

# Media Release



University of South Australia

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## UniSA launches world first allied health textbook

UniSA's Centre for Allied Health Evidence (CAHE) has produced a world first textbook dedicated to teaching allied health (AH) practitioners about sourcing evidence for patient care.

"South Australia leads the way in allied health legislature, clinical practice and research," CAHE Director, Prof Karen Grimmer-Somers said.

"Evidence-based practice is now the byword for best patient care and treatment. Using the best evidence to formulate patient care has become the primary focus for healthcare practitioners around the world.

"The Centre for Allied Health Evidence is dedicated to helping clinicians turn research and evidence into care and this text book: *Practical tips in finding the evidence: An allied health primer*, is the first of its kind and will become an invaluable resource for anyone working in allied health.

"The textbook provides a step-by-step guide to the process of searching for the best options for patient care based on real evidence of what works.

"These techniques can be applied to any clinical case, at any time, by any allied health clinician with access to the internet or a library, using freely available research literature sources.

"Essentially it will help clinicians navigate their way through the vast amount of information available on best-practice care and decide which evidence-based approach is the best for a particular situation.

"This textbook is exactly what allied health professionals looking to provide evidence-based best patient care have needed and is testament to the innovative work that's being carried out at UniSA at the Centre for Allied Health Evidence." Prof Grimmer-Somers said

Allied health disciplines included in this new textbook are:

Acupuncture	Chiropractic and osteopathy
Naturopathy	Nutrition
Occupational therapy	Physiotherapy
Podiatry	Prosthetics and orthotics
Social work	Speech pathology

*Practical tips in finding the evidence: An allied health primer* will be launched by the Hon John Hill, Minister for Health **Today, Thursday, 26 March 2009 at the Griffins Head Hotel (speeches from 4pm).**

More information on this resource and order forms are available on the [CAHE website](#).

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