research activities such as program evaluation and policy development. Summaries are provided of some of these activities, and links to websites where appropriate, for further information. CAHE's brief as a collaborating centre of the Joanna Briggs Institute is to facilitate access to evidence, for AH clinicians, policy-makers and administrators, which will influence best practices and benefit AH patients. CAHE staff have developed high level skills in establishing research questions and associated search strategies, summarising the literature in terms of research hierarchy, quality, significance and strength of the body of evidence, and providing recommendations that answer the research question. CAHE is interested not only in effectiveness questions, but also in questions relating to best practice diagnoses and risk screening processes. CAHE is primarily committed to translating evidence into practice, so watch this space for information on the imminent release of Version 2 (Incontinence) of the CAHE Outcomes Calculator (currently being trialed), and the new CAHE email *Evidence into Practice* question and answer service, which will add to a new CAHE website section of Frequently Asked Questions (see pg2). Happy reading!!

Guidelines developed by the Royal Australian College of General Practitioners (RACGP) for management of osteoarthritis, rheumatoid arthritis and osteoporosis

This is a current and ongoing project involving external evaluation of, and support to, the development of primary care guidelines for the management of osteoarthritis, rheumatoid arthritis and osteoporosis. The funding for these guidelines is provided by the Commonwealth Dept of Health. Implicit in this funding is that the development process of the guidelines will conform to NH&MRC processes, so that they can be endorsed by this body on completion. This project is approximately half way through and involves Professor Grimmer providing advice on NH&MRC guideline structure, inclusion and exclusion criteria, critical appraisal and staff training to develop guidelines appropriately.

Evaluation of Community Intervention Project regarding Integrated GP-AH Care for diagnosed Diabetes patients

This recently commenced project on which CAHE researchers are evaluating the structures, processes and outcomes of an initiative in which allied health services (diabetes education, dietetics, podiatry) is provided within, (or nearby to) GP clinics for patients diagnosed with Type 2 diabetes.

Evaluation of Community Intervention Project (Lifestyle Choices Program) for individuals at risk of Type 2 diabetes

This is a current project on which CAHE researchers are evaluating the structures, processes and outcomes of an initiative in which lifestyle coordinators provide advice and facilitate behaviour change for patients at-risk of developing Type 2 diabetes. This project is approximately half way through.

Pilot Stroke Discharge Program Evaluation (Directors of Allied Health Group)

This project is a pilot program which is seeking evidence for the extent of allied health staff involvement in the acute care setting regarding discharge planning for patients with stroke. CAHE staff are examining the community pathways, timeliness and inputs provided by allied health staff in hospitals into how, where and when patients with stroke are discharged to the community. It has involved auditing patient notes, interviewing hospital staff and patients (and carers) and piloting a number of outcome instruments which could be appropriate for evaluating the effectiveness of allied health interventions in planning for discharge. Senior project officer is CAHE Researcher, Ms Leah Nyland.



University of
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CAHE

Centre for Allied
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THE JOANNA BRIGGS INSTITUTE

What CAHE does?

Literature Evaluation Projects for on Child Abuse (Children, Youth and Women's Health Service)

This work involved three completed projects which reviewed three aspects of the literature, under the project management of Dr Saravana Kumar. The literature was reviewed and critically appraised with respect to best practice management strategies for the abuse of young people aged 12-18 years, models or programs for vulnerable infants and for the identification and risk management of children susceptible to abuse aged 0-5 years. Sets of recommendations were provided for each of these reviews which have assisted framing policy and directions for the Child Protection Unit at CYWHS, and which assisted this unit in establishing and supporting best practices in screening and management. Visit www.unisa.edu.au/cahe for the Executive Summaries.

Completed and Endorsed NH&MRC Guideline Development Projects (Acute Pain Management Guidelines)

This completed consultancy involved providing external evaluation and advice to the guidelines development team from College of Anaesthetists over a period of 12 months. This involved providing *ad hoc* and formal advice on inclusion/ exclusion criteria for literature for the clinical guideline, assisting with quality methodology evaluation of the included literature, assisting the team to manage concerns raised by the guidelines contributors, and the stakeholder feedback, and framing the recommendations. Visit www.nhmrc.gov.au for more info.

Completed and Endorsed NH&MRC Guideline Development Projects (Guidelines to Support Palliative Care in Residential Care Facilities)

This completed consultancy involved providing external evaluation and advice to the guidelines development team from Edith Cowen University over a period of 18 months. This involved providing *ad hoc* as well as formal advice on inclusion/ exclusion criteria for literature for the clinical guideline, assisting with quality methodology evaluation of the included literature, assisting the team to manage concerns raised by the reference group, auditing the content of the guidelines and providing advice regarding quality control of guideline reporting, assisting with managing the stakeholder feedback, and framing the recommendations. Visit www.nhmrc.gov.au for more information.

Completed and Endorsed NH&MRC Guideline Development Projects (Stroke Rehabilitation in the Community)

This completed consultancy involved providing external evaluation and advice to the guidelines development team from National Stroke Foundation over a period of 12 months. This involved providing formal advice on inclusion/ exclusion criteria for literature for the clinical guideline, assisting with quality methodology evaluation of the included literature, assisting the team to deal with the reference group's concerns, and the stakeholder feedback, and framing the recommendations. Visit www.nhmrc.gov.au.

Systematic review of the literature on utilisation of support workers in community based rehabilitation

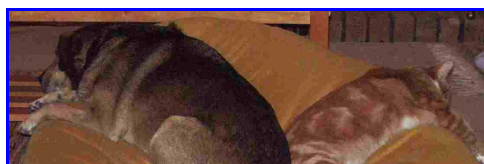
This review aimed to systematically identify and review literature on utilisation of community based rehabilitation support workers, including AH and nursing in government and non-government, rural, remote and indigenous settings. The objective of this review was to develop a comprehensive report via the identification, appraisal, analysis and synthesis of all available current literature on models of development and utilisation of community rehab support workers. Visit www.unisa.edu.au/cahe for Exec Summary.

CAHE Website & FAQ's

CAHE is about to commence a new initiative for Dept of Health SA AH employees. CAHE staff will provide this service from Sept until Dec in 2006 to gauge need, type of questions asked and how readily answers can be provided from the literature. Dept of Health SA AH employees can pose evidence-translation questions to CAHE staff who will attempt to provide answers based on the best available evidence. The CAHE service will respond to individual questions and the question and answer will be placed for common access on a new FAQ section of the CAHE website. Watch this space.

Squiggly Update!

Squiggly has been glad to be a member of a family interested in the best evidence for recuperation. A recent incident with a car left him very stiff and sore, and a much wiser cat when it came to being on the road. He was pleased to know gentle resumption of usual activities (including eating), keeping warm in the beanbag, interspersed with lots of love and affection is the quickest way to regain his mobility. Brother Sam the Dog was happy to assist!



CONTACTS

www.unisa.com.au/cahe

karen.grimmer@unisa.edu.au

Telephone (08) 8302 2769

Facsimile (08) 8302 2766

University of South Australia
GPO Box 2471
Adelaide SA 5001
Australia

CRICOS provider number:
00121B