



Risk Assessment and Management  
Symposium  
Shared Learning in Clinical Practice

Speakers Biographies

Bradley Forum, City West,  
UniSA

22 March 2012

# Morning Presenters

## **Ms Paula Hakesley**

### **Director, Mental Health, Adelaide Metro Mental Health Directorate**

Paula Hakesley is the Director of the Adelaide Metro Mental Health Directorate in South Australia, a role she has been in for the past 18 months.

She has over 20 years experience in management in the mental health and addiction setting both in Australia and New Zealand. Her management roles and experience has been varied starting out as Team Manager of Adult Community Mental Health Services, Service Manager for Older Adults and Child & Adolescent MH Services, Regional General Manager Mental Health and Addiction Services and in Australia, prior to her current role, as Executive Director for Southern Adelaide MH Services.

Paula is keenly interested in working with and alongside clinicians, consumers and carers in working together to continue with the implementation of the South Australian mental health reforms to ensure that, amongst other things, that services meet best practice guidelines for suicide prevention.

## **Mr Geoff Harris**

### **Executive Director of the Mental Health Coalition of SA**

Geoff Harris is the Executive Director of the Mental Health Coalition of SA (MHCSA). The MHCSA is a peak body for mental health in SA.

Geoff has worked in health and mental health for over 15 years in the NT and in SA. Geoff is a Deputy Member of the Health Performance Council, is a Board Member of the Mental Health Council of Australia and represents the MHCSA at the South Australian Council of Social Service (SACOSS) Policy Council.

Geoff was the Executive Director of the Mental Health Association of Central Australia. He was a key driver for developing the peak body for mental health in the NT, the NT Mental Health Coalition (NTMHC). Geoff was a board member and President of the NT Council of Social Services for several years. Geoff served as an inaugural mental health Community Visitor in central Australia. Geoff edited a book published by the Menzies School of Health Research in 2000 titled 'Environmental Health Handbook: A practical manual for remote communities'. In the NT Geoff also worked as Corporate Services Manager at the Ngaanyatjarra Health Council and in environmental health research at the Menzies School of Health Research.

## **Emeritus Professor Robert (Bob) Goldney**

### **MD, FRANZCP, FRCPsych**

Robert Goldney is an Adelaide medical graduate (1968) who gained the psychiatric qualifications of Australia and New Zealand and the United Kingdom in 1973. He has worked in psychiatric and general hospitals, private practice and academic settings. He is now an Emeritus Professor, having retired as Head of the Discipline of Psychiatry at the University of Adelaide and prior to that the inaugural Chair at the Adelaide Clinic. His main research has focussed on depression and suicide prevention. He has received a number of awards for his work, including the Stengel Research Award of the International Association for Suicide Prevention and the Louis Dublin Award for lifetime achievements in suicide prevention from the American Association of Suicidology. He is a past President of both the International Association of Suicide Prevention and the International Academy for Suicide Research.

He has published over 300 articles on a variety of topics, but his main interest has been suicide prevention by focusing on the conditions most likely to be associated with suicidal behaviours.

# Morning Presenters (Continued)

## Professor Graham Martin

**Professor, Child and Adolescent Psychiatry, The University of Queensland  
Clinical Director, RCH & Brisbane North CYMHS Centre for Psychiatry & Clinical Neuroscience Research  
(Suicide Prevention Studies)  
OAM, MD, MBBS, FRANZCP, DPM, MRCP**

Graham Martin OAM is Director of Child and Adolescent Psychiatry at The University of Queensland, and Clinical Director, Royal Children's Hospital and Health Service District, Child and Youth Mental Health Service (CYMHS). He is currently a member of the Lifeline Research Advisory Board, chairs the Research Advisory Committee for RUOK?, is on the Boards of Mates in Construction, the Inspire Foundation, the Centre for Youth Substance Abuse Research (UQ) and *PsychWire*. Graham is director of the Centre for Suicide Prevention Studies in Young People (UQ).

Graham has been dedicated to suicide prevention since 1987, a member of the International Association for Suicide Prevention since 1997, and a member by invitation of the International Association for Suicide Research. He has been a member of the Advisory Council Australian National Youth Suicide Prevention Strategy and Evaluation Working Group (1994-99), writing team for the Australian Suicide Prevention Strategy (2000 and 2007), and National Advisory Council for Suicide Prevention (2003-8). He is currently a National Advisor on Suicide Prevention to the Australian Government (2009 to date).

Graham was Suicide Prevention Australia (SPA) chairman (1995-2001), convened 6 national suicide prevention conferences, led the team developing the first Media and Suicide Resource Kit ('Achieving the Balance', 1998), and became a Life Member of SPA in 2004. He was awarded a Medal of the Order of Australia (2006), a 'Jackstar' award for 10 years contribution to Inspire Foundation's 'ReachOut' program (2007), the 2008 SPA 'Lifetime Contribution to Suicide Prevention Research' award, and the Rowe-Zonta International Prize (2010).

Graham was an originator of the Australian Network for Promotion, Prevention and Early Intervention program (Auseinet, 1997-2009), and Director until 2001. He is Editor in Chief for the online journal AMH (Advances in Mental Health, formerly the Australian eJournal for the Advancement of Mental Health <http://amh.e-contentmanagement.com/>).

In his spare time Graham trained for 20 years in Karate, is a Nidan black belt with Hoshindo Karate International (grading in Japan - JKF, 2008). Two years ago he was paralysed from the waist down due to a spinal cord problem. The story of his recovery (a book called 'Taking Charge: a journey of recovery' can be read at <http://child2100.blogspot.com/>). He has dreams of returning to Karate.

Graham has successfully advised 9 completed doctoral studies, and currently supervises 2 fulltime and 7 part time UQ higher degree students. He has an active research program focused on Non-suicidal Self-injury as a gateway to suicide prevention in young people.

## Dr Conrad R Newman

**Senior Consultant Psychiatrist, Flinders Medical Centre ED & Flinders University Department of Psychiatry**

Conrad Newman began his psychiatric career 25 years ago at Hillcrest Hospital, Adelaide. He trained in CBT 20 years ago (at that time a relatively new treatment) when he joined Professor Gavin Andrew's Clinical Research Unit for Anxiety Disorders in Sydney (Crufad).

Conrad continued working with Crufad over the course of several years while working in private practice, specialising in CBT. A keen interest in technology led him to completing a Masters degree in user-centred technology design at New York University. He worked in the USA for several years in senior positions for companies including Motorola and Yahoo. He returned to clinical practice 6 years ago. His recent appointments include Associate Director (Acute Services) Orygen Youth Health, Melbourne, Senior Consultant Psychiatrist (Emergency Services), Noarlunga Health Services.

Conrad currently works as a clinical academic with joint appointments as a Senior Consultant Psychiatrist at Flinders Medical Centre Emergency Department and as a Senior Lecturer with Flinders University Department of Psychiatry. His research interest is therapeutic approaches to the suicidal patient.

# Panel Members

## **Ms Lorraine Smitham**

**Clinical Practice Consultant, Eastern Assessment and Crisis Intervention Service  
BN, MMentHlthSc**

Lorraine Smitham has always worked as a nurse and has been in acute community crisis mental health services for 10 years. Lorraine has experience in institutional care that has led her to believe that a community focus is much more relevant and viable for the consumer. Lorraine has worked in the Middle East and has spent time on the Aboriginal Homelands with her nurse husband.

Lorraine extended her learning to graduate from a Masters of Mental Health Sciences (in CBT) in 2011. She was promoted to a Clinical Practice Coordinator in October 2011. Lorraine is currently employed at EACIS as a CPC and as a Nurse Psychotherapist in the Early Intervention Anxiety and Depression Clinic which is a Nurse Practitioner led Clinic.

## **Ms Jenni Bevan**

**Brief Intervention Officer, Noarlunga Health Service**

Jenni Bevan is a social worker. She graduated from Flinders University in 2005 and has worked in various mental health areas since. Jenni has worked across the metropolitan districts in areas ranging through acute inpatient, assessment and crisis intervention in the community, case management of people with chronic mental illness in the community, therapy services, service improvement and several roles in emergency departments.

Jenni is currently employed at Noarlunga Health Services and provides brief interventions to people who present with mental health issues that are manageable in the community and with short (up to 6 weeks) of therapy, referral, advocacy and support. She is an Authorised Health Professional under the Mental Health Act and consequently authorised to detain or initiate treatment orders.

## **Ms Vita Berghout**

**Comorbidity Specialist, Senior Social Worker, Exceptional Needs Unit  
BSocSc, BScWk, GDipAddictMentHlth**

Vita Berghout is a Co-morbidity Specialist, whose substantive position involves the provision of a consultancy service to Eastern Mental Health Services. She has completed both the Social Science and Social Work degrees, joining the Golden Key International Honour Society in 2004. She went on to complete the Graduate Diploma in Addiction and Mental Health at the University of Adelaide in 2010.

Vita began specialising in homelessness, drugs and alcohol and mental health in 2005, running a pilot co-morbidity project out of inner-city homeless services and Kuitpo, a Rehabilitation Unit situation in the Adelaide Hills. She went on to spend the following 6 years serving at the coal face within acute mental health services, Street to Home and most recently with the Exceptional Needs Unit.

She has been a guest lecturer on the topics of Mental Health and Drugs and Alcohol with the Law Society of South Australia and The University of Adelaide Law School, presented to community groups and sat on the Acute Unit Matters executive committee as the Co-morbidity Representative.

# Panel Members (Continued)

## Consumer and Carer Perspective

### Ms Charmaine Gallagher

**Social Worker, Eastern Community Mental Health**

**BA (Psych), MSocWk, CertIVCDev, CertIVMentHlth (Non-Clinical), CertIV in Workplace Assessment & Training**

Charmaine Gallagher has a personal history of mental illness that dates back to her teenage years when she was diagnosed with Anorexia Nervosa and severe Depression. Over the last twenty years Charmaine has had recurrent episodes of acute Anxiety and Depression but she has currently been well for three years. Charmaine has also been a carer for her mother for over fourteen years following the suicide of her father in 1997. Charmaine's mother has Bi-Polar Disorder and Emphysema and she lives with Charmaine and her three children.

Charmaine is currently employed at Eastern Community Mental Health as a Social Worker and also works in the role of Peer Specialist at the Rural and Remote inpatient unit at Glenside Hospital in South Australia. Part of the role is to evaluate the usefulness of Lived Experienced workers in government inpatient mental health. Charmaine has worked mostly in non government organisations such as Mental Illness Fellowship SA and the Mental Health Coalition as well as teaching at Tafe. Charmaine is passionate about using her Lived Experience to empower clients and to improve services.

## Audience Discussion Facilitated by

### Mr Philip Galley

**Clinical Mental Health Nursing Director, Country Health SA Local Health Network**

**BA(Hons)Theol, RN**

Philip Galley trained as a Registered Nurse at Winterton Hospital, County Durham (England) in the 1980s. He has subsequently practised in the UK, Aotearoa New Zealand and South Australia, specialising mainly in Crisis Intervention and Acute Unit work. He had the privilege of managing Acute Mental Health (MH) services for Taranaki District Health Board in Aotearoa from 2003-2008 before moving to South Australia. During his time as Manager, Acute and Community Services in the Mental Health Unit, Philip initiated the "Acute Matters" initiative to build capacity and progress the MH reform agenda through a Community of Practice approach. He joined Country Health SA in April 2010 as the Nursing Director for Mental Health Services and subsequently played a key role in the development of "Shared Learning in Clinical Practice". His main professional interests include working with people experiencing suicidal thoughts, crisis intervention and systems to support capability and competency within an acute mental health setting.

## Summation of Morning Session by

### Dr Panayiotis Tyllis

**Chief Psychiatrist, Director Mental Health Policy, SA Health**

Dr Peter Tyllis is the Chief Psychiatrist and Director of Mental Health Policy for South Australia. The Chief Psychiatrist has a broad mandate to safeguard the rights of individuals, improve service delivery, guide the administration of the Mental Health Act and monitor standards and services. The Office of the Chief Psychiatrist and Policy provides high-level policy advice to the Minister for Mental Health and Substance Abuse and to the Chief Executive.

Peter completed his undergraduate and postgraduate education in South Australia and obtained his psychiatric qualifications through Royal Australian and New Zealand College of Psychiatrists (RANZCP) in 2001. He has worked in a wide range of mental health services throughout his career in psychiatry which began in 1993. Since 2006 Peter has pursued his interest in administrative psychiatry and clinical leadership while always endeavouring to maintain first-hand clinical experience. Between 2006 and 2010 Peter was the Director of Clinical Services, Northern Mental Health and from September 2010 until November 2011 he was the Director of Clinical Services Eastern Sector Mental Health prior to moving to his current position. Research collaborations have included work with colleagues on neuro-cognition and physical health in schizophrenia, the survey into high impact psychosis and the Co-morbidity Action in the North project. In 2008 Peter completed the Governor's Leadership Foundation programme, a 12 month experiential leadership development programme covering pertinent issues to South Australia. Peter is one of the South Australian Branch Councillors on the General Council of the RANZCP.

# Afternoon Presenters

## **Ms Jennifer Nicholson**

### **Advanced Clinical Practice Consultant with Drug and Alcohol Services of South Australia**

Jennifer Nicholson has worked in both the private and public nursing sectors since the early 1970s. Jennifer has a long term interest in clinical supervision for nurses and working with people who have complex needs. During her career she has been a board member of the Multi Cultural Mental Health Access Programme, a Clinical Tutor in the Graduate Diploma of Community Mental Health at the Department of Clinical Nursing and has been involved in systematic reviews conducted by Joanna Briggs Institute.

Jennifer is the recipient of the 2006 Nursing and Midwifery Excellence Award for Nursing Clinical Practice Community Registered Nurse/ Midwife in recognition of the work begun in police holding cells in South Australia.

## **Ms Jennifer King**

### **Advanced Clinical Practice Consultant with Drug and Alcohol Services of South Australia RGN, RMN, GDipCMentHlth/PsychN**

Jennifer King is a mental health nurse, who for the past 20 years has worked in a diverse range of acute mental health settings within the community, emergency departments and inpatient services in Australia and the United Kingdom. While working at the Maudsley Hospital in London she studied at London University, Kings College and completed a higher award in Enhanced Practice for Clients with Mental Health Problems. Jennifer then worked for many years as a Clinical Nurse at the Eastern Community Mental Health Service, initially as a Case Manager, then at the City Homeless Assessment Service Team (CHAST); the fore runner to Street to Home Services and finally at Eastern Assessment Crisis Intervention Service (EACIS).

Jennifer then returned to the UK and worked as a Senior Mental Health Nurse in the Avon and Wiltshire Mental Health Partnership Trust in acute inpatient services and at a Community Forensic Team; which in addition to case management also provided nursing led mental health assessments and referral advice to both the Magistrate and Crown Courts. While in this role she also provided regular input to the Police led MAPPAs forum (Multi-Agency Public Protection Arrangements), regarding the ongoing management of risk and community safety for this complex client group. Since returning to Australia in late 2009, Jennifer now works for Drug and Alcohol Services SA as an Advanced Practice Consultant at the City Watch House, the police holding cells in Adelaide.

## **Ms Karen Abraham**

### **Comorbidity Clinician, Senior Social Worker, Drug and Alcohol Services SA BSocWk, BArts**

Karen Abraham is a Comorbidity specialist with Drug and Alcohol Services SA based at a non-government homelessness agency, Catherine House Inc. Karen has worked with the Catherine House staff and residents of various programs for 5 years after working in various practice settings including drug and alcohol rehabilitation, child protection and refugee services since 2000. Karen has a keen interest in issues that effect women.

# Afternoon Presenters (Continued)

## Dr Nicholas Adams

**Senior Psychiatrist, Eastern Mental Health and Mental Health Triage Service, Adelaide Metro Mental Health Directorate**

**Clinical Lecturer, Discipline of Psychiatry, University of Adelaide  
BM BS (Flinders), FRANZCP**

Since completing a medical degree at Flinders University Nick Adams has worked in public mental health in Adelaide for 31 years, qualifying as a psychiatrist in 1988.

An understanding of indigenous issues developed out of his long-term interest in homelessness with inner city consultations from the 1980s. His involvement with the planning reference group and an inaugural member of the 1991 City Homeless Assessment and Support Team, a forerunner of Street to Home program also increased his interest in indigenous issues. Nick is currently a Psychiatrist Consultant with Street to Home. He has consulted for Common Ground and been a panellist for the Exceptional Needs Unit's City Watch House Project clients. For over 6 years he contributed to regular clinical reviews with GPs and the counselling team at the indigenous community controlled health and welfare organisation Nunkuwarrin Yunti, where he continues to supervise the attending psychiatry registrar. He is a member of the long standing South Australian Indigenous Mental Health Interest Group and maintains a connection with the Aboriginal Prisoners and Offenders Support Service. Other special interests include the psychology of homelessness, personality dysfunction, the role of coercion in psychiatry, treatment planning for enduring illness and teaching.

Outside of psychiatry Nick performs as a violinist in orchestras and is a member of the chamber quartet "Minerva".

## Mr Tindaro Fallo

**Transcultural Psychology, Barrett House**

**Senior Clinical Lecturer, Discipline of Psychiatry, University of Adelaide**

**Senior Clinical Lecturer, School of Psychology, Flinders University**

**BAppPsych, MPsych(Clinical), DipPsychotherapy**

Tindaro Fallo is a Clinical Psychologist who has trained in Italy and Australia. Tindaro holds Senior Clinical Lecturer titles in Psychiatry at University of Adelaide and in the Flinders University School of Psychology. He has been working with migrant and refugees in Australia and overseas since 1992. He was Chief Clinical Psychologist at the Migrant Health Service for over 10 years and until very recently Clinical Consultant to the IHSS Torture and Trauma Assessment and Counselling Team at The Migrant Resource Centre SA.

Tindaro also has a 15 year history of training and supervising clinicians in transcultural assessment and treatment approaches as well as supervising research into cultural factors impacting on the experience and treatment of mental illness and chronic pain.

## Dr Anne Sved Williams

**Director Perinatal and Infant Mental Health Services, Women's and Children's Hospital, Adelaide**

**Senior Clinical Lecturer, Discipline of Psychiatry, University of Adelaide**

Anne Sved Williams is a perinatal and infant psychiatrist and for 24 years has been the medical unit head of Helen Mayo House, the mother-infant public inpatient unit in Adelaide and head of the perinatal and infant mental health services at Women's and Children's Health Network. She is a Clinical Senior Lecturer at the University of Adelaide. Anne began her professional life as a GP and has a particular interest in teaching at the primary care level. She is co-editor with Vicki Cowling of "Infants of Parents with Mental Illness: Developmental, Clinical, Cultural and Personal Perspectives".

# Co-Convenors

## **Professor Nicholas Procter**

**Chair: Mental Health Nursing, School of Nursing and Midwifery, University of South Australia  
BA, PhD, MBA, GDipAdEd, CertAdvClinNsg, RN**

Professor Nicholas Procter is the UniSA inaugural Chair: Mental Health Nursing and convener, with Dr Andrea Gordon, of the Mental Health and Substance Abuse Research Group located within UniSA's Sansom Institute. His other appointments include convener of UniSA's Human Rights and Security Research and Innovation Cluster, and adjunct professor at the University of Tasmania.

Working collaboratively with mental health consumers, clinicians and sector managers, Nicholas advances research, knowledge transfer and community engagement in mental health. The aim is to partner with others on their own professional journey and create a forum where needs and solutions can find each other. Through collaborative innovation, such work has been fruitful. It has guided success and delivered fresh confidence in how much mental health clinicians and academic faculty can achieve working in partnership. That confidence has been reinforced by tangible outcomes including an extensive program of joint clinician-researcher mental health master classes, symposiums and media productions, a portfolio of publications and grant funded research, UniSA's Chancellor's Award for Community Engagement (thrice); A National Prescribing Service Quality Use of Medicines Award; An Excellence Award for Nursing Education from the Government of South Australia.

Nicholas's research and consulting with government and non-government organisations has also delivered outcomes in local and national mental health policy reform, service delivery reform, practice development and re-design of clinical pathways for improved service delivery. His publications and conference papers appear in academic journals and at scientific meetings concerned with practical and theoretical dimensions of mental health, risk, suicide prevention and social inclusion.

## **Ms Julie Murison**

**Clinical Practice Consultant, Eastern Assessment and Intervention Crisis Service  
RN, MHN, AHP, BN, GDipHlthCounsel, CertIV in Workplace Assessment & Training**

Julie Murison has been a nurse for the past 32 years and has spent the last 13 years working in acute mental health services both in an inpatient environment, with Street to Home Service, Mental Health Triage and within the community. Julie has a special interest in sharing knowledge with others and is currently involved in a research project with UniSA and Eastern Mental Health Services focusing on skills involved in engaging consumers in an acute crisis situation. Julie is working towards a Masters in Mental Health Nursing at UniSA.